The Practice of Eucharist

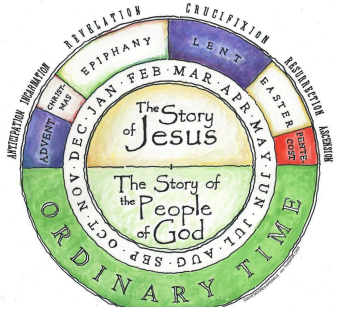
The sacrament of Eucharist was instituted by Jesus at the Last Supper (Luke 22:7-20), practiced by Him after His resurrection (Luke 24:30-35) and given further explanation by the Apostle Paul to the church in Corinth (1 Cor. 11:17-34).

In taking Eucharist, we are not only remembering Jesus' sacrifice of body and blood for the redemption of the world , we are also mysteriously united with Christ. The Apostle Paul takes this union seriously, "Is not the cup of thanksgiving for which we give thanks a participation in the blood of Christ? And is not the bread that we break a participation in the body of Christ?" (1 Cor. 10:16). Furthermore, Eucharist, while personal and intimate, is more than individualistic as we believe that followers of Jesus are also united and mysteriously made one body by sharing in the bread and cup (1 Cor. 10:17).

While we believe nothing magical occurs during Eucharist, something mysterious, real and powerful does. As a result of our theology, we partake in Eucharist on a weekly basis, generally at the end of our worship gathering as a crescendo.

We invite ALL (regardless of denomination) who have begun the journey to trust Jesus as Savior, Teacher and Lord to partake in the Sacrament of Eucharist. If you have not made a decision to follow Christ, please feel free to abstain as we are seeking to create an atmosphere of authenticity in which no one is manipulated into acting against their conscience.

Practicalities: When you come forward for Eucharist, come when you feel ready at your leisure down the center aisle. Receive a piece of bread and then dip that piece of bread into either wine or grape juice before eating it. Then you may return to your seat.



1030 Choteau St. – Helena, MT 59601
406-324-7273
www.helenaheadwaters.org

headwaters
covenant church

Sunday, April 5
Easter
He is Risen!

Order of Service

Welcome

Call to Worship

Songs of Praise

Prayers of the People/ Offering

Children's Prayer

Ministry of the Word

Response in Worship

Communion
(Please check out back of bulletin)

Benediction



When the risen Jesus shows up: John 20:19-23

Where are the disciples that first Easter?

Why?

What stories are being shared there?

Who then shows up?

Where two or more are gathered together in the name of Jesus Christ, the Risen Jesus shows up! To do what?

#1_____

What does 'shalom' mean?

#2_____

Why are His wounds the center of everything?

What do His wounds show us?

#3_____

What is another way to describe the Triune God?

What dignity is given us?

#4_____

How are we to enact His sentness?

What texts does this word 'breathe' bring to mind?

#5_____

What dignity are we authorized to participate in?

What is another way to translate 'forgive'?



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Jesus of the Scars

Edward Shillito

If we have never sought, we seek Thee now;
Thine eyes burn through the dark, our only stars;
We must have sight of thorn-pricks on Thy brow,
We must have Thee, O Jesus of the Scars.

The heavens frighten us; they are too calm;
In all the universe we have no place.
Our wounds are hurting us; where is the balm?
Lord Jesus, by Thy Scars, we claim Thy grace.

If, when the doors are shut, Thou drawest near,
Only reveal those hands, that side of Thine;
We know to-day what wounds are, have no fear,
Show us Thy Scars, we know the countersign.

The other gods were strong; but Thou wast weak;
They rode, but Thou didst stumble to a throne;
But to our wounds only God's wounds can speak,
And not a god has wounds, but Thou alone.



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Grief Share

Grieving the death of a loved one? Find support and healing at GreifShare. GriefShare support group is a safe, welcoming place where people understand the difficult emotions of grief. At this 13-week group, you'll receive valuable guidance and tips, leading you to relief, comfort and peace of mind. Sign up @ griefshare.org/findagroup

NO GRIEF SHARE TODAY: 4/5 – We'll be back next week 4/12

Children's Church

Children's Church is every other week for kid's preschool-5th grade. We are continuing children's church through the summer and would love more help; if you are interested in serving, please contact Rachel Dombach – 360.305.8052
Next Children's Church Sunday, March 8th.

Life together: Wednesday Nights Bible Study and Fellowship for all ages

6:00-6:30pm	Dinner and Fellowship
6:30-6:45pm	Games in the Gym for Everyone
6:45-7:45pm	Discipleship Groups
7:45-8:00pm	Worship in the Sanctuary for Everyone

Men's and Women's Prayer Times

The most important and powerful thing we can do together is to pray.

Men's Prayer Tuesday's 7:00am-8:00am

Women's prayer Monday's 12:30pm-1:30pm

Men's Bible Study

When: Join us every Monday @ 6:30am – **Where:** 1889 Coffee House
The Study: We are working through Mark.

Online Tithes

Thank you so much for your outrageous generosity! We also want to make it convenient for you to share your resources online. Please scan the QR code to tithe.

Financial Snapshot 2026	Jan	Feb
Income –	$16,208	$22,282
Budget –	$14,905	$14,905
Over/(Under)	$1,303	$7,337

2026 Budget
$178,861

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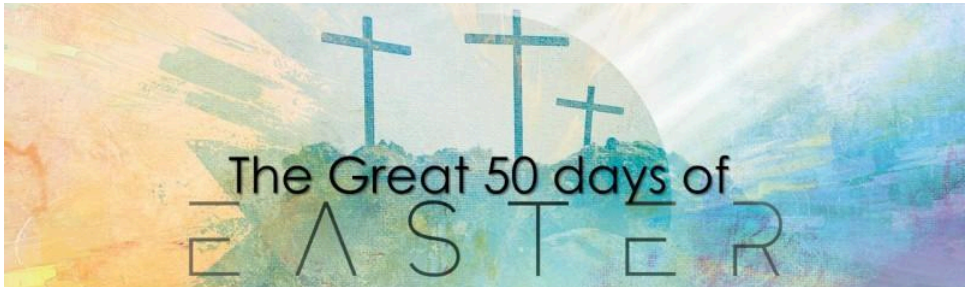
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Service Project – Hope Center

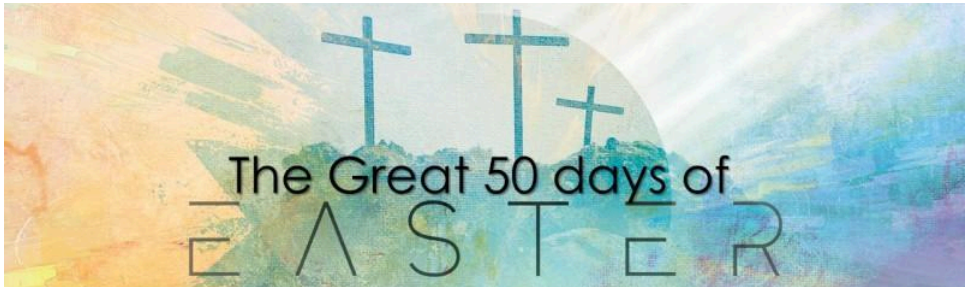
Headwaters will be providing dinner for Hope Center Ministries (HCM) on **Friday, May 1st**. If you are not familiar with HCM, it is a Christian women's drug and alcohol treatment facility located in Clancy. We will be providing soups, stews or chilis, salad and rolls. There will be a sign-up sheet in the back. Please plan to help Headwaters bless the women of HCM! **Friday, May 1st – 62 Park dr. Clancy**

Headwaters Covenant Church Rummage Sale

Do you have any still usable items your family is finished using (clothes, books, toys, kitchen, outdoor, shop/garage, office, and functional digital devices etc.)? Would you be willing to donate them to our HCC Rummage Sale in early May? If so, start collecting stuff now! We're planning the community rummage sale for Friday and Saturday, May 8 and 9. The collection days when you bring your donation items to church will be Wednesday and Thursday, May 6 and 7. Eventually we'll need volunteers to help sort items Wednesday/Thursday, help during the sale Friday/Saturday, and help clean-up Saturday afternoon. Be on the lookout for more information coming as the sale date approaches. The point person for this event is Kelley 461-0008 if you have any questions.

All Church Camp Trip

Save the date for our annual church camp trip - **August 14-17**. With so much success, we will again have a Saturday night smoke meat cookoff, plus more of our usual fun at the lake! This year we will be back at the Hellgate Campground on the other side of Canyon Ferry Lake. Please RSVP your site to racheldombach@gmail.com



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