

PRMS XC @ Ottawa

Date	Saturday, September 28, 2019 Rescheduled: Monday, September 30
Location and oParking	Here are the directions from the meet organizers: The Ottawa course is located on Eisenhower Road just south (1/2 mile) of I-35. Just keep going on the gravel road straight south till you see the course on the left. Parking is available on Eisenhower Rd west of the course and Kingman Rd. north of the course. There will be directional signs.
Time	There are four high school races before the 7th and 8th grade races. The meet will run ahead of schedule if possible. ● 7th grade girls - 11:40 - 1 mile ● 7th grade boys - 12:00 - 1 mile ● 8th grade girls - 12:20 - 2 miles ● 8th grade boys - 12:50 - 2 miles ● 7th grade girls - 5:20 - 1 mile ● 7th grade boys - 5:40 - 1 mile ● 8th grade girls - 6:00 - 2 miles ● 8th grade boys - 6:30 - 2 miles ● 7th grade girls - 4:00 - 1 mile ● 7th grade boys - 4:20 - 1 mile ● 8th grade girls - 4:40 - 2 miles ● 8th grade boys - 5:10 - 2 miles
Bus	After the race, feel free to sign your child out and take them home. A return bus is available.
Results	I will post the results to the team blog once I receive them from Ottawa. In the past, they have posted results on a board near the start/finish line.
Medals	Top 20 in each division
Other Details	This course is somewhat difficult to access by foot. There is limited parking on the gravel road, so plan on a long walk to make it to the course. The course is also very hilly--especially for 8th grader runners and spectators. The course organizers want me to remind you that pets are banned from cross country races.