

Typically 1 or 2 weeks after the training

OPEN MEETING (15 MIN)

Opening Prayer

Music (1 song)

Scripture:

1. Possibly read 1 or 2 scriptures that are on your heart

Introduce:

- Give background on yourself who you are and why you are facilitating the meeting. Establish a relationship with them. Build trust. Advise them that there will be an "open floor."
- 2. Share a few of your own ups and downs since the training. Create an open space for them.
- 3. Remind them the confidentiality rule still applies.

Note: Before you open the floor, open your heart. What is your commitment to the graduates?

-This moment here and now is NEW. Be present. Not about just learning new info, it's about discovering what you don't know you don't know.

OPEN SHARING: (45 MIN - 1 HOUR)

- Participation
- We will have a sharing time about
- What has really shifted?
- What frustrations have come up and what's not working?
- If sharing about the training, share as it relates to what's going on in your life, not the mechanics of the training.
- Who would like to go first?

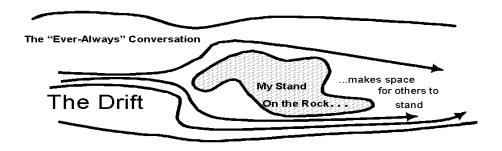
Open Floor:

- 1. Generous listening true up to standards committed communications.
- 2. This is YOUR graduate meeting, your day, bring them to the present.
- 3. What are you committed to awaken today? This may be the last time we are all together...
- 4. Create the space to share their struggles and their joys.
- 5. Listen, take notes in order to coach what graduates are saying.

6. Listen for their stories, interrupt and coach. Are they going into long stories? Stop them. ASK: Without your story, without the tee up—what's up? Get to the point. *Be Specific.*

THE DRIFT (15 MIN)

- 1. So much happens during open floor that it can go right into The Drift.
- 2. Illustrate the drift using the river analogy.



- 3. Key distinctions of the drift:
- a) Fuzzy indistinct language contributes to the drift.
- b) Performative language (Declaration, Promise, Request) creates a stand.
- c) My statements (declarations) reveal the conversations I use to reinforce my stand.
- d) The drift things that allow us to move off our commitment and promise
- e) Rock the stand/declaration of what you are committed to. A declaration is clear language about what you are up to
- f) The clearing/opening creates a space for others
- 4. What's your drift?

86618048. In standing, there is always the drift.

HIGHS AND LOWS CHART (20 min)

Draw an up down up down on chart.

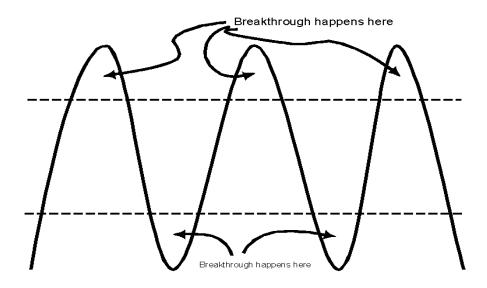
■ How many of you often feel like this?

CHART: Draw a line cutting off the top, and draw a line cutting off the bottom.

- What is this zone? Comfort zone. A lot of energy in life is spent to stay in these places.
- Where are you settling?

The highs and lows is where break throughs happen. Get in touch with our suffering and our greatness is where the most transformation happens. The bottom – go to the places we're most afraid of, the conversations we don't have because we don't know where they'll go, with God... top – fear of failure, being stretched beyond ourselves.

- Where do you find yourself in life right now? High or low point?
- 1. Whenever we eliminate the lows of life we also eliminate the highs.
- 2. Cutting off the lows and the highs leads to a confined way of living.
- 3. The lows and highs are the points where breakthroughs happen.
- 4. To find the edge you may have to go over it.
- 5. Illustrate the HIGHS & LOWS using the "Peaks and Valleys" analogy.



D. Risks

- 1. On Easel, Write Down The Struggles Stated BE SPECIFIC
- 2. Fear of men, money, time, people's approval etc.
- 3. Do you risk disapproval from others?

- 4. It's better to risk failing than not to risk at all.
- 5. "Playing to win versus Playing not to lose"
- E. Comfort Zone
- 1. Breakthrough happens when you are out of your comfort zone.
- 2. Roller coaster of life: risk zone versus comfort zone.

Break (10 min)

PARTNER EXERCISE (T-up to finish is 25 min)

1. Choose a Partner A and a Partner B. Partner A is the committed listener. Partner B is the committed speaker. Sit facing your partner with chairs together.

(1 minute)

2. Complete the sentence (First partner "B", then partner "A") — BE SPECIFIC

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A. "What is not working in my life is..."
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- B. "What stops me is..." (1 minute)
- C. "The price I pay when I stop is..." (1 minute)
- D. "The price others pay when I stop is..." (1 minute)
- E. "The vision I am committed to..." (BE SPECIFIC) (2 minutes)
- F. "The things I am willing to give up for my vision are..." (1 minute)
- G. "Who God has created me to be is..." (1 minute)
- 3. When Partner "B" is done Partner "A" becomes the committed speaker.

Participants Sign-Up (5-7 min)

Invite participants to sign up on Sponsor service sheets.

- 1. Intercessory Prayer
- 2. Next Team
- 3. Equipment Setup/Takedown