

# Prevention Network Training Options



## SBIRT Training Series

**Motivational Interviewing 10/11 12:30-4:30pm**

**SBIRT 11/15 12:30-4:30pm**

**Coaching follow-up 11/29 1-2pm**

**All workshops are free of charge, in person at Prevention Network. OASAS credits for CASAC, CPP/CPS, Social Work, and CRPA/C for Motivational Interviewing and CASAC, CPP/CPS for SBIRT.**

**Click here to register for EACH session you would like to attend, including coaching:**

**[https://forms.office.com/Pages/ResponsePage.aspx?id=pbuYO\\_F5yUukVtihcqHVbyDxfBaVBrBDrcZBY7KD\\_31UNUhNWTIBNFhFUUJPMkgwN0tVV1o2UDdUVy4u](https://forms.office.com/Pages/ResponsePage.aspx?id=pbuYO_F5yUukVtihcqHVbyDxfBaVBrBDrcZBY7KD_31UNUhNWTIBNFhFUUJPMkgwN0tVV1o2UDdUVy4u)**

Motivational Interviewing is a person-centered, evidence-based strategy that guides people through the change process. Motivational Interviewing OARS skills coupled with the Spirit of MI allows you to become naturally therapeutic. Motivational Interviewing is a Trauma Informed Practice. Helping people requires good listening skills. Motivational interviewing has become the gold standard for use in behavioral health, mental health, physical health, social services and criminal justice. Participants will be practicing these skills in the training. The focus is on the essential principles and communication techniques that ensure quick engagement, making it a foundational skill for the learning and implementation of SBIRT.

**Screening, Brief Intervention, and Referral to Treatment (SBIRT)**

SBIRT is a comprehensive, integrated, public health approach to the delivery of early intervention and treatment services for persons with substance use disorders, as well as those who are at risk of developing these disorders. This 4-hour SBIRT training is within a framework of utilizing motivational interviewing in all aspects of the SBIRT conversations.

Primary care centers, behavioral health centers, hospital emergency rooms, trauma centers, school and other community settings provide opportunities for early intervention with at-risk substance users before more severe consequences occur. (SAMHSA 2023).

**About the trainers:**

Sandy Rivers is a member of Motivational Interviewing Network Trainers (MINT). She is a NYS OASAS CASAC, Trauma Champion and an approved trainer. She is also a member of the ASAP-NYCB Training Registry. Her Master's in Adult Learning allows her to develop training that is impactful and encourages deep learning. Sandy has worked for over 30 years in the field of addiction and mental health and brings her lived experience as a counselor and supervisor to this training.

Lisa Ardner is a Certified Motivational Interviewing Network Trainer (MINT) and member of MINT. She is a NYS OASAS approved trainer and Master CASAC. She is a member of the ASAP-NYCB Training Registry. Lisa is a Nurtured Heart Approach trainer and Suicide Prevention Specialist. She has over 12 years working in behavioral health and trauma. She is also a Certified Addiction Recovery Coach working with families.

## Virtual Narcan Training via Zoom

**Each Monday at Noon, No OASAS Credits, Narcan Certification Given by mail**

Join us for a 30 minute live, virtual Narcan training where you will learn how to recognize the signs of an opioid overdose, how to administer Narcan and aftercare. After training you will receive a Narcan kit and certification by mail. Please register in advance for this free meeting.

**Click here to register for Narcan Training:**

<https://www.preventionnetworkcny.org/narcan-training/>



**YOU COULD SAVE A LIFE WITH A SPRAY**

# **FREE NARCAN TRAINING**

Narcan nasal spray can reverse the effects of an opioid overdose and save a life. We have multiple trainers and flexible hours available to fit your training needs