

Fall Sport Meeting

Parents, Athletes, & Coaches

Fall 2023

Welcome

- **Registration and Fee Payment(s)** can be done online.
- **Materials needed to begin practice**
 - 1) Physical Forms-cannot begin practice without a physical
 - 2) MSHSL Athletic Eligibility Statement-signed by athlete and parent (Green Sheet)
 - 3) Payment of Fees: Grades 7-8 = \$60.00, Grades 9-12 = \$95.00

- **Notify Me**

Are you looking for a fast way to be notified of schedule changes that take place in real time? Go to our website, www.desch.org and choose Activities, Athletics, Sports schedules and look for the small “notify me” icon in the upper right hand corner. Here you can sign up to be notified of any changes that are entered on our activities calendar. You can sign up to be notified for all the activities your child is involved in. Just make sure you update the activity list from year to year.

- **MSHSL Rules**

Mood Altering Chemicals- A student shall not at any time, regardless of the quantity:

A. use or consume, have in possession a beverage containing alcohol;

B. use or consume, have in possession tobacco; or,

C. use or consume, have in possession, buy, sell or give away any other controlled substance or drug paraphernalia.

Sexual/Racial/Religious Harassment/Violence and Hazing

A student shall not engage in sexual, racial or religious harassment or sexual, racial, religious violence or hazing during the school year or any portion of an activity season which occurs prior to the start of the school year or after the close of the school year.

Good Standing -Student Code of Responsibilities

Participation in interscholastic activities is a privilege which is accompanied by responsibility. As a student participating in

League sponsored activities; I understand and accept the following responsibilities:

A. I will respect the rights and beliefs of others and will treat others with courtesy and consideration.

B. I will be fully responsible for my own actions and the consequences of my actions.

C. I will respect the rights and property of others.

D. I will respect and obey the rules of my school and the laws of my community, state and country.

E. I will show respect to those who are responsible for enforcing the rules of my school and the laws of my community, state and country.

Penalty

A student who is dismissed from school or who violates the Student Code of Responsibilities is not in good standing and is ineligible for a period of time as determined by the school principal acting on the authority of the local board of education.

- **Academic Ineligibility (also see School District policy #599)**

A student earning a “Failing” grade or “No Credit” in one or more classes at mid-quarter or the end of a quarter will automatically be ineligible for athletic events and practices for one week. Students in grade 7, 8 will attend the after school program to work on failing or missing work. At the end of that week, a student who has been declared ineligible is responsible for taking a weekly course progress sheet (obtained in the guidance office) to his/her teachers, and having the teachers report the grades. The student will then return the sheet to the Activities Director or counselor which will result in regaining eligibility if the student is passing all classes. Failure to turn in a sheet on a weekly progress sheet will result in ineligibility until a sheet indicating passing grades is turned in to the Activities Director or counselor. The Activities Director will contact coaches and students’ parents regarding students who have lost eligibility. Students earning an “Incomplete” grade at the end of a quarter will be ineligible until the incomplete grade is made up. Students in grades 6, 7, 8 receiving a 4th Quarter failing grade can attend summer school, complete their work and be eligible for fall sports. Students not attending summer school and failing to make up their grade will be ineligible for the first game of the fall sports season.

- **Athletic Passes**

The pass will be good for all home regular season games. Costs will be: annual student = \$40, annual adult pass = \$70, and a family pass for \$150, with the family pass, the parents and the children will all receive a physical pass to carry with them to games.

- **Athletic Trainer**

A certified athletic trainer (ATC) employed by Mayo Sports Medicine will be available each day to provide athletic training services to 7th through 12th grade athletes from 3-6pm. The trainer will cover all home events, grades 9-12. The trainer will cover 7 & 8 grade games if they take place in the 3-6pm time frame or while a 9-12 event is taking place. All services will be provided at the high school.

- **Attendance in School – (also see School District Policy #503)**

A student must be in attendance the whole day to practice or participate in an event. The high school secretary and activities director will monitor daily attendance and if students are not eligible to participate due to illness or tardiness to school, that information will be passed on to the coach by the activities director. Due to emergency situations at home or other excused absences, a student may be allowed to participate in a contest with approval of the principal or activities director. A suspended student will not be allowed to participate until the suspension has been completed. Coaches will excuse a student from practice with a written note from a parent. (Per Board action 2-7-90)

- **Bus Behavior– (also see School District Policy #709)**

Food/Snacks are allowed on afterschool/extracurricular trips. This allows the athletes the opportunity to have a snack and minimize hunger before their event. Most importantly it helps eliminate student athletes from having to participate or go home hungry late in the evening. Cleanliness of the bus is the responsibility of the players and coaching staff if they want to continue with the privilege of food on the bus.

- **Cancellation of School/Events**

If we cancel school-no events will be held. In the fall, cancellations made be heat related.

- **Cell Phone Use in Locker Rooms**

Cell phone use is not allowed in locker rooms. Under no circumstances are students allowed to make video or audio recordings of a staff member or another student without that person's knowledge and permission. The use of cell phones on busses to and from athletic events is under the discretion of the coach.

- **Commons Area**

The Commons Area will be closed after 4pm. We have a Computer/Library Supervisor in the HS Media Center from 3:15-4:30pm, Monday-Friday. Students will be asked to use this facility during the times they are waiting. Students will be asked to leave the Commons area after 4pm as this is an unsupervised area.

- **Dress**

Students should dress appropriately, taking into consideration the changes that take place rather quickly in the fall of the year.

- **Locker Rooms and Valuables**

The locker room is not a secure area. Please lock your lockers or give valuables to your coach.

- **Parent/Athlete/Coach Communications**

See coach early with your concerns, after the game is not an appropriate time to speak to the coach, set up a time in which you can visit with the coach and discuss the issue in an acceptable environment.

Step 1 Player and Coach meet

Step 2 Player, Parent, and Coach meet

Step 3 Player, Parent, Coach and Activities Director meet

- **Playing Time**

The Dover-Eyota School District encourages all students to participate in any extra-curricular program offered by the district. The district will do all it can to provide staff, equipment, and facilities for these programs. Students and parents must understand that there can sometimes be limitations and restrictions to the amount and level of participation that can be made available to the student.

Playing time is always a concern for players and parents. Our coaches recognize the value of game experience in the development of a player, and will make efforts to provide that experience. In order for a student to learn the values of hard work, cooperation and teamwork, the playing time of a participant will be based on many factors as listed below, and assuming that all other team rules are being followed. Playing time is recognized as a coach's decision, being based on a player's:

- * attendance at practice
- * performance at practices and in competitive situations
- * attitude
- * effort
- * commitment to the team
- * the given event situation
- * player match-ups

7th and 8th grade: This is the age where exploration of the activity occurs, and fundamental skills are emphasized. While playing time will be provided for every participant, practice also plays a very significant role in the overall development of the player. For some activities where the number of students deems it necessary, there may be split squad teams. Our district and others in our conference split squads, and add additional quarters to games, to help accommodate the need to have all students play. Skill development,

introduction to competition, and teamwork are the emphasis, while winning is a secondary goal.

9th grade: Participation and individual development for all students remain the focus of the activity, but now winning will not necessarily be sacrificed so that everyone can have playing time. The coach is now charged with the beginning stages of developing those who have worked hard, shown exceptional skill, and have dedicated themselves to that activity. However, the coach will still see that everyone gets some meaningful playing time throughout the course of the season. Skill development, fundamentals, sport concepts, and teamwork are emphasized.

B Squad/Junior Varsity: Consisting of a wide range of grade levels, the main objective of participation here is to continue development of those participants who have worked to improve their skills, while providing student athletes with opportunities to achieve success at the varsity level. While all members of the team will continue to be seen as “developing”, and continue to receive some playing time, the amount of playing time at this level will be weighted toward those who are more skilled and developed as deemed by the coaching staff in accordance with the Playing Time Guidelines above. Teamwork and skill development continue to be the emphasis.

Varsity: The goal of the varsity squad is to provide the most competitive team possible to represent Dover-Eyota High School, while adhering to principles of sportsmanship, teamwork and cooperation. This will consistently mean playing the best available athletes within roles designed by the coach to produce the most success possible for the team. Playing time will be given to those who will most help the team attain these objectives. In situations where an individual may not understand why playing time is limited, the coach is expected to explain, upon request, what will be necessary in order for playing time to increase. Everyone must remember that this is competitive interscholastic athletics and that the amount of playing time will not be guaranteed.

- Varsity Team Rosters: While it is the preference of Dover-Eyota High School that all interested students be allowed to participate at the varsity level, this may not always be possible. When participation numbers exceed the MSHSL tournament roster limit, it may be necessary for varsity coaches to enact a system to reduce the size of the squad to those roster limits. If a varsity coach chooses to take steps to reduce the team’s roster to the MSHSL tournament roster limit at any time, the following steps shall be taken:
 1. A letter sent to parents prior to try-outs defining factors that limit the final squad number.
 2. An outline of the sport-specific skills to be observed and grading manner defined for the athlete.
 3. Try-out sessions will be held at a time of the season determined by the coach.
 4. A personal conversation with each player not making the team in lieu of a publicly posted list.
- **Risk of Injury**

All sports have the risk of serious injury, check equipment daily. *The MSHSL Sports Medicine Advisory Committee highly recommends that every student-athlete and parent successfully complete the Heads Up: Concussion in High School Sports course. The course can be accessed at: www.cdc.gov/concussion
- **Sportsmanship**

All our responsibility, athletes, coaches and parents.
- **Transportation to and from events**

Students participating in any extra-curricular event or school sponsored activity must ride the school provided transportation to the event. If there are circumstances that the student cannot ride to the event, a parent must contact the Activities Director to gain permission. Students are allowed to ride home with parents provided they follow the checkout procedure developed by each coach or advisor and there is a parent signature.
- **What information is available to you as a parent, athlete or fan?**

Go to www.desch.org, Athletics, there are tabs for: online registration , physical forms, sports schedules, Three Rivers Conference, Minnesota State High School League. Information regarding practice start dates, fee structures, and practice schedules can also be found there.

Please have all forms/fees turned in before the first practice. You are encouraged to complete them online or turn them in tonight if possible.