

## **Year 2-Term 2**

**Week 3: Change**

**Strand: Love of Self/ Love of God/ Love of the Environment**

**Age: Year 2**

**Aim: To introduce the concept of change to the students, explain why change is natural and necessary and inspire them to think about changes they would like to make in their own lives.**

**Resources: Wally, "Little Tree" by Lauren Long**

### **Introduction:**

Teacher: Hello everyone.

Wally: Hi boys and girls. Nice to see you again. It's been ages! I already started wondering if \_\_\_\_\_ (Teacher's name) would ever take me back to see you. Anyway, I'm glad to be here today!

Teacher: Today I would like to talk with you about change.

### **Sharing:**

Wally: Change? I don't like change. I like it when things are the same.

Teacher: You do? Why?

Wally: Cause then I know what to expect. (To class) Put your hand up if you like to have changes and new things in your life? (Show of hands) Put your hand up if you don't enjoy change? (Show of hands)

Teacher: Mh, I see. Can you tell us why you do or don't like change? (Invite answers)

### **Puppet performance:**

Teacher: Ok. Can you imagine for a moment that when you were born, you never changed. You didn't grow, you didn't learn to crawl or walk, you didn't learn to eat by yourself or to talk...

Wally: Oh, come on! That would never happen!!!

Teacher: Luckily not. But if things never changed, none of the things I listed would be possible.

Wally: Well, that would be bad, really bad.

Teacher: What about fruit growing on a tree. If there was no change, the bud on the tree would not grow into a fruit, the fruit wouldn't keep growing and it would never get ripe for you to eat.

Wally: Ok, what else have you got?

Teacher: The Seasons, they change and are important. (To class): Do you know the seasons in our country? (Invite answers) Most countries have spring, summer, autumn and winter.

Wally: I would quite like it to always be hot though. I don't like rain all that much

Teacher: I didn't know that about you, Wally. (To class) What do you think would happen if it never rained? (Invite answers) Nature needs the rain and so do we people. Everything would get awfully thirsty and eventually die if we never had rain.  
Wally: Ok, so some change is necessary in life. What about change that isn't good for us?

**Read aloud:** I brought a book about someone who doesn't like change. It is called "Little Tree" and is written by Lauren Long.

**Discussion:**

Wally: That was a good story!

Teacher: Yes, I like it too. (To class) Why didn't Little Tree want to let go of his leaves? (Invite answers) What did he let go of toward the end of the story? (Invite answers) His leaves, his fear about change and the unknown. What do you think made him decide to let go? (Invite answers) He had observed what change had done for the other trees and started trusting that it would be ok for him to change too. Do you think that choosing change was the right thing to do for Little Tree? (Invite answers)

**Puppet performance:**

Wally: Maybe change is mostly a good thing.

Teacher: Yes, I feel it is. If we never change anything, we can't grow and learn. We then accept our fears as real and allow them to tell us what we can and can't do. What a limited, caged life that would be. The truth is that we can do just about anything that we have a passion and desire for.

Wally: There are actually a few things that I would like to change in my life.

Teacher: Would you like to tell us what they are?

Wally: Yeah. I would like to learn how to read better cause I can see that I need reading for a lot of things in my life. I would also like to start praying for God's Love cause I think that would help me be a more loving person.

Teacher: God's Love also brings so much happiness and Truth into your life. You can't even begin to imagine the beautiful changes God's Love will bring to you!

**Sharing:**

Wally: What sort of change would you like to see or make in your life? (Invite answers)

**Conclusion:**

Teacher: Wally, do you still feel the same about change?

Wally: No, not really. It seems that life without change is not possible.

Teacher: Some people sure try to not change, like Little Tree because they are scared. Though the idea of change can feel scary sometimes, a lot of the time the change will actually be really good for you. And if it isn't you can usually change back

or try something different yet. Change is a natural and necessary part of life. So go out into the world, be true to yourself, try new things and embrace change.