

Multigenerational Family Time (Let's Get Together)

Hello everyone. My name is _____ and I'm part of the global 1for50 movement. We desire to equip people like you to reach, disciple and empower the next generation.

When multiple generations of families gather, there is an opportunity to spend quality time together, building relationships and memories to last a lifetime. Think of the many things the generations can do together. Here are some suggestions to get you started.

Take a walk together. Greet neighbors, hold hands, compliment the children on their skills, or look around you at nature. Go at a pace that will be doable for both the young and old. Don't be in a hurry. Stop and look at things that interest the children.

Another idea is to watch the children's performances.

Children love to put on shows. Even though they are home-produced, there is value in appreciating their efforts. These might include dance, athletic demonstrations, drama or puppet shows.

Be ready to offer ideas, supplies, and coach them if they ask.

Take the time to sit down and watch. They will check to make sure you are watching! Compliment and praise their skills and creativity. Capture these performances on video to enjoy in the future.

Play outdoor games together. Go to a grassy area and have relay races, play tag, or organize a scavenger hunt in multigenerational teams. Those who can't run can cheer, referee or hold the little ones.

Indoor activities are also fun for families.

Charades, guessing games, age-appropriate board games, and card games are options. Cooking is something generations can do together. Give the children age-appropriate tasks so that they can be involved in the process. Compliment and praise their part in the meal. Build a fort together and get inside with them.

Play is the language of children! One of our favorite family activities is to sit and cuddle with the children while sharing stories of when their parents and grandparents were little.

Passing down these stories is valuable to build their identity and connection to their family. This can be a time to share stories of God's faithfulness to your family.

In Psalm 78:2-7 it says, "I will open my mouth with a parable; I will utter hidden things, things from of old—³ things we have heard and known, things ***our ancestors have told us***. ⁴ We will not hide them from their descendants; ***we will tell the next generation*** the praiseworthy deeds of the Lord, his power, and the wonders he has done. ⁵ He decreed statutes for Jacob and established the law in Israel, which ***he commanded our ancestors to teach their children***, ⁶ *so the next generation would know them, even the children yet to be born, and they in turn would tell their children.* ⁷ ***Then they would put their trust in God and would not forget his deeds but would keep his commands.***"

Our primary goal is to pass on our faith to our children and grandchildren. Spending time and building relationships with them are essential if this is going to happen. Have fun trying some of these ideas or think of some of your own. When we create opportunities for multigenerational family activities in our children's lives, we will all greatly benefit, and our faith can be shared with our children and their children after them.

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If you would like to translate this video into another language, the video script can be found on www.1for50Today.net.

To access other resources to help you reach, disciple and empower your children, go to www.1for50.net.