



## Today's Tasks & Steps To Success



### Task: DAILY CHECKLIST

#### Action Steps:

| Patrol the chats.

G-WORK SESSION on critical tasks.

| MPUC.

| Train.

| Hourly plan for tomorrow.



Date



Date: 7/15/2024






## 3 Blessings I'm Grateful To Have



1. Of course, God, and my LORD and savior Jesus Christ
















2. My family

3. TRW

	<b> 3 Priority Tasks </b> <b>(These are non-negotiable tasks and must be conquered today!)</b>
1.	Checklist
2.	Tasks on Calendar
3.	No CHEAP DOPAMINE

	<b> TEMPLATE TO COPY </b>
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1.	<p> <b>Task:</b></p> <p> <b>Action Steps:</b></p> <ol style="list-style-type: none"> <li>1  </li> <li>2  </li> <li>3  </li> <li>4  </li> <li>5  </li> <li>6  </li> </ol>
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2.	<p><b>MORNING CHECKLIST.</b></p> <p> <b>Task: <u>GET ACTIVE</u></b></p> <p> <b>Action Steps:</b></p> <ul style="list-style-type: none"> <li>   Get out of bed</li> <li>   Grooming</li> <li>   Open my computer</li> <li>   Clear my environment</li> <li>   Check notifications</li> </ul> <p> <b>Task: <u>GM</u></b></p> <p> <b>Action Steps:</b></p> <ul style="list-style-type: none"> <li>   Say GM in the chats.</li> </ul> <ul style="list-style-type: none"> <li>   <a href="#">#get-your-first-client</a></li> <li>   <a href="#">#mindset-and-time</a></li> <li>   <a href="#">#agoge-chat</a></li> <li>   <a href="#">#improve-your-marketing-IQ</a></li> <li>   <a href="#">#use-ai-to-conquer-the-world</a></li> </ul>
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**🎯 Task: 30 DAY GRATITUDE**

**🔗 Action Steps:**

- 🙏 | Every day for 30 days be thankful for something different.
- 📝 | Send it to the #🙏|[gratitude-room](#) chat.

**🎯 Task: CLARITY**

**🔗 Action Steps:**

- 🗑️ | Review the day and the tasks that need to be completed

**🎯 Task: POWER**

**🔗 Action Steps:**

- 🙏 | Prayer.
- 📝 | Read my NEW IDENTITY.
- 👁️ | Focus on my ideal future self for 15 seconds.

**🎯 Task: WATCH THE MPUC**

**🔗 Action Steps:**

- 🔥 | Open up and WATCH THE MPUC.

**🎯 Task: ANALYZE COPY / TOP PLAYERS -AND- REVIEW MY NOTES**

**🔗 Action Steps:**

- 1 | Choose a [piece of Copy/Content -or- Top Player to analyze/break down.](#)
- 2 | Clear my environment
- 3 | Visualize myself immersed in the work and how it feels
- 4 | Set a timer
- 5 | Take notes/or read them
- 6 | Write down insights and tactics I could use in my copy.

3.

**END OF DAY CHECKLIST.**

**🎯 Task: REVIEW WINS AND LOSSES. PLAN THE NEXT DAY ACCORDINGLY**

**🔗 Action Steps:**

- 🛡️ | Daily Conquest **(this)**. 🛡️
- 📝 | Daily Ooda Loop. 🛡️
- 📅 | Plan out my next day accordingly 🛡️
- 📅 | Complete end of the day on Big Goal sheet 🛡️
- ✚ | Add the link of this sheet to 'call to war' sheet and to [here](#)



## Hourly Commitments & Reflections









7 AM: Task 🏆






- 🎯 Task: **GET ACTIVE**
- 🎯 Task: **GM**
- 🎯 Task: **30 DAY GRATITUDE**
- 🎯 Task: **CLARITY**
- 🎯 Task: **POWER**
- 🎯 Task: **WATCH THE MPUC**
- 🎯 Task: **PATROL THE CHATS**

Strategy 🔍




- 🎯 Task: **GET ACTIVE**
- 🧭 Action Steps:
  - 👉 | Get out of bed
  - 🧑 | Grooming
  - 💻 | Open my computer
  - 🧹 | Clear my environment
  - 📧 | Check notifications
  
- 🎯 Task: **GM**
- 🧭 Action Steps:
  - 👋 | Say GM in the chats.
  - 💰 | [#get-your-first-client](#)
  - 🧠 | [#mindset-and-time](#)
  - 🛡️ | [#agoge-chat](#)
  - 🧠 | [#improve-your-marketing-IQ](#)
  - 🤖 | [#use-ai-to-conquer-the-world](#)
  
- 🎯 Task: **30 DAY GRATITUDE**
- 🧭 Action Steps:
  - 🙏 | Every day for 30 days be thankful for something different.
  - 📝 | Send it to the [#🙏|gratitude-room](#) chat.
  
- 🎯 Task: **CLARITY**
- 🧭 Action Steps:
  - 👉 | Review the day and the tasks that need to be completed
  
- 🎯 Task: **POWER**
- 🧭 Action Steps:
  - 🙏 | Prayer.
  - 📝 | Read my NEW IDENTITY.
  - 👁️ | Focus on my ideal future self for 15 seconds.
  
- 🎯 Task: **WATCH THE MPUC**
- 🧭 Action Steps:
  - 🔥 | Open up and WATCH THE MPUC.
  
- 🎯 Task: **PATROL THE CHATS**
- 🧭 Action Steps:
  - 👉 | Open up TRW

	   Open up chats    Find lesson/s    Apply
<b>Deadline</b> 	<b>1H</b>
<b>What did this session lack?</b> 	<b>Nothing, got it done</b>
<b>What was good about this session?</b> 	<b>Speed</b>








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<b>8 AM: Task</b> 	<b>🎯 Task: GWS - Outreach to 20/40 local businesses in my area</b>
<b>Strategy</b> 	<b>🎯 Task: GWS - Outreach to 20/40 local businesses in my area</b> <b>🔗 Action Steps:</b> <input type="checkbox"/>   Open up 2 Gmail accounts <input type="checkbox"/>   Find a niche <input type="checkbox"/>   Find as many prospects, preferably 40 <input type="checkbox"/>   Reach out, one by one
<b>Deadline</b> 	<b>1H</b>
<b>What did this session lack?</b> 	<b>Nothing</b>
<b>What was good about this session?</b> 	<b>Great GWS, got 40 done.</b>


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<b>9 AM: Task</b> 	<b><u>Trading Work Session</u></b>
<b>Strategy</b> 	-
<b>Deadline</b> 	-






What did this session lack? 	-
What was good about this session? 	-

10 AM: Task 	FT  Task: GWS G-work session on G's copy's
Strategy 	 Task: GWS G-work session on G's copy's <ul style="list-style-type: none"> <li>- Task 1 - Open up TRW</li> <li>- Task 2 - Open up the chat where people post copy's</li> <li>- Task 3 - Go one by one, take your time, provide as highest quality review</li> <li>Task 4 - Repeat until time has ran out</li> </ul>
Deadline 	1H
What did this session lack? 	Nothing.
What was good about this session? 	It was a great G work session, reviewed a couple ads, emails, and an outreach.






11 AM: Task 	<u>Watch video from Trading Bootcamp</u> =
Strategy 	-
Deadline 	-
What did this session lack? 	-

What was good about this session? 	-
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12 AM: Task 	<u>Pool</u>
Strategy 	-
Deadline 	-
What did this session lack? 	-
What was good about this session? 	-






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1 PM: Task 	<u>Bible</u> <u>FT</u>
Strategy 	-
Deadline 	-
What did this session lack? 	-
What was good about this session? 	-

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3 PM: Task 	<u>Hand-writing out an advertorial to improve my skills</u> <u>Read my notes</u> <u>FT</u> <u>Cold shower</u>
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Strategy 	-
Deadline 	1H 30M
What did this session lack? 	-
What was good about this session? 	-

4 PM: Task 	<b><u>Still doing previous task/s</u></b> <b><u>Train</u></b>
Strategy 	Train <ul style="list-style-type: none"> <li>- Shadowbox</li> <li>- Pushups</li> <li>- Shoulder workout</li> </ul>
Deadline 	1H
What did this session lack? 	Nothing
What was good about this session? 	Crushed the workout.

5 PM: Task 	 <b>Task: <u>ANALYZE COPY / TOP PLAYERS -AND- REVIEW MY NOTES</u></b> <b><u>Eat</u></b>
Strategy 	 <b>Task: <u>ANALYZE COPY / TOP PLAYERS -AND- REVIEW MY NOTES</u></b>  <b>Action Steps:</b> <ol style="list-style-type: none"> <li>1  Choose a <a href="#">piece of Copy/Content -or- Top Player to analyze/break down.</a></li> <li>2  Clear my environment</li> <li>3  Visualize myself immersed in the work and how it feels</li> <li>4  Set a timer</li> <li>5  Take notes/or read them</li> </ol>

	<p>📄   Write down insights and tactics I could use in my copy.</p> <p>🎯 <b>Task: Eat</b></p> <p>🔗 <b>Action Steps:</b></p> <p>📄   Eat, Eat, Eat, Eat...</p> <p>FT</p>
<b>Deadline</b> 🕒	<b>1H</b>
<b>What did this session lack?</b> ✍️	<b>Nothing</b>
<b>What was good about this session?</b> 📅 July 17	<b>Just did it.</b>

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<b>6 PM: Task</b> 🏆	
<b>Strategy</b> 🔍	
<b>Deadline</b> 🕒	
<b>What did this session lack?</b> ✍️	
<b>What was good about this session?</b> 📅 July 17	

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<b>7 PM: Task</b> 🏆	
<b>Strategy</b> 🔍	
<b>What did this session lack?</b> ✍️	

What was good about this session? 📅 17

8 PM: Task 🇺🇸

Strategy 🔍

What did this session lack? ✍️

What was good about this session? 📅 17



# Twilight's Review



📖 What lessons did I learn today? 📖

## DAILY OODA LOOP

1. Lessons Learned
  - a. Develop a brutal competence to not get crushed
2. Victories Achieved
  - a. 2 G work sessions
  - b. Time with family
  - c. Read bible
  - d. Got in contact with the client again finally after project is finished
3. Did you complete the #| daily-checklist?
  - a. Yes
4. Goals for next day:
  - a. Wake up at 6:30 AGAIN
  - b. Read Bible
  - c. Checklist
  - d. Pray
  - e. 2 G work sessions minimum
  - f. Family time
5. Top question/challenge

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 **What roadblocks did I face?** 


Wasting a bit too much time, need to make a more specific plan, but not as bad as yesterday

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 **How will I improve and progress tomorrow?** 

(ABOVE)

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 **What tasks remain uncompleted** 

None

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 **The final assessment of the day's productivity (1-10)** 

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