

****LESSON PLANS ARE SUBJECT TO CHANGE****

Reynolds School District
Weekly Lesson Plan
Teacher: Physical Education

Reynolds Jr.-Sr. High School
Week of: Nov. 25-29, 2024
Grade: 7-12

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Monday

Academic Standard # 10.5.9

Objective # E

Lesson Objective: Analyze and apply scientific and biomechanical principles to complex movements. * Linear motion *rotary motion

Resources: nerf soccer ball, cones and basketballs

Details: Play a game of gatorball

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Tuesday

Academic Standard # 10.5.9

Objective # F

Lesson Objective: Describe and apply game strategies to complex games and Physical Activities.

Resources: basketballs and badminton equipment

Details: Open Gym

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Wednesday

Academic Standard #

Objective #

Lesson Objective:

Resources:

Details: VACATION—NO SCHOOL

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Academic Standard #

Objective #

Lesson Objective:

Resources:

Details: VACATION—NO SCHOOL

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Friday

Academic Standard #

Objective #

Lesson Objective:

Resources:

Details: VACATION—NO SCHOOL

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Rigor/Relevance Quadrant

A B C D