

The Promise of the Father - Session 4

Receiving The Promise of the Holy Spirit



Remain at rest, in peace and truth in the presence of our God. Force nothing. Do not aim to make any thoughts and resolutions. Be in God's presence as a child with their parent. Think of yourself as belonging to God that God may do with you whatever God pleases. Avoid a lot of words. Separate yourself from all things and direct your gaze at God. Be content to look at our God to whom you belong. God is all! *Venerable Francis Libermann*

Almighty and ever living God, giver of all things that are good, you promised us the gift of your Spirit and fulfilled it on the Pentecost Day. We your children, humbly beg you to infuse into us the divine person of the Holy Spirit. Send him into us that we might be renewed. May we experience him now as on the day of Pentecost so that our faith might be strengthened and we will be inspired to bear witness for Christ in the Church, through the testimony of our word and life and the practice of virtue.

We ask this through Christ our Lord. Amen.

Come, Holy Spirit, come! And from your celestial home, shed a ray of light divine! Come, come, Father of the poor! Come, Source of all our store! Come, within our bosoms shine.
Come, Holy Spirit, come!

Amen, amen, I say to you, whoever believes in me will do the works that I do, and will do greater ones than these, because I am going to the Father.

John 14:12

On my knees before the great multitude of heavenly witnesses, I offer myself, body and soul to You, Eternal Spirit of God. I adore the brightness of Your purity, the unerring keenness of Your justice, and the might of Your love. You are the Strength and Light of my soul. In You I live and move. I desire never to grieve You by unfaithfulness to grace and I pray with all my heart to be kept from the smallest sin against You. Mercifully guard my every thought and grant that I may always watch for Your light, and listen to Your voice, and follow Your gracious inspirations. I cling to You and give myself to You and ask You, by Your compassion to watch over me in my weakness. Holding the pierced feet of Jesus and looking at His five wounds, and trusting in His precious blood and adoring His opened side and stricken heart, I implore You, adorable Spirit, helper of my infirmity, to keep me in Your grace that I may never sin against You. Give me grace, O Holy Spirit, Spirit of the Father and the Son to say to You always and everywhere, "Speak Lord for Your servant is listening." Amen.

Heal our wounds, our strength renew;
On our dryness pour thy dew,
Wash the stains of guilt away.

The Word Who is Life Pastoral Plan Prayer

Lord,
The Word who is Life.
May all the people of our Diocese
grow in openness
to the power of the Holy Spirit,
so that through a growth in understanding
and courage,
and truly open to your call,
we may bear powerful witness
to all around us,
for you are Lord for ever and ever,
Amen

Pentecost Sequence

Come, Holy Spirit, come.
And from your celestial home
Shed a ray of light divine.

Come, Father of the poor.
Come, source of all our store.
Come, within our bosoms shine.

You, of comforters the best;
You, the soul's most welcome guest;
Sweet refreshment here below;

In our labour, rest most sweet;
Grateful coolness in the heat;
Solace in the midst of woe.

O most blessed Light divine,
Shine within these hearts of yours,
And our inmost being fill.

Where you are not, we have naught,
Nothing good in deed or thought,
Nothing free from taint of ill.

Heal our wounds, our strength renew;
On our dryness pour your dew;
Wash the stains of guilt away:

Bend the stubborn heart and will;
Melt the frozen, warm the chill;
Guide the steps that go astray.

On the faithful, who adore
And confess you, evermore
In your sevenfold gift descend;

Give them virtue's sure reward;
Give them your salvation, Lord;
Give them joys that never end.

Amen. Alleluia.