

Relationship Skills- Kindergarten Guidance Lesson

"Making Friends is an Art" by Julia Cook

Topic: Relationship skills- Making friends

Objective: In this lesson, the student will learn various ways to become a good friend to others. The student will learn the importance of "to have good friends, you must be a good friend"

Materials:

- The book, "Making Friends in an Art" by Julia Cook, or if you don't have the book you can use this link- https://youtu.be/_OoW-dXDD_Q
- Paper
- Crayons

Lesson:

- Start by introducing to the student that today's topic will be "making and keeping friends" and ask the student, "What are some things you do to make friends, or things you can do to lose friends?" Take some responses.
- Read the story, "Making Friends is an Art" to the student. Throughout the story, check for understanding by asking the student questions and point out important details. They can also make connections to the story. (Tell you about a time that they had a similar experience)
- **Some sample questions while reading:**
 - (p. 9) Brown just told us some of the reasons people may not want to be his friend. What are they? (complain, disrespectful, negative, unkind)
 - (p. 15) What is one thing you do that might make other students not want to spend time with you? For example, sometimes I _____.
 - (p. 23) What are put downs? What does it mean to put people down? Why don't people want to be friends with someone who does this?
- **Activity:**
 - Have the student talk about the characteristics of each crayon in the story. Show them the chart below and have them decide which one they are most like. They will then draw a picture of themselves as that crayon. The student will draw themselves in a "scene" at school or at home making friends using information they learned from the story.

- The teacher can also model how to do this and tell the student about a time they felt the way Brown did, or any of the other characters.

Want a friend?



Look out for others.



Always do what's right.



Have hopes & dreams.



Listen to everyone.



Be trustworthy.



Help people be peaceful.



Be honest.



Have fun!



Cheer people up.



Make everyone feel included.



Think before you act.

Be a friend!