

Sue Morter - Body Awake V

Product Description

Injuries, stresses and impairments can shift and slow the flow of energy as it travels through the body. Bugged energy systems stagnate cellular recovery and rejuvenation. Healing happens when energy regains its natural flow.

Here, Dr. Sue teaches you to move energy in and throughout the body, with specific techniques to re-pattern the subtle energy fields for healing.

In this video program, study specific practices for resolving pain patterns (from injury or unknown onset) and learn to translate these techniques and apply them to other healing needs specific to you.