# PROJECT "FAIR PLAY 4 INCLUSION"

### HIKING

On Sunday 30<sup>th</sup> May we carried out a new hiking activity for the project "FAIR PLAY 4 INCLUSION".

In this occasion, we done a route to the bank of the river Genil, passing by the popular "Cortijo El Río", former headquarters of an oil mill where oil was made in our village (currently located within the urban core).

During 2 and a half hours of route, 7 young people enjoy an outdoor activity in contact with nature at the same time that we create healthy habits to occupy our leisure time, especially on weekends, thus avoiding unhealthy habits such as sedentary lifestyle and tobacco and alcohol consumption.



# FAIR PLAY 4 INCLUSION SENDERISMO

ALAMEDA (MÁLAGA), 30 DE MAYO 2021

























## Links of the Facebook and Instagram Advertisement Post:

https://m.facebook.com/story.php?story\_fbid=468123134441331&id=100037309450680

https://www.facebook.com/299217374314371/posts/791443915091712/

https://www.instagram.com/p/CPaceZ0Bsck/



# Links of the Dissemination Post of the activity:

https://m.facebook.com/story.php?story\_fbid=473166753936969&id=100037309450680

https://www.facebook.com/299217374314371/posts/796827577886679/

https://www.instagram.com/p/CPyNJckhTFn/

### **News in the Website:**

https://asociacion-entrejuegos.weebly.com/senderismo-mayo-2021.html

**Date:** 30/May/2021

Venue: Alameda, Málaga - SPAIN

**Activity carried out:** Hiking (2h 30 min)

Aims: Promote physical activity during leisure time in contact with nature, prevente unhealthy habits, promote the inclusion of young people with functional diversity

through sports activities.

## Target Group:

**Number of participants:** 7 youth (1 youth with functional diversity) **Direct Beneficiaries:** Participants, volunteers, Local Community.

**Indirect Beneficiaries:** youth of our local community, public services of the Municipality of Alameda, members and volunteers of our association, others

organisations, project's partners.