

SPRING ASA



Below you will find the choices for **Grade 1** ISBerne students.

You will be emailed a form on Monday, 4 April at 19:00 to make your 1st & 2nd choice selections.

Space is limited, so we encourage you to make your selections promptly.

Activity name	Day	Time	Description	Teacher leader	Dates	Grades
Arts, Culture and Innovation						
Line Dancing	Tuesdays	After school until 16:30.	Line Dancing is, as its name suggests, danced individually and in a line. It encourages the development of memory and the ability to listen to and interpret instructions. Line Dancing is a fun way to develop coordination skills through simple dance steps and to move to music. Typically, the music used is country style music, but line dances can be created around any popular songs of the moment!! We would like to invite you to come watch a final dance on 14 June!	Mrs. Jan Sykes	26.4, 3.5, 10.5, 17.5, 24.5, 31.5, 7.6, 14.6	1, K
Well Being						
Tag Rugby	Tuesdays		Tag rugby is a minimal-contact team game, where attackers attempt to dodge and evade defenders using their speed, communication and spatial awareness.	Mr. Tom Phillips	26.4, 3.5, 10.5, 17.5, 24.5, 31.5, 7.6, 14.6	1, K, 2, 3
Get Moving	Fridays		Students will engage in a variety of fun, physical activities to work on gross motor skill, communication, cooperation and self-esteem. We will engage in such activities as: capture the flag, jump rope, soccer/football, gymnastics, hula hoop, dance, tug-o-war and different kinds of tag. All the activities are scheduled to be outdoors, but on days with inclement weather, students will be indoors.	Mr. Christian Stübi	29.4, 6.5, 13.5, 20.5, 3.6, 10.6, 17.6	1, 2