This is the time when you typically go to bed.	You have this meal in the middle of the day.	You have this meal first thing in the morning.	This season is typically cold enough for you to need to wear warm clothing.
We refer to this time of day when the sun rises.	We refer to this time of day when the sun sets.	This is what we call the two days each week when you do not go to school.	You do go to school on this day.
There are 60 minutes in one of these.	There are 24 hours in one of these.	There are 7 days in one of these.	There are 365 days in one of these.