Writing Across the Curriculum Program

APPALACHIAN STATE UNIVERSITY®

# Writing About Recreation Management and Physical Education

## I. General Purpose and Audience

Writing in the fields of Recreation Management and Physical Education requires extremely clear and concise language. The purposes of writing in this field are often to share data collected, inform about an issue, or document an approach. **Audiences** for this field include student peers, faculty, field scholars, medical and allied health professionals, and exercise practitioners.

Formerly part of Health, Leisure and Exercise Science (HLES), Recreation Management and Physical Education (RMPE) became a separate entity in Fall 2014.

- Physical Education prepares students to be effective instructional leaders in K-12 physical education programs
- Recreation Management prepares students to manage natural and cultural recreation resources in order to enhance the leisure experience

## II. Types of Writing

- Research Papers (formulate hypotheses and reach conclusions based on the appropriate literature)
- Literature Review (with introduction, body, summary, and references/citations)
- Books
- Journal Articles
- Dissertations
- Reviews
- Abstracts
- Grant Proposals
- Technical Reports
- Conference Presentations
- Journals and reflective writing

## III. Types of Evidence

- Data Collection procedures
- Data smoothing
- Experimental model
- Data Calculations
- Data Analysis
- Quantitative and qualitative research

## IV. Writing Conventions

- Most publishers prefer active voice, not passive
- First person is preferred over third person
- Writing should be clear and concise
- Report format is often used (Abstract/ Introduction/ Methodology/ Results/ Discussion/ References)

## V. Vocabulary/ Jargon/ Terms

- SOAP (Subjective, Objective, Assessment, Plan): form of Medical Documentation
- Charting: refers to a group of different ways that medical notes can be documented

## VI. Citation Style

APA (American Psychological Association)

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**Sources consulted**

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How to write a scientific paper in the exercise sciences. Pepperdine University. Retrieved from http://faculty.pepperdine.edu/mfeltner/Classes/Paper/index.html

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