

Adult + Pediatric CPR / First Ad with Naloxone Administration

## **Contact Information**

Company Name: REANIMATOR
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# **Company Overview**

 "Designed around Sewing, Cycling, and Wilderness Medicine, our curriculum teaches practical survival skills for living with ourselves and each other – in the face of an uncertain future.

## Founders/Leadership Team

Enoch Cincotta:

Owner and Director – Wilderness EMT / Red Cross CPR/AED Instructor

### **Benefits**

- Small class sizes (6 participants max)
- Sliding scale pricing: \$100 \$150 per participant. Group rates available.
- Hybrid Class Format: Participants engage with the self paced online learning component (2 hours) and then meet for a physical skills session (4 hours).
- Relevant information for mass casualty incidents and mutual aid
- Participants will leave with Naloxone for personal first aid kits
- Develop awareness and practice life saving skills and on mannequins that represent our diverse population

### **Course Overview:**

In our Adult & Pediatric CPR class, you'll learn essential life-saving skills for both children and adults. We'll cover CPR, AED use, and how to administer Epinephrine and Naloxone in a life threatening emergency.

- Recognize the signs of cardiac arrest in adults, children, and infants.
- Practice delivering effective chest compressions and rescue breathing.
- Learn to operate an Automated External Defibrillator (AED) to restore a heartbeat.
- Develop the skills to assist in choking emergencies.
- Recognize an opioid overdose and learn how to intervene.
- Administer naloxone (Narcan) using nasal spray or injection.
- Administer epinephrine (Epi-Pen) using an autoinjector.
- Understand and practice harm reduction and community care in an overdose response.
- Learn about Good Samaritan laws that protect those who help.
- Each participant will leave with 2, 3mg or 4mg noloxone doses, and a CPR face shield.

### **Intended Audience:**

- Neighbors, activists, and volunteers
- Parents, teachers, youth leaders, and childcare providers
- Coaches, outdoor educators, and organizers
- People working in harm reduction, mutual aid, and social service spaces

#### **Course Format:**

- **Duration:** 6 hours total 2 hours self paced online component, and a 4 hour skills session.
- Hands-on practice with CPR mannequins, AED trainers, Epinephrine and naloxone trainers.
- Our small class size prioritizes the learning material. We want you to ask questions and feel confident and competent after the class.
- Participants will receive Red Cross certifications in Adult & Pediatric CPR/AED and Naloxone Administration. This certificate is valid for two years.

### What to Bring:

- Comfortable clothes for hands-on activities
- Snacks / Lunch encouraged.
- Open mind, willingness to practice, and readiness to act

### Sign Up:

#### Send Enoch an email!