

Chocolate Covered Banana Popsicles: [back to recipe](#)

INGREDIENTS:	DIRECTIONS:
• Bananas (I used 3 for the pictures in this post) • Chocolate (I used 4 oz. of semi-sweet chocolate) • Oil (I used 1 T. Crisco -- coconut oil works well too) • Optional Toppings	• Peel bananas, cut in half, and insert a popsicle stick into one end (or cut into bite-size chunks). • Lay on wax paper and freeze for 15-20 minutes. • While bananas freeze, melt chocolate and oil in a microwave safe bowl -- I do 30-45 second intervals, stirring between. • Remove bananas from the freezer and spoon chocolate over them (hold the bananas over the bowl of chocolate while doing this) • Place the bananas back onto the wax paper and sprinkle with candies, nuts, or drizzle with white chocolate or peanut butter. • Freeze again for at least 1 hour. • Eat, or put in an airtight container for longer storage.