

E-mails have had a huge impact on professional and social communication. However, their effects have been positive as well as negative.

Do the advantages of using e-mail outweigh its disadvantages?

It is certainly true that the use of e-mail has greatly changed the way we communicate with each other at work as well as socially. However, it is also true that not all the effects of this innovation have been positive, although advantages outnumber the disadvantages.

A common criticism of e-mail in the workplace is that it causes extra work and stress. This is because most employees receive more messages than they can answer every day and since e-mail writers expect a quick response, this further increases pressure on employees. Other objections to e-mail for both social and professional users include the way it encourages people to spend even longer hours at their computers. Further, there is also the danger of incoming messages allowing viruses into our computer system.

In spite of these negative effects, however, e-mail has brought important benefits as well. One such advantage of using e-mail is that it is a fast and easy way to communicate with family, friends, and work colleagues wherever they are in the world. It not only allows people to stay in touch with each other, but it also allows them to send digital files like pictures, music, diagrams, text, etc. very quickly, cheaply, and with very good quality of reproduction. This is a huge advance on the earlier communication systems, and the low cost of e-mail implies that it is used by almost everyone.

To sum up, while there are some obvious drawbacks to using e-mail, this fast and userfriendly technology has greatly improved our ability to communicate both professionally and socially. Therefore, I think e-mail has brought us many benefits than disadvantages.