



Universal HEALING TAO System
Council of 9 & Chi Nei Tsang Committee
UHT - Continental Network Center Asia
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Chiang Mai 50220 THAILAND



UHT Chi Nei Tsang Curriculum

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Become a UHT CNT I Trainee (student/participant)

Apply in writing for study and training

CNT I Course: Attend a CNT I group course of 28 hours (your first course in CNT I). (28h)

Teachings of CNT I techniques including anatomy taught by GMC or a CNT Senior Teacher or CNT Teacher, (key CNTT1).

Study textbooks:

- Chi Nei Tsang I, by Mantak Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig

CNT I Course Curriculum

(total 28h)

Theory:

(6h)

- o Anatomy
- o CNT I techniques
- o Opening Wind Gates,
- o Methods for cleansing intestine with herbs or hydro-colonic.

Practical:

(18h)

- o CNT Self-massage
- o CNT I Hands on techniques
- o Opening Wind Gates
- o Learn to release negative energy, to protect and cleanse yourself.

Basic training:

(4h)

- o Inner Smile
- o Six Healing Sounds
- o Iron Shirt Chi Kung

Result: Allows to work as a CNT I Trainee for collecting study cases in CNT I. Collect within 24-months 70 UHT Chi Nei Tsang Case Study Forms. 60 can be done in a sequence of 12 x 5 sessions and 10 can be done in single sessions.

Those who are already working in physical therapies and have received a 5 elements teaching just need to collect 25 case study forms.

Become a UHT CNT I Practitioner

As a CNT I Trainee, apply in writing for study and training

CNT I course: Attend a CNT I course of 28 hours (second course in CNT I) taught by GMC or a CNT Senior Teacher or CNT Teacher, (key CNTT1)

Study textbooks:

- Chi Nei Tsang I, by Mantak Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig

Case studies: Present on arrival of the course a minimum 70 UHT Chi Nei Tsang Case Study Forms in CNT I.

Extra recommended courses:

Attend a Universal Healing Tao Basic course, that includes Six Healing Sounds, Inner Smile and Iron Shirt Chi Kung I. (extra 24h)

A Universal Healing Tao course, that includes Microcosmic Orbit, Healing Love is recommended. (extra 16h)

Evaluation: by CNT Senior Teacher or CNT I Teacher, supervised in presence by CNT Senior Teacher

Result: Certified CNT I Practitioner

Which allows you to work as a CNT I Practitioner on students and clients.

Your profile as a CNT I Practitioner is added to the Universal Healing Tao Instructor Directory. (Key CNTP1)

Become a CNT I Teacher

Prerequisite:

- Certified Universal Healing Tao Instructor with keys BA, IS1, HL
- CNT I, II & III Practitioner
- CH I Practitioner
- Work as an active CNT I Practitioner for minimum 3 years

As a CNT I Practitioner, apply in writing for study and training

Assisting: Participate as assistant in a 28-hour CNT I group course.

Teachings of CNT I techniques including anatomy, as taught by Master Mantak Chia or a CNT Senior Teacher. (28h)

Study textbooks:

- Chi Nei Tsang I, by Mantak Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig
- Chi Nei Tsang II, Chasing the Winds, by Mantak Chia
- Chi Nei Tsang III, Healing Harmony - Internal Muscle, Tendon, Meridian Massage, by Mantak Chia
- Cosmic Healing I, Cosmic Chi Kung by Mantak Chia

Case studies: Present on arrival of the course a minimum 140 UHT Chi Nei Tsang Case Study Forms in CNT I.

Evaluation: by Master Mantak Chia or 2 CNT Senior Teachers, key CNTST

Result: Certification as CNT I Teacher

Allows to teach CNT I and have students

UHT System will send out mailing list to advertise for Teacher
 If UHT Instructor Directory receives names/email addresses from students of Teacher
 Profile of CNT I Teacher is added into the Universal Healing Tao Instructor Directory. (Key
 CNTT1)

Become a CNT Senior Teacher

Minimum prerequisite:

- Certified Universal Healing Tao Instructor with keys BA, IS1, HL
- CNT I, II & III Teacher
- CH I Teacher
- Work as an active CNT Teacher for minimum 3 years
- Having educated min. 6 Practitioners in level of CNT I, II or III, while you are a certified CNT I, II & III Teacher, in each level.
- Showed outstanding relation and cooperation with Universal Healing Tao System.

As a CNT I, II & III Teacher, apply in writing for study and training

Assisting: Participate as assistant and teach at a CNT I, II & III group course. Teachings of CNT I, II & III techniques including anatomy, as taught by Master Mantak Chia or a CNT Senior Teacher.

Study textbooks:

- Chi Nei Tsang I, by Mantak Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig
- Chi Nei Tsang II, Chasing the Winds, by Mantak Chia
- Chi Nei Tsang III, Healing Harmony - Internal Muscle, Tendon, Meridian Massage, by Mantak Chia
- Cosmic Healing I, Cosmic Chi Kung by Mantak Chia

Evaluation: by Master Mantak Chia.

*Note: this is an honorary position only, based on matching, requirements and necessities of the UHTS as a whole.

Result: Certification as CNT Senior Teacher

Allows to teach CNT and evaluate CNT I, II & III Practitioners

UHT System will send out mailing list to advertise for Senior Teacher

UHT System receives names/email addresses from students of Senior Teacher

Profile of CNT Senior Teacher is added into the UHT Instructor Directory (Key CNTST)

Research Projects

To complete the CNT Branch Curriculum, it is required to participate in a CNT research project which is submitted to the UHT System.

Optional Addition to CNT I - Microcurrent

Become a CNT I Microcurrent Trainee

Prerequisite: Followed a 28-hour CNT I course.

Apply in writing for study and training

CNT I Microcurrent Course: Attend a CNT I microcurrent group course of 10 hours (your first course in CNT I microcurrent). (10h)

Teachings of CNT I Microcurrent techniques including anatomy taught by a CNT Senior Teacher or CNT Microcurrent Teacher with

Study textbooks:

- Chi Nei Tsang I, by Master Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig
- Chi Nei Tsang Microcurrent, by Master Chia & Aïsha Sieburth

Result: Allows to work as a CNT I Microcurrent Trainee for collecting study cases in CNT I Microcurrent. Collect within 24-months 70 study cases. 60 Can be done in a sequence of 12 x 5 sessions and 10 can be done in single sessions.

Become a CNT I Microcurrent Practitioner

Prerequisite: CNT I Practitioner and CNT I Microcurrent Trainee

As a CNT I micro. trainee, apply in writing for study and training

CNT I Microcurrent course: Attend a CNT I Microcurrent course of 10 hours (second course in CNT I Microcurrent) taught by a CNT Senior Teacher or CNT I Microcurrent Teacher with key CNTT1?

Study textbooks:

- Chi Nei Tsang I, by Master Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig
- Chi Nei Tsang Microcurrent, by Master Chia & Aïsha Sieburth

Case studies: Present on arrival of the course a minimum 70 UHT Chi Nei Tsang Case Study Forms I microcurrent. 60 Can be done in a sequence of 12 x 5 sessions and 10 can be done in single sessions.

Evaluation: by Master Chia or CNT Senior Teacher

Result: Certification as CNT I Microcurrent Practitioner

Allows to work as a CNT Microcurrent Practitioner (with key ?) on students and clients.

Your profile as a CNT I Microcurrent Practitioner is added to the Universal Healing Tao CNT practitioner website. (Key ?)

Become a CNT I Microcurrent Teacher

Prerequisite:

- o Certified Universal Healing Tao Instructor with keys BA, IS1, HL
- o CNT I Practitioner, CNT II Practitioner and CNT III Practitioner.
- o Work as an active CNT I Microcurrent Practitioner for minimum 3 years.

As a CNT I Microcurrent Practitioner, apply in writing for study and training
 Assisting: Participate as an assistant in a 10-hour CNT I Microcurrent course, as taught by a CNT I Microcurrent Senior Teacher or CNT I Microcurrent Teacher with key CNTT1.

Study textbooks:

- Chi Nei Tsang I, by Master Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig
- Chi Nei Tsang Microcurrent, by Master Chia & Aïsha Sieburth

Case studies: Present on arrival of the course a minimum 140 case studies in CNT I Microcurrent.

Extra required courses:

Attend min. 21 hours Cosmic Healing Training with Master Chia or Cosmic Healing Teacher or Senior Teacher

Recommendation: It is recommended to certify as Cosmic Healing Practitioner and to become Cosmic Healing Teacher within 2-3 years after having been certified as CNT I Microcurrent Teacher.

Evaluation: by Master Chia or CNT Senior Teacher with key ST.

Result: Certification as CNT I Microcurrent Teacher allows to teach CNT I Microcurrent and have students

UHT System will send out mailing list to advertise for Teacher

If UHT System receives names/email addresses from students of Teacher

Profile of CNT I Microcurrent Teacher is added into the Universal Healing Tao Instructor Directory (CNTT1).

Become a CNT I Microcurrent Senior Teacher

Prerequisite:

- o Certified Universal Healing Tao Instructor with keys BA, IS1, HL
- o CNT I Senior Teacher, CNT II Teacher and CNT III Teacher.
- o Work as an active CNT I Microcurrent Teacher for min. 3 years.
- o Cosmic Healing I Practitioner
- o Having educated min. 6 Practitioner in level of CNT I Microcurrent as certified Practitioner

As a CNT I micro. Teacher, apply in writing for study and training

Assisting: Participate as assistant and teach in a 10-hour CNT I Microcurrent course, as taught by a CNT Senior Teacher or only Mantak Chia

Study textbooks:

- Chi Nei Tsang I, by Master Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig
- Chi Nei Tsang Microcurrent, by Master Chia & Aïsha Sieburth

Evaluation: by Master Chia or CNT Senior Teacher with key CNTST.

Result: Certification as CNT I Microcurrent Senior Teacher with key CNTST

Allows to teach CNT I Microcurrent and evaluate CNT I Microcurrent Practitioner
UHT System will send out mailing list to advertise for Senior Teacher
UHT System receives names/email addresses from students of Senior Teacher
Profile of CNT I Microcurrent Senior Teacher is added into the Universal Healing
Tao Instructor Directory.

Research Projects

To complete the CNT Branch Curriculum, it is required to participate in a CNT research project which is submitted to the UHT System.

CNT II - Chasing the Winds

Become a CNT II Trainee

Prerequisite: 28-hour group training of CNT II techniques with CNT II Senior Teacher or CNT II Teacher.

Apply in writing for study and training

CNT II Course: Attend a CNT II group course of 28 hours (your first course in CNT II).
(28h)

Teachings of CNT II - Chasing the Winds techniques including anatomy taught by a CNT II Senior Teacher or CNT II Teacher, (key CNTT1 & T2)

Study textbooks:

- Chi Nei Tsang I, by Mantak Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefina Reimig
- Chi Nei Tsang II, Chasing the Winds, by Mantak Chia

CNT II Course Curriculum (total 28h)

Theory: (6h)

- o Anatomy
- o CNT II techniques
- o Chasing the Winds,
- o Each wind according to a specific ailment with anatomy part
- o Clean intestine with herbs or hydro colonic

Practical: (18h)

- o CNT Self-massage
- o CNT II Hands on techniques
- o Exchanging CNT massage technique with different partners
- o Learn to release negative energy, to protect and cleanse yourself.

Basic training: (4h)

- o Iron Shirt I
- o Microcosmic Orbit
- o Elixir Chi Kung

Result: Allows to work as a CNT II Trainee for collecting study cases. Collect within 24-months 70 study cases. 60 Can be done in a sequence of 12 x 5 sessions and 10 can be done in single sessions.

Become a CNT II Practitioner

Prerequisite: CNT I Practitioner

As a CNT II trainee, apply in writing for study and training

CNT II course: Attend a CNT II course of 28 hours (second course in CNT II) taught by a CNT Senior Teacher or CNT II Teacher, (key CNTT1 & T2)

Study textbooks:

- Chi Nei Tsang I, by Mantak Chia

- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig
- Chi Nei Tsang II, Chasing the Winds, by Mantak Chia

Case studies: Present on arrival of the course a minimum 70 case studies in CNT II.

Extra recommended courses:

Attend a Universal Healing Tao course, that includes Inner Smile, Six Healing Sounds, Microcosmic Orbit, Healing Love and Iron Shirt Chi Kung I (extra 24h)

A Universal Healing Tao course & Elixer Chi Kung course (extra 16h)

Evaluation: by CNT II Senior Teacher or CNT II Teacher, supervised in presence by CNT II Senior Teacher

Result: Certified CNT II Practitioner

Which allows you to work as a CNT II Practitioner on students and clients

Your profile as a CNT II Practitioner is added to the Universal Healing Tao CNT Practitioner website (Key CNTP2)

Become a CNT II Teacher

Prerequisite:

- o Universal Healing Tao Instructor with keys BA, IS1, HL
- o CNT I Teacher
- o CNT II & III Practitioner
- o CH I Practitioner
- o Work as an active CNT II Practitioner for minimum 3 years

As a CNT II Practitioner apply in writing for study and training

Assisting: Participate as an assistant in a 28-hour CNT II group course

Teachings of CNT II techniques including anatomy, as taught by Master Mantak Chia or CNT II Senior Teacher. (28h)

Study textbooks:

- Chi Nei Tsang I, by Master Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig
- Chi Nei Tsang II, Chasing the Winds, by Master Chia
- Chi Nei Tsang III, Healing Harmony - Internal Muscle, Tendon, Meridian Massage, by Master Chia
- Cosmic Healing I, Cosmic Chi Kung by Mantak Chia

Case studies: Present on arrival of the course a minimum 100 case studies in CNT II.

Evaluation: by Master Mantak Chia or 2 CNT II Senior Teachers, key ST

Result: Certification as CNT II Teacher

Allows to teach CNT II and have students

UHT System will send out mailing list to advertise for Teacher

UHT System receives names/email addresses from students of CNT II Teacher

Profile of CNT II Teacher is added into the Universal Healing Tao database (Key CNTT2)

Become a CNT II Senior Teacher

Minimal prerequisite:

- o Certified Universal Healing Tao Instructor with keys BA, IS1, HL
- o CNT I, II & III Teacher
- o CH I Teacher
- o Work as an active CNT II Teacher for minimum 3 years
- o Having educated min. 6 Practitioners in level of CNT I, II or III each while you are a certified CNT I, II & III Teacher

As a CNT I, II & III Teacher, apply in writing for study and training

Assisting: Participate as assistant and teach at a CNT I, II & III group course. Teachings of CNT I, II & III techniques including anatomy, as taught by Master Mantak Chia or a CNT Senior Teacher. (77h)

Study textbooks:

- Chi Nei Tsang I, by Mantak Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig
- Chi Nei Tsang II, Chasing the Winds, by Mantak Chia
- Chi Nei Tsang III, Healing Harmony - Internal Muscle, Tendon, Meridian Massage, by Mantak Chia
- Cosmic Healing I, Cosmic Chi Kung by Mantak

Chia Evaluation: by Master Mantak Chia

*Note: this is an honorary position only, based on matching, requirements and necessities of the UHTS as a whole.

Result: Certification as CNT Senior Teacher

Allows to teach CNT and evaluate CNT I, II & III Practitioners

UHT System will send out mailing list to advertise for CNT II Senior Teacher

UHT System receives names/email addresses from students of CNT II Senior Teacher

CNT II Senior Teacher is added into the Universal Healing Instructor Directory.

(Key CNTST)

Research Projects

To complete the CNT Branch Curriculum, it is required to participate in a CNT research project which is submitted to the UHT System.

CNT III - Tok Sen - Healing Harmony -

Internal Muscle, Tendon, Meridian Massage –

Become a CNT III trainee

Prerequisite: 21-hour group training in CNT III Techniques with CNT III Senior Teacher or CNT III Teacher

Apply in writing for study and training

CNT III Course: Attend a CNT III group course of 21 hours (your first course in CNT III).
(21h)

Teachings of CNT III, Healing Harmony techniques including anatomy taught by a CNT Senior Teacher or CNT Teacher, (key CNTT1 & T3)

Study textbooks:

- Chi Nei Tsang I, by Mantak Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig
- Chi Nei Tsang III, Healing Harmony - Internal Muscle, Tendon, Meridian Massage, by Mantak Chia

CNT III Course Curriculum (total 21h)

Theory: (4h)

Anatomy

- o CNT III techniques
- o Healing Harmony
- o Intensive muscle, tendon and meridian treatments
- o Clean intestine with herbs or hydro colonic

Practical: (15h)

- o CNT III Hands on techniques
- o Exchanging CNT III massage technique with different partners
- o Learn to release negative energy, to protect and cleanse yourself.

Basic training: (4h)

- o Iron Shirt I
- o Inner Smile
- o 6 Healing Sounds

Result: Allows to work as a CNT III Trainee for collecting case studies. Collect within 24-months 30 case studies. 20 can be done in a sequence of 4 x 5 sessions and 10 can be done in single sessions.

Become a CNT III Practitioner

Prerequisite: CNT I Practitioner

As a CNT III trainee, apply in writing for study and training

CNT III course: Attend a CNT III course of 21 hours (second course in CNT III) taught by a CNT Senior Teacher or CNT Teacher, (key CNTT1 & T3)

Study textbooks:

- Chi Nei Tsang I, by Master Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig
- Chi Nei Tsang III, Healing Harmony - Internal Muscle, Tendon, Meridian Massage, by Master Chia

Case studies: Present on arrival of the course a minimum 30 UHT Chi Nei Tsang 3 Case Study Forms in CNT III.

Extra recommended courses:

Attend a Universal Healing Tao Basic course, that includes Six Healing Sounds, Inner Smile and Iron Shirt Chi Kung I (extra 24h)

A Universal Healing Tao course, that includes Microcosmic Orbit, Healing Love is recommended (extra 16h)

Evaluation: by CNT Senior Teacher or CNT III Teacher, supervised by CNT Senior Teacher

Result: Certified CNT III Practitioner

Which allows you to work as a CNT III Practitioner on students and clients

Your profile as a CNT III Practitioner is added to the Universal Healing Tao database (Key CNTP3)

Become a CNT III Teacher

Prerequisite:

- o Certified Universal Healing Tao Instructor with keys BA, IS1, HL
- o CNT I Teacher
- o CNT II Practitioner and CNT III Practitioner.
- o CH I Practitioner
- o Work as a CNT III Practitioner for minimum 3 years

Aa a CNT III Practitioner, apply in writing for study and training

Assisting: Participate as assistant in a CNT III group training of 21 hours.

Teachings of CNT III techniques including anatomy, as taught by Master Mantak Chia or a CNT Senior Teacher. (21h)

Study textbooks:

- Chi Nei Tsang I, by Mantak Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig
- Chi Nei Tsang II, Chasing the Winds, by Mantak Chia
- Chi Nei Tsang III, Healing Harmony - Internal Muscle, Tendon, Meridian Massage, by Mantak Chia
- Cosmic Healing I, Cosmic Chi Kung by Mantak Chia

Case studies: Present on arrival of the course a minimum 100 case studies in CNT III. If already CNT II Teacher case studies reduce to 50.

Evaluation: by Master Mantak Chia or 2 CNT III Senior Teacher, key ST.

Result: Certification as CNT III Teacher

Allows to teach CNT III and have students

UHT System will send out mailing list to advertise for Teacher

UHT System receives names/email addresses from students of CNT III Teacher

CNT III Teacher is added into the Universal Healing Tao Instructor Directory.

(Key CNTT3)

Become a CNT III Senior Teacher

Minimum prerequisite:

- o Certified Universal Healing Tao Instructor with keys BA, IS1, HL
- o CNT I, II & III Teacher
- o CH I Teacher
- o Work as an active CNT Teacher for minimum 3 years
- o Having educated min. 6 Practitioners in CNT III while you are a certified CNT I, II & III Teacher
- o Showed outstanding relation and cooperation ship with UHTS

As a CNT I, II & III Teacher, apply in writing for study and training

Assisting: Participate as assistant and teach at a CNT I, II & III group course. Teachings of CNT I, II & III techniques including anatomy, as taught by Master Mantak Chia or a CNT III Senior Teacher. (77h)

Study textbooks:

- Chi Nei Tsang I, by Mantak Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig
- Chi Nei Tsang II, Chasing the Winds, by Master Chia
- Chi Nei Tsang III, Healing Harmony - Internal Muscle, Tendon, Meridian Massage, by Mantak Chia
- Cosmic Healing, Cosmic Chi Kung by Mantak

Chia Evaluation: by Master Mantak Chia.

*Note: this is an honorary position only, based on matching, requirements and necessities of the UHTS as a whole.

Result: Certification as CNT Senior Teacher

Allows to teach CNT and evaluate CNT I, II & III Practitioners

UHT System will send out mailing list to advertise for CNT III Senior Teacher

UHT System receives names/email addresses from students of CNT III Senior Teacher

Profile of CNT III Senior Teacher is added into the Universal Healing Tao Instructor Directory.

(Key CNTST)

Research Projects

To complete the CNT Branch Curriculum, it is required to participate in a CNT research project, which is submitted to the UHT System

CNT IV – Karsai Nei Tsang

Become a CNT IV Trainee

Prerequisite: 21 hour group training of CNT IV Techniques with CNT IV Senior Teacher or CNT IV Teacher.

Apply in writing for study and training

CNT IV Course: Attend a CNT IV group course of 21 hours (your first course in CNT IV).
(21h)

Teachings of CNT IV, Karsai Nei Tsang techniques including anatomy taught by a CNT Senior Teacher or CNT Teacher, (key CNTT1 & T4)

Study textbooks:

- Chi Nei Tsang I, by Master Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig
- Chi Nei Tsang IV, Karsai Nei Tsang, Genital Therapeutic Massage by Master Chia

CNT IV Course Curriculum (total 21h)

Theory: (4h)

- o Anatomy
- o CNT IV techniques
- o Karsai Nei Tsang
- o Genital, therapeutic massage techniques
- o Clean intestine with herbs or hydro colonic

Practical: (13h)

- o CNT IV Hands on techniques
- o Exchanging CNT IV massage technique with different partners
- o Learn to release negative energy, to protect and cleanse yourself.

Basic training: (4h)

- o Iron Shirt I
- o Inner Smile
- o 6 Healing Sounds

Result: Allows to work as a CNT IV Trainee for collecting case studies. Collect within 24-months 30 study cases. 20 Can be done in a sequence of 4 x 5 sessions and 10 can be done in single sessions.

Become a CNT IV Practitioner

Prerequisite: CNT I Practitioner

As a CNT IV Trainee, apply in writing for study and training

CNT IV course: Attend a CNT IV course of 21 hours (second course in CNT IV) taught by a CNT Senior Teacher or CNT Teacher, key CNTT1 & T4.

Study textbooks:

- Chi Nei Tsang I, by Master Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig
- Chi Nei Tsang IV, Karsai Nei Tsang, Genital Therapeutic Massage by Master Chia

Case studies: Present on arrival of the course a minimum of 30 case studies in CNT IV.

Extra recommended courses:

Attend a Universal Healing Tao Basic course, that includes Six Healing Sounds, Inner Smile and Iron Shirt Chi Kung I. (extra 24h)

A Universal Healing Tao course, that includes Microcosmic Orbit and Healing Love is recommended. (extra 16h)

Evaluation: by CNT IV Senior Teacher or CNT IV Teacher, supervised in presence by CNT IV Senior Teacher

Result: Certified CNT IV Practitioner

Which allows you to work as a CNT IV Practitioner on students and clients.

Your profile as a CNT IV Practitioner is added to the Universal Healing Tao Instructor Directory. (Key CNTP4)

Become a CNT IV Teacher

Prerequisite:

- o Certified Universal Healing Tao Instructor with keys BA, IS1, HL
- o CNT I Teacher
- o CNT II Practitioner and CNT III Practitioner
- o CH I Practitioner
- o Work as an active CNT IV Practitioner for minimum 3 years.

As a CNT IV Practitioner apply in writing for study and training

Assisting: Assist a CNT IV group course of 21 hours.

(21h)

Teachings of CNT IV techniques including anatomy as taught by Mantak Chia or a CNT IV Senior Teacher, key CNTST & T4

Study textbooks:

- Chi Nei Tsang I, by Master Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig
- Chi Nei Tsang II, Chasing the Winds, by Master Chia
- Chi Nei Tsang III, Healing Harmony - Internal Muscle, Tendon, Meridian Massage, by Master Chia
- Cosmic Healing I, Cosmic Chi Kung by Mantak Chia
- Chi Nei Tsang IV, Karsai Nei Tsang, Genital Therapeutic Massage by Master Chia

Case studies: Present on arrival of the course a minimum of 100 case studies in CNT IV. If already CNT II Teacher case studies reduced to 50.

Evaluation: by Master Mantak Chia or 2 CNT Senior Teachers, key ST & T4.

Result: Certification as a CNT IV Teacher

Allows to teach CNT IV and have students

UHT System will send out mailing list to advertise for Teacher

If UHT System receives names/email addresses from students of Teacher

Profile of CNT IV Teacher is added into the Universal Healing Tao Instructor Directory.

(Key CNTT4)

Become a CNT IV Senior Teacher

Minimum prerequisite:

- o Certified Universal Healing Tao Instructor with keys BA, IS1, HL
- o CNT Senior Teacher
- o CH I Teacher
- o Work as an active CNT IV Teacher for minimum 3 years
- o Having educated min. 6 Practitioner in level of CNT IV while you are a certified CNT IV Teacher
- o Showed outstanding relation and cooperation ship with UHTS

As a CNT IV Teacher, apply in writing for study and training

Assisting: Participate as assistant and teach at a 21-hour CNT IV group course. Teachings of CNT IV techniques including anatomy, as taught by Master Mantak Chia or a CNT Senior Teacher, key ST & T4 (21h)

Study textbooks:

- Chi Nei Tsang I, by Master Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig
- Chi Nei Tsang II, Chasing the Winds, by Master Chia
- Chi Nei Tsang III, Healing Harmony - Internal Muscle, Tendon, Meridian Massage, by Master Chia
- by Master Chia
- Cosmic Healing I, Cosmic Chi Kung by Mantak Chia
- Chi Nei Tsang IV, Karsai Nei Tsang, Genital Therapeutic Massage

Evaluation: by Master Chia or 2 CNT IV Senior Teacher.

*Note: this is an honorary position only, based on matching, requirements and necessities of the UHTS as a whole.

Result: Certification as CNT IV Senior Teacher

Allows to evaluate CNT IV Practitioners

UHT System will send out mailing list to advertise for Senior Teacher

UHT System receives names/email addresses from students of Senior Teacher

Profile of CNT Senior Teacher is added into the Universal Healing Tao Instructor Database.

(Key CNTST4)

Research Projects

To complete the CNT Branch Curriculum, it is required to participate in a CNT research project which is submitted to the UHT System.

CNT V – Life Pulse

Become a CNT V trainee

Prerequisite: 21-hour group training of CNT I Techniques with CNT V Senior Teacher or CNT V Teacher

Apply in writing for study and training

CNT V Course: Attend a CNT V group course of 21 hours (your first course in CNT V).
(21h)

Teachings of CNT V, Life Pulse techniques including anatomy taught by a CNT V Senior Teacher or CNT V Teacher, key CNTT1 & T5.

Study textbooks:

- Chi Nei Tsang I, by Master Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig
- Chi Nei Tsang V, Life Pulse Massage by Master Chia / Aisha Sieburth

CNT V Course Curriculum (total 21h)

Theory: (4h)

- o Anatomy
- o CNT V techniques
- o Life Pulses
- o Life pulse techniques
- o Clean intestine with herbs or hydro colonic

Practical: (13h)

- o CNT V Hands on techniques
- o Exchanging CNT I massage technique with different partners
- o Learn to release negative energy, to protect and cleanse yourself.

Basic training: (4h)

- o Iron Shirt I
- o Inner Smile
- o 6 Healing Sounds

Result: Allows to work as a CNT V Trainee for collecting case studies. Collect within 24-months 30 study cases. 20 can be done in a sequence of 4 x 5 sessions and 10 can be done in single sessions.

Become a CNT V Practitioner

Prerequisite: CNT I Practitioner

As a CNT V trainee, apply in writing for study and training

CNT V course: Attend a CNT V course of 21 hours (second course in CNT V) taught by a CNT Senior Teacher or CNT Teacher, key T1 & T5.

Study textbooks:

- Chi Nei Tsang I, by Master Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig
- Chi Nei Tsang V, Life Pulse Massage by Master Chia / Aisha Sieburth

Case studies: Present on arrival of the course a minimum 30 case studies in CNT V.

Extra recommended courses:

Attend a Universal Healing Tao Basic course, that includes Six Healing Sounds, Inner Smile and Iron Shirt Chi Kung I. (extra 24h)

A Universal Healing Tao course, that includes Microcosmic Orbit, Healing Love is recommended. (extra 16h)

Evaluation: by CNT Senior Teacher or CNT V Teacher, supervised by CNT Senior Teacher

Result: Certified CNT V Practitioner

Which allows you to work as a CNT V Practitioner on students and clients.

Your profile as a CNT V Practitioner is added to the Universal Healing Tao database
(Key CNTP5)

Become a CNT V Teacher

Prerequisite:

- o Certified Universal Healing Tao Instructor with keys BA, IS1, HL
- o CNT I Teacher, CNT II Teacher and CNT III Teacher
- o CH I Teacher
- o Work as an active CNT V Practitioner for minimum 3 years

As a CNT V Practitioner, apply in writing for study and training

Assisting: Participate as assistant at a 21-hour CNT V group course.

Teachings of CNT V techniques including anatomy taught by a CNT Senior Teacher.
(21h)

Study textbooks:

- Chi Nei Tsang I, by Master Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig
- Chi Nei Tsang II, Chasing the Winds, by Master Chia
- Chi Nei Tsang III, Healing Harmony - Internal Muscle, Tendon, Meridian Massage, by Master Chia
- Cosmic Healing I, Cosmic Chi Kung by Mantak Chia
- Chi Nei Tsang V, Life Pulse Massage by Master Chia / Aisha Sieburth

Case studies: Present on arrival of the course a minimum of 140 case studies in CNT V. If already CNT II Teacher case studies reduced to 50.

Evaluation: by Master Chia or 2 CNT V Senior Teachers, key ST & T5.

Result: Certification as CNT V Teacher

Allows to teach CNT V and have students.

UHT System will send out mailing list to advertise for CNT V Teacher.

UHT System receives names/email addresses from students of CNT V Teacher.

Profile of CNT Teacher is added into the Universal Healing Tao Instructor Directory.

(Key CNTT5)

Become a CNT V Senior Teacher

Minimal prerequisite:

- o Certified Universal Healing Tao Instructor with keys BA, IS1, HL
- o CNT Senior Teacher
- o CH I Teacher
- o Work as an active CNT V Teacher for minimum 3 years
- o Having educated min. 6 practitioners in level of CNT V while you are a certified CNT V Teacher
- o Showed outstanding relation and cooperation ship with UHTS

As a CNT V Teacher, apply in writing for study and training

Assisting: Participate as assistant and teach at a 21-hour CNT V group course. Teachings of CNT V techniques including anatomy, as taught by Master Mantak Chia or a CNT Senior Teacher, key CNTST & T5. (21h)

Study textbooks:

- Chi Nei Tsang I, by Master Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig
- Chi Nei Tsang II, Chasing the Winds, by Master Chia
- Chi Nei Tsang III, Healing Harmony - Internal Muscle, Tendon, Meridian Massage, by Master Chia
- Cosmic Healing I, Cosmic Chi Kung by Mantak Chia
- Chi Nei Tsang V, Life Pulse Massage by Master Chia / Aisha Sieburth Evaluation: by Master Mantak Chia.

Evaluation: by Master Chia

*Note: this is an honorary position only, based on matching, requirements and necessities of the UHTS as a whole.

Result: Certification as CNT V Senior Teacher

Allows to evaluate CNT V Practitioners

UHT System will send out mailing list to advertise for Senior Teacher

UHT System receives names/email addresses from students of Senior Teacher

Profile of CNT Senior Teacher is added into the Universal Healing Tao Instructor Directory.

(Key CNTST5)

Research Projects

To complete the CNT Branch Curriculum, it is required to participate in a CNT research project which is submitted to the UHT System