Title of Unit: Suicide Prevention

Approximate Time: 70 minutes per week, one trimester

Unit Overview:

The goal of this unit is to teach students how to recognize when someone is at potential risk of suicide (including themselves), understand how to respond, and know how/where to access help.

Essential Questions:

How can I take responsibility for my physical and emotional health and wellbeing?

What do I need to know to support the physical and emotional wellbeing of others?

Learning Objectives:

- Understand relevant facts about suicide, including warning signs
- Identify how to recognize the threat of suicidal thoughts and behavior and to take troubled peers seriously
- Understand how to respond to troubled peers
- Identify resources and understand how they will respond