

Individual Volleyball Honors

Athletes Name	Year	Honors
Gianna Bogan	2023	All-League
Addy Scheitlin	2023	All-League
Mackenzie Murphy	2023	All-League
Maddie Papia	2023	Optimist All-Star Team
	2022	All-League
Cassidy Guevara	2022	All-League
		Optimist All-Star Team
Avery Gottschalk	2022	All-League
		Optimist All-Star Team
Alexa Watts	2022	Optimist All-Star Team
Olivia Erlandsen	2022	Optimist All-Star Team
Delaney Sparks	2021	All-League
		Optimist All-Star Team
Georgia Remmers	2021	Optimist All-Star Team
Kennedy Crane	2018	All-League
	2019	All-League
		All-Metro First Team
		Cal Hi Sports -
		Junior 1st team All-State
	2020	All-League MVP
		MaxPrep/AVCA State Player of the Week 4/19-25
		RHS Hall of Fame
Lulu Leppek	2018	All-League
	2019	All-League
		All-Metro Honorable Mention
	2020	All-League
		RHS Hall of Fame
Allison Mick	2019	All-Metro Honorable Mention
	2020	All-League
Ivana Erlandsen	2019	All-League
		Optimist All-Star Team
		All-Metro Second Team
		Cal Hi Sports -
		Senior 3rd team All-State
Gracie Adams	2019	Optimist All-Star Team
		All-Metro Honorable Mention

Raquel Castro	2018	All-League Optimist All-Star Team RHS Hall of Fame
Taylor Melchiori	2018	Optimist All-Star Team
Morgan Spears	2017 2018	All-League Optimist All-Star Team
Andreia Keane	2017	All-League Optimist All-Star Team
Lindsey Rawe	2017	Optimist All-Star Team
Morgan Farrell	2016	All-League Optimist All-Star Team RHS Hall of Fame
Abby Nash	2016	All-League Optimist All-Star Team RHS Hall of Fame
Maddie Adams	2016	All-League Optimist All-Star Team
Kaylin Smith	2015	All-League Optimist All-Star Team
Megan McBroome	2014 2015	All-League All-Metro Second Team Sacramento All-City Award All-League RHS Hall of Fame
Julianne Miller	2014 2015	All-League All-Metro Second Team All-League Optimist All-Star Team RHS Hall of Fame
Maddie Haynes	2013 2014	All-League All-Metro Second Team All-League MVP All-Metro First Team Sacramento All-City Award

	2015	All-League MVP Optimist All-Star Team RHS Hall of Fame
Sierra Dierksen	2014	All-League Optimist All-Star Team
Megan Richwine	2013	All-League Optimist All-Star Team RHS Hall of Fame
Kate Mitchell	2012 2013	All-League All-League Optimist All-Star Team RHS Hall of Fame
Bethany Mandon	2012 2013	All-League All-League MVP All-Metro First Team Sacramento All-City Award Max Prep All-State First Team DII Optimist All-Star Team RHS Hall of Fame
Jolie Meade	2012 2013	All-League All-League All-Metro Second Team Sacramento All-City Award Optimist All-Star Team RHS Hall of Fame
Shelby Sanders	2012	All-League
Shannon Garvella	2012	Dale Lackey Scholarship
Sierra Ueltzen	2011	All-League
Erin Davis	2011	All-League
Sara Sheehy	2011	All-League
Cailyn Prewitt	2010 2011	All-League All-Metro Second Team All-League All-Metro Second Team Sacramento All-City Award

		Optimist All-Star Team RHS Hall of Fame
Katelyn Ivy	2009	All-League
	2010	All-League All-Metro First Team Sacramento All-City Award
	2011	All-League MVP All-Metro First Team Sacramento All-City Award Optimist All-Star Team RHS Hall of Fame
Lauren Orozco	2009	All-League MVP All-Metro Honorable Mention
	2010	All-League MVP All-Metro First Team Optimist All Star Team Max Preps All-State First Team RHS Female Athlete of the Year RHS Hall of Fame
Olivia Lane	2010	All-League All-Metro Second Team Optimist All-Star Team RHS Hall of Fame
Jill Wirt	2010	All-League All-Metro Second Team Optimist All-Star Team
Corissa Santos	2009	All-League All-Metro First Team
Morgan Smith	2009	All-League RHS Female Athlete of the Year RHS Hall of Fame
Breana Velasquez	2008	All-League
Lori Yokomizo	2008	All-League
Hannah Anderson	2008	All-League

		All-Metro Honorable Mention RHS Hall of Fame
Janelle Currey	2007 2008	All-League All-League - MVP All-Metro First Team Optimist All-Star Team RHS Hall of Fame
Kelsey Elston	2005 2006 2008	All-League All-League All-Metro Honorable Mention All-League All-Metro Honorable Mention Optimist All-Star Team RHS Hall of Fame
Alex Diemer	2006 2007	All-League All-Metro Honorable Mention All-League - MVP All-Metro First Team Optimist All-Star Team – MVP RHS Female Athlete of the Year RHS Hall of Fame
Shannon Wilson	2007	All-League All-Metro Second Team Optimist All-Star Team RHS Hall of Fame
Macie Kukrall	2006	All-League
Emma Burns	2006	All-League
Annelise Miller	2004 2005	All-League All-League Optimist All-Star Team RHS Female Athlete of the Year RHS Hall of Fame
Kaira Etrata	2004 2005	All-League All-League Optimist All-Star Team

Sarah Magnussen	2004	All-League Optimist All-Star Team RHS Hall of Fame
Allison Hiett	2003	All-League
Trina Turturici	2003	All-League
Kelli Costello	2001 2002	All-League All-League MVP All-Metro Second Team Optimist All-Star Team RHS Hall of Fame
Adriana Miller	2001 2000	All-League All-League Optimist All-Star Team RHS Hall of Fame
Morgan Clanton	2002	All-League RHS Hall of Fame
Lindsey Baker	2002	All-League
Geneva Lynn	2000 2001	All-League All-League CIF Sportsmanship Award Optimist All-Star Team RHS Female Athlete of the Year RHS Hall of Fame
Melissa Norris	1999	All-League Optimist All-Star Team RHS Hall of Fame
Kate Costello	1999	All-League CIF Sportsmanship Award RHS Hall of Fame