

Instructions:

Instructions for using sample letters:

1. Copy the body of the letter and make it your own by adding personal details and changing any wording you are not comfortable with
2. To send to your representatives on a link below
 - a. [Federal \(Congressional Representatives and Senators\)](#)
 - b. State: [Governor](#) or [State Representatives](#)
 - c. Local: [Mayor, County Executives, County/City/Town Officials](#)
3. Fill out location information on each link to locate your representative's office
4. Add the subject line: **Support Treatment Options for Struggling Youth**
5. Write or paste the body of your letter into the "Message" box
6. *If applicable:*
 - a. *Fill out the remainder of the form*
 - b. *Select a topic for each letter: We recommend: **Children, Family, or Healthcare***
7. Send!