

Senior Seminar August 2025

FC SCHOOL COUNSELING WEBSITE: Gonna love it

Everything you want to know and more can be found on the [Counseling Services Office Website](#)! Please visit the FC Counseling website regularly for information on [graduation requirements](#), how to order a transcript, careers, community resources, self care and more! [fc.ftcsc.org](#)>student life>Counseling Services>Blue Button “Counseling Services Announcements” or any of the links below.

Xello: All About You! Need a tool to help you outline your career plan? Make sure and check out the college and career planning tools available through Xello. Go to the Xello App in your [Classlink Portal](#) (use your device login and password).

Bullying: Not havin’ it What qualifies bullying? Look [here](#) for the full definition.

What are the effects? Bullying fosters a climate of fear and disrespect that can seriously impair the physical and psychological health of its victims and create conditions that negatively affect learning. How do you report it? Contacting [your dean](#) is the quickest way to address the issue, but you can also talk with a [counselor](#) or any other trusted adult at school.

Mental Health: *Help is on the Way, School Social Worker Mrs. Flannery*

If you find that your mental health needs are greater than the help FC can provide the first thing to do is talk with your parent/guardian. Don’t go it alone. Everyone has mental health needs and sometimes it is a journey trying to figure out what works for us. [This link](#) on the Counseling Office home page can help you find a therapist in the area, if that is what you and your family are looking for. You can also check out the [Virtual Calming Room](#) for some stress relief.

Transcripts- Begin ordering on SEPT. 3 and for the rest of your life.

If you have not already done so, register for your free account at [www.parchment.com](#). **Do not use your FT student email** to create your account. Make sure to use your **full legal name** when creating your Parchment account, and not your preferred name or nickname. **Make sure you select Franklin Central as your high school and 2026 as your graduation/leave year.** The profile in Parchment is optional and does not have to be completed to send your transcript. Requests in Parchment can take a few days to process, so don’t wait until your application is due.

Career Development Meetings (CDMs): *Required for graduation*

The [Counseling Office Website](#) is where you will go to see which colleges and career representatives will be coming to FC and when. You don’t want to miss the chance to hear what they have to say and also ask questions. You must sign up two days ahead of the visit to receive a pass. **Every senior needs to plan to attend 1 session and no more than 4.**

Employability Forms- *Required for Graduation*

All students have been informed during scheduling meetings of the required Employability Forms. Your form must be signed by your employer, coach, sponsor, supervisor or teacher indicating that you have demonstrated employability skills.

FAFSA: Gotta do it. State law requires every senior to complete a Federal Application for Free Student Aid (FAFSA). This requirement can be waived if your parent/guardian agrees that you are not going to attend any educational institution after high school.

Filling out this important application by April 15, 2026 will ensure that you have first chance at funds available to help you with college/training expenses. Even if you don't think you will qualify for financial assistance, most colleges and many training institutions will require it of you. The 2026-27 FAFSA form will be available to everyone by Oct. 1, 2025. Make sure you on 26-27 form (the year you will enter college)

Plan to attend a financial aid info session on Monday, September 29 at 6:30 in the auditorium.

CAREER and COLLEGE Planning: Let us help.

You will be called to the Counseling Services Office for an individual appointment to discuss your post-high school plans and where to find info on [apprenticeships](#), [two year colleges](#), [the Common App](#), [NCAA eligibility](#), [military resources](#), etc...You can also talk with special college and career advisors in the [CCR Center](#) if you are unsure about your plans or need further clarification.

Counselors will be hosting a College Application Help Session during CCR time on Friday September 5th and Friday September 26th. Choose the "Counseling Workshop" on the Friday CCR sign up sheet.

College applications can be found on each college website. If you are submitting multiple applications, you should consider utilizing the [Common App](#), a service that allows you to submit one application to more than one school.

Most colleges have a November 1 priority deadline for scholarships and special programs, so plan to request your transcript before fall break and submit your admissions applications before Halloween. If you wait to submit your application, your acceptance may be delayed.

SAT/ACT TESTING: To test or not to test?

Some universities no longer require an SAT/ACT score. This is called "test optional." **However**, it is still recommended to take the [ACT](#) and/or the [SAT](#) at least once because many scholarships ask for test scores. Please check university websites for more information. SAT fee waiver information can be accessed directly through the [College Board](#). Contact your school counselor for information on ACT fee waivers.

FC will offer the ACT on September 6, February 14, and April 11.