

# November

## THS Cross Country Post Season Schedule

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 *Remember that off-season training is just as important as in-season training	5	6	7 <b>Gear Turn In 3:20 PM-4:00 PM Commons Area</b>	8	9
10	11	12	13	14	15	16
17	18 <b>Awards Ceremony 7:00 PM - TBD Auditorium</b>	19	20	21	22	23
24	25	26	27	28	29	30

\***Bolded** Items are required.