



Key References:

James 1:14–15 (ESV) – But each person is tempted when he is lured and enticed by his own desire. ¹⁵ Then desire when it has conceived gives birth to sin, and sin when it is fully grown brings forth death.

1 Corinthians 6:17–20 (ESV) – But he who is joined to the Lord becomes one spirit with him. ¹⁸ Flee from sexual immorality. Every other sin a person commits is outside the body, but the sexually immoral person sins against his own body. ¹⁹ Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, ²⁰ for you were bought with a price. So glorify God in your body.

James 5:16 (ESV) – Therefore, confess your sins to one another and pray for one another, that you may be healed.

1 Thessalonians 4:3–4 (ESV) – For this is the will of God, your sanctification: that you abstain from sexual immorality; ⁴ that each one of you know how to control his own body in holiness and honor,

Ezekiel 36:26–27 (ESV) – And I will give you a new heart, and a new spirit I will put within you. And I will remove the heart of stone from your flesh and give you a heart of flesh. ²⁷ And I will put my Spirit within you, and cause you to walk in my statutes and be careful to obey my rules.

Upcoming weeks: #2 - Gender
 #3 - Singleness & Marriage
 #4 - The Church, The Gospel & LGBTQ people

1 - OUR SEXUAL INJURIES

With self-reflection, what biases are you bringing into this series?

Sin we are born with; sin that happens to us; sin we commit; the doctrine of our culture; and the spiritual-realm. **How do these five things work together to propagate sexual injuries?**

Were you surprised to see how much sex has changed over the last 60 years in the sexual revolution? (slide on next page) Should we be surprised that culture now thinks the Christian sexual ethic is crazy?

2 - IMMORALITY & THE CHURCH

What kinds of sexual sins are easily brushed over at church? How should the statistics on Christian pornography use challenge us?

Were there any moments in Andy's testimony that stood out to you?

Andy said that "sexual immorality" is mentioned 43 times in the New Testament, 7 by Jesus. **Why is this a big subject in the New Testament?** Read James 1:14–15 in your answer.

3 - WHAT'S THE HARM?

Read 1 Corinthians 6:13–20. **When a Christian finds themselves in sexual sin what harms occur? Why is it a place of spiritual conflict?**

Read Hebrews 12:1. **How does sexual sin steal our spiritual authority?**

4 - WALKING THE LIGHT

Why must we frankly examine our sexual injuries & patterns of sin?

Read 1 John 1:7-9 & James 5:16. **What are the two types of confession found in the New Testament and how are they different? Why does talking about our sin with others open up opportunities for healing?**

1 Thessalonians 4:3-4. **How can we take back control of our bodies?**

Read Mark 7:21, Psalm 51:10–12 & Ezekiel 36:26–27. **How can we pursue new hearts and new affections to replace broken ones?**

Propagation of Sexual Injuries

- ***The things we are born with***
are shaped by the
- ***Things that happen to us***
which spread into the
- ***Things we do***
which are amplified by the
- ***Doctrine of our culture***
which is all pushed along by the
- ***Spirit of this world***

60yrs of Sexual Revolution

- | | |
|-----------------------------------|---------------------------------|
| ▪ Normalized promiscuity | Separated sex:
from marriage |
| ▪ Birth control & abortion rights | from pro-creation |
| ▪ No-fault divorce | from life-long fidelity |
| ▪ Hookup culture | from romance |
| ▪ LGBTQ+ Revolution | from male-female binary |
| ▪ Transgenderism | from biological gender |
| ▪ Polyamory | from two people |
| ▪ Pornography | from reality |

Christians & Pornography (2016)

- 64% of Christian men view pornography at least monthly
 - Climbs to 79% for men 18-30
- 15% of Christian women
 - Climbs to 33% for women under 25
- Half of young adults say they come across porn at least once a week—even when they aren't seeking it out.

Finding Lasting Repentance

- ***Examine your injuries & sin*** - Micah 7:18–19
- ***Remember; God loves to restore*** - Micah 7:18–19
- ***Confess to God & man*** - 1 John 1:8–2:2, James 5:2
- ***Take real control*** - 1 Thessalonians 4:3–4
- ***Seek new affections*** - Psalm 51:10–12, Ezekiel 36:26–27
- ***Walk with the Spirit*** - Galatians 5:16–17