

Frequently Asked Questions!



proudly representing New Trier since 2002

Varsity Head Coach: Andrew Juedes

Assistant Coaches: Bob Amoruso, Mark Hines, Matt Booden

24th in State (2017-2018)

18th in State (2019-2020)

10th in State (2020-2021)*



*unofficial State Tournament due to Covid-19

Boys Bowling – FAQs

Do I need experience?

No. Absolutely not. We generally work with bowlers who have experience bowling at birthday parties, family events, bar mitzvahs, and with friends. We are proud to say, within a couple of years, we are able to train you to compete with some of the top bowlers in the state.

Who are the coaches? How do I contact them?

Varsity Head Coach: Andrew Juedes (juedesa@nthsh.net)

Junior Varsity Coach: Mark Hines (hinesm@nthsh.net)

Bowling Specialist and Coach: Bob Amoruso (amoruso@nthsh.net)

Assistant Coach: Matt Booden (boodenm@nthsh.net)

Is Bowling a sport?

Yes! Boys Bowling is an IHSA sanctioned sport. We are not a club, we are a TEAM. There are over 260 competing teams in the state of Illinois, and we are a part of the Central Suburban League conference just like other sports teams at New Trier.

What is expected of me as a member of an IHSA team?

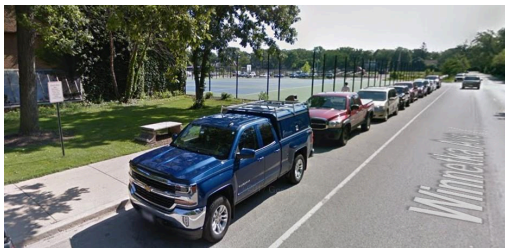
If you make the team, the expectation is that you commit to practices, matches, tournaments and other team events for the entire season. If you have other extracurricular events that require you to miss events, we ask that you make your choice prior to the season.

Do I need to register to participate on the New Trier Boys Bowling Team?

You MUST register prior to tryouts! Register is online. Registration requires an updated physical on file with the school. Please, get it done ASAP! Registration Link: [Bowling Registration](#)

Where does the team bowl?

Our home lanes or “house” is Classic Bowl.
Classic Bowl is located at 8530 Waukegan Rd in Morton Grove.



Where do Sophomores, Juniors & Seniors catch the Bowling Shuttle to get to Classic Bowl?

The **Winnetka Bowling Shuttle** leaves the Winnetka Campus at 3:45pm each day on its way to Classic Bowl. It leaves from this spot, located just south of the tennis courts->

****Upperclassmen will be there to direct you**

Location of the Winnetka Bowling Shuttle---hang by the bench!

Note: Freshmen take a different shuttle-see below

Where do Freshmen catch the shuttle to get to Classic Bowl?

The **Freshmen Bowling Shuttle** (white mini bus) leaves the Northfield Campus at 3:25pm each day on its way to Classic Bowl. It meets right outside of the Cornog Auditorium (E-Building). Be sure to ask the driver if you're not sure you're on the right bus! Freshmen will return after practice on a single bus with the upperclassmen.



What days are Bowling Tryouts this year?

October 23-26th, 2023

Tryouts are always scheduled for the first 4 days of the season.

Everyone attends each day.

Do I need to buy a ball, bag and shoes before tryouts?

No. We actually discourage bowlers from buying bowling balls prior to tryouts. Once you're ready to purchase your own ball, we will provide you with all the information you need! Bowlers are welcome to purchase comfortable bowling shoes at any time! If your family is in need of financial assistance, please speak to Coach Juedes privately and we will do what we can to assist you. We do not want that to be the reason you can't join us on the lanes!

What are the expected costs in joining the team?

Due to the fact that most bowlers are new to the sport, there are several initial costs. For new bowlers, they will need to purchase a ball, bag and shoes (packages are around \$200). Each bowler will also purchase their uniform: team jersey (\$45), practice shirt (\$40), and team jacket (\$95). Bowlers also wear gray pants (can be purchased at Old Navy). New bowlers also purchase an equipment kit (\$75). Total estimated cost for new bowlers is \$445. Please note these costs are estimates and may fluctuate.

Where do I store my equipment once I've got it?

We highly recommend that you rent a locker at Classic Bowl. There is a small annual fee (\$25).

Can I drive to practice/matches?

You can drive to practice, in addition to **home** matches at Classic with prior approval from Coach Juedes.

Transportation is not provided from Classic Bowl after **home** matches.

For travel to **away** matches, bowlers must use the provided transportation to and from matches, unless alternate transportation is arranged and cleared with Coach Juedes.

How do we communicate with coaches/players?

In season, bowlers will be signed up to use the app Remind to communicate with the coaches. Bowlers communicate with one another using the app GroupMe, which is run by the team captains. Prior to and during the season, coaches can be contacted using the emails listed above. Attendance at all practices and matches is mandatory. Practices typically run between 1.5-2 hours Monday through Thursday. Bowlers must communicate DIRECTLY with coaches if they will be absent.

Do I get a Kinetic Wellness Waiver?

Kinetic Wellness waivers are eligible for juniors and seniors during the season. However, we strongly encourage our bowlers to enroll in strength and conditioning courses during the school year (and summer). We prefer our bowlers are continuously working to improve their overall health.

What are the expectations for parents?

We strongly support parental involvement. Watching matches is a great way to better understand the sport your son is pursuing. Plus, they are a fascinating dive into a whole new sports culture.

What is the best way to get information about New Trier Boys Bowling?

The New Trier boys bowling website has up-to-date information ([NT Boys Bowling](#)) including our schedule, team handbook, registration information, team merchandise, leaderboard, lane locations, and more.