

## **Isenhour: Connecting Eyes, Heart, Hand: Inside-Outside**

Bluebird Studios, LLC

Santa Fe, NM

September 17-20, 2025

Instructor: Natasha Isenhour 505.681.5780 natashaisenhour@gmail.com

### **MATERIALS LISTS**

Everyone will have a table, chair and an easel for the indoor painting sessions.

#### **PASTELISTS-**

Suggested materials:

1. Bring a wide array of value, color and hardness as well as a few pastel pencils. There is a set of Natasha Isenhour Essential Alchemy 60 pastels available at [www.TerryLudwig.com](http://www.TerryLudwig.com) certainly not required but a suggestion to fill out your colors. I hand curated this set.
2. Your preferred pastel surface. You will need 6 surfaces in 11x14 or 12x16. I personally prefer a sanded surface. I use Pastel Premier Italian Clay. PLEASE DON'T BRING WHITE, IVORY or BLACK. There is a method to my madness.
3. A substrate for mounting your pastel paper. Foamcore or Hardboard (Richeson or Ampersand) that is at least 1-2 inches larger than your paper all the way around. BRING 3 OF THESE (if you get 1 hardboard, also get 2 pieces of foamcore) in order to have 2 clean boards to sandwich your pastel paintings in to transport home.
4. Tape, scissors and a tracing paper pad in a size large enough to cover your paper.

#### **OIL/ACRYLIC PAINTERS-**

Suggested materials:

1. M. Graham Walnut Alkyd
2. A good selection of your oil paints.
3. Brushes. A variety is best. I have a "Natasha Isenhour Set" of Rosemary brushes that can be purchased at [www.windriverarts.com](http://www.windriverarts.com) very reasonably priced and an opportunity to explore different bristles and sizes from this great, affordable brand.
4. 6 of your favorite surfaces. 11x14 or 12x16 are suggested
5. Pizza boxes or a carrier to get the wet paintings home.
6. Gamsol odorless spirits (if you are flying, LET ME KNOW IN ADVANCE IF YOU NEED ME TO BRING SOLVENT FOR YOU)

#### **WATERCOLORISTS-**

Suggested Materials

1. A variety of your favorite colors
2. Your brushes
3. Your favorite surface and a board to mount it on.

**EVERYONE** : If you plan to plein air paint, you will need to bring your own plein air pochade box to move outside.

1. Containers for water, spirits, etc
2. A Pastel or charcoal pencil. A Primo white and a Primo black charcoal pencil is ideal.
3. A T-square or ruler.
4. Tape and scissors if applicable

5. A roll of paper towels
6. Wet wipes if you use them
7. **A NOTEBOOK!** Don't risk forgetting a pearl of wisdom! I suggest for ALL students in my workshops to begin a dedicated art notebook to take class notes, sketches etc.

#### **IPad or Tablet**

BEFORE the workshop, please download the FREE Photoshop Express App from the App Store or any similar app that allows you to edit photos by **proportion**. I use an app routinely to crop images and as a tool to decide my compositions. While this isn't necessary, it is recommended. Please do this ahead of time if you would like to walk through my tips and tricks. If you DO NOT have a tablet to work from, please let me know in advance. I will bring color copies for you. Just note that for composition, value and temperature, your device and your app can be your friend! Please don't count on working off your phone, the screen is too small.

Bring an open mind, open heart and a great sense of artistic adventure!