

COMMUNITY RESOURCE LIST

For Support at Keefe Tech

• If you are concerned about your safety or well-being (or the safety and well-being of others), it is important to notify your school counselor or another adult in the building (teachers, administrators, or support staff). Other important contact information is provided below:

•	Sarah Aronson – School Psychologist	room 300A	x122
•	Ramon Colon - School Psychologist	room 300B	X316
•	Julia Fairclough - School Adjustment Counselor	room 301A	x369

Emergency Services and Crisis Hotlines - 24/7 support

- Advocates Psychological Emergency Services (PES) 800-640-5432 If you are experiencing a mental health or emotional crisis, call to speak to an Advocates crisis clinician.
- National Suicide Prevention Lifeline 800-273-8255 Free and confidential support for people in crisis
- Samariteens Suicide Helpline 877.870.4673 samaritanshope.org Call, text, or chat support
- Hopeline Crisis/Suicide Hotline 800.784.2433 imalive.org Call or online chat support.
- Your Life Your Voice 800.448.3000 your lifeyour voice.org Call, text, chat, email, and mobile app
- Trevor Project LGBTQ Support 866-488-7386 thetrevorproject.org Call, text, or chat support
- National Domestic Violence Hotline 800.779.7233 thehotline.org Call and or online chat support

Wayside Outpatient Counseling	waysideyouth.org	508.630.5907
Advocates Community Counseling	advocates.org	508.661.2020
* Advocates also offers a walk-in center for	those looking for immediate help with m	nental health services
at 1094 Worcester Road, Framingham; hour	s between 8 a.m. and 8 p.m. *	
SMOC Behavioral Health	smoc.org	508.879.2250
Jeff's Place Children's Bereavement Center	jeffsplacemetrowest.org	508.879.2800
Genesis Counseling - Substance Abuse	genesiscounselingservices.org	508.620.2992
INTERFACE Referral Services	interface.williamjames.edu	888.244.6843

Local Hospitals					
o MetroWest Medical Center (Framingham)	508.383.1000				
o Edward M. Kennedy Community Health Center (Framingham)	508.270.5700				
Sexual & Reproductive Health - Planned Parenthood (Marlborough)	800.258.4448				
Women's Protective Services - Voices Against Violence (Framingham)	508.820.0834				

Websites

•	National Institute of Mental Health	<u>nimh.nih.gov</u>
•	Mental Health Resources*	mentalhealth.gov
•	Boston Alliance of Gay, Lesbian, Bisexual, & Transgender Youth	bagly.org
•	PLFAG - LGBTQ support*	pflag.org
•	National Institute on Drug Abuse*	drugabuse.gov

* Recursos en Español