

G-E-T Youth Sports Club Coach & Director 2026 Handbook



G-E-T Youth Sports Mission Statement:
To develop an appreciation of physical
activity in area youth.

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Philosophy of Participation

Mission Statement: To provide opportunities for the growth and development of young athletes in our community through a focus on fundamental athletic skills, cooperative spirit, good sportsmanship and hard lessons through both successes and failures through the sport.

G-E-T Youth Sports Club (TYSC/GASR) believes in a fair opportunity environment. Each sport's age level requires age-appropriate guidance and structure to both develop skills and provide a safe and enjoyable atmosphere to participants.

Baseball & Softball Guidelines (Rookie Ball, 8U-14U)

1. At all times, every participant shall work as a team for the good of the team.

- a. During practice, players will have the opportunity to learn skills at different positions based on ability, safety AND preference.
- b. Players can only practice with the team they are rostered on, unless approved by 3a.
- c. For league and tournament games, the coach shall assign positions and batting order based on performance and effort exhibited consistently in practice, keeping in mind safety and ability of players to adequately play positions.
- d. Those that do not actively participate in practice may not be guaranteed playing time in the next game, this includes frequent absences.
- e. Poor sportsmanship by players is not tolerated.
- f. Those who refuse to play an assigned position in a game may be on the bench.
- g. Coaches will try to find adequate playing time for all athletes while balancing competitiveness, player development and sportsmanship.

**** The exception will be t-ball - 8U baseball/Softball, where equal play and rotations will be attempted. (see safety guidelines under Development Goals below)*

2. Regular team rosters shall be used at all tournaments and games.

- a. If a team needs additional players due to absences of regular team members to fill a minimum roster, then players who are age eligible for that team roster may be brought in. Any one player may only be brought in 2 times (a tournament counts as 1). This will be enforced by the Directors of each team. Exceptions will be allowed, pending approval of the board.
- b. Every attempt will be made to play regular team roster players first before any non-rostered players.

c. The director of the team in need contacts the director from the other age eligible teams to see who is available to play. A younger player may play above their natural age group by mutual consent of the coach, player, parent and both directors. Directors and coaches will create a pool of extra players. Every attempt will be made to follow this, but exceptions will be allowed with board approval.

d. Any exception to this philosophy must be agreed upon by coaches and directors of both teams.

3. Team configuration

a. Teams will be formed by grade level.

b. T-ball will be a mix of children who have completed 4K and K. Participants will be split by school year class groups as evenly as possible.

c. For 9U and below teams will be formed of equal skill to the best of ability.

d. At 10 years and older if there are 2 or more teams, kids can be divided into A(upper) and B (lower) teams etc. This is not required and will be a decision made by the coach(es) and board. Each year after registration teams will be divided after evaluations during preseason practices. Evaluations will be done by a mix of coaches, directors, volunteers and/or an outside source. Families can be asked their preferred team, but this does NOT guarantee their child will be on that preferred team.

**There may be an opportunity for kids to fill in on other teams due to absences, etc. when there are 2 or more teams.*

e. Team size- For Rookie-10U attempt is made for no more than 14 players on a team. 11U-14U attempt is made for no more than 13 players on a team.

- 1.1. In the event we have more than this the board will work on solutions with the directors and coach of the team involved. Examples:
- 1.2. Team may be divided into A, B, C (rotations for games/tournaments)
- 1.3. Players from the team (with coaches feedback) may be asked to move up if there is room.

4. Development Goals

Below are benchmarks of development goals we strive to meet or exceed for each level as well as guidelines for player participation and safety on the field when determining positions.

Playing time isn't just handed out; it's earned through hard work, punctuality, and sportsmanship. At the start of the season each coach/director should have a team meeting, outline the criteria for earning playing time, emphasizing that effort, attitude, and adherence to team rules which are just as important as skill. Additionally, make it clear that consequences for not following team rules, such as sitting out for showing up late, apply to everyone equally.

Development Goals

8U and 9U Baseball and Softball

Overview

DEFENSE- Know where the lead runner/out is. Know the difference between a force out and a tag out and when a force runner becomes a tag out runner.

Throwing- Step and throw/opposites (foot/hand), hit the target, proper throwing form.

Fielding- Two handed ground ball receiving, glove out, butt up, hinge at the hips and have a flat back. Fielding the ball over the glove side eye instead of in the middle. Have a down and ready position. Players develop catch/throw skills and begin making outs. Have them learn to play infield and outfield, cover bases, learn simple cut off positions, and to back up plays.

OFFENSE- Hitters should recognize strikes and balls and start to make consistent contact. Hitters develop an aggressive mentality and aren't looking to walk. Coaches encourage them to be aggressive even if they swing at balls once in a while, allowing them the freedom to not be afraid of making mistakes. Runners know what a force play is and whether or not they have to advance to the next base. Runners learn to go part way on a pop fly with less than 2 outs.

Hitting- Proper bat grip, basic stance, feet spacing, hand-eye coordination and a finished level swing. Encourage them to be an athlete. Don't take their athleticism out of their stance if they are making good contact.

Base Running- Run through 1st base, listen to base coaches, push off the base in a lead off stance and not in a sprinter's stance. Hit the inside corners of the bases. (9u-base stealing begins.)

CATCHERS- Learn to prevent passed balls and catch ones that should be caught. Catchers practice having their body in front of the pitch and using their chest protector and glove to stop wild pitches. Let them attempt to throw runners out.

PITCHERS- Develop 5 to 8 pitchers per team. 8U is a time to let many players try the pitching position. Coaches are encouraged to have their players pitch one inning per game. Teach them proper pitching stance and balance, but let them be athletes. Not all pitchers pitch the same way. For league baseball we will follow SRAA pitch count guidelines.

10U Baseball and Softball

Overview

DEFENSE- Stealing becomes more prevalent in 10U. Have them in appropriate positions to backup throws. Teach them who covers what bases during a steal, in case of an overthrow and the runner advances to another base. Continue development on catch/throw skills and consistently make outs. Have them bring their glove hand and throwing hand together in the center of their chest and then break hands to throw. Make it consistent in practice to build muscle memory.

Throwing- 4 or 2 seam grip, momentum towards target, follow through with harder throws. Get them comfortable throwing with a “change up” grip in practice, to get comfortable with it early on.

Fielding- Cover bases, charge the ball, two handed catches, shuffling feet (not crossing over), step through ground ball fielding, get the ball to the infield quickly from the outfield, alignment of cut off players with the target base, and back up the plays. Start working the last two steps of ground ball fielding to line up their feet in the direction of the target.

OFFENSE- Hitters recognize strikes and balls, develop bat speed and proper hitting mechanics. Practice and utilize bunts in games.

Hitting- Pitch selection, knuckles lined up on the bat, loading the bat, back foot planted, step forward contact hitting. Introduce bunting (foot positioning, hand placement on the bat, seeing the ball hit the bat out in front)

Base Running- Consistent steals on passed balls and look for the base coaches for signals. Make proper decisions for batted balls, such as, going half way on fly balls, running with 2 outs and taking multiple bases when appropriate to do so . Teach them feet first sliding and to keep their momentum going when they slide.

CATCHERS- Make progress with their stance and movement to attack wild pitches, accuracy on throws to the pitcher and for stolen bases. Catchers should use a proper squat position with chest towards the pitcher and knees pointed at the middle infielders. Have them raise their torso up slightly, and not sit on their heels. Teach them to field short batted balls, cover home and make more attempts at throwing runners out.

PITCHERS- Develop 5 to 8 pitchers per team. Teach pitchers to develop pause before throwing, work on pitching from the stretch and wind up. Develop strike throwers, use verbal cues to make small tweaks to get them around the zone. For league baseball we will follow SRAA pitch count guidelines.

11U Baseball and Softball

Overview

DEFENSE- Work on infield and outfield progression. Learn how to turn a double play and advance alignment of cutoffs from the outfield.

Throwing- Teach them underhand toss for close plays and a quick release of the ball.

Fielding- Fielders should make consistent fly ball catches, backhand fielding, back up plays, recognize double play opportunities and take chances. Fielders field the ball by working around the baseball hit to them. Get them used to approaching ground balls outside their body and the last two steps squaring up their feet to throw. Learn the dropped 3rd strike rule and situational plays with runners on 2nd or 3rd during a dropped 3rd strike. Learn simple plays for runners on first and third. Runners are now allowed to steal home.

OFFENSE- Hitters work on keeping their swings behind the ball and increasing bat speed and contact. Learn the dropped 3rd strike rule. Batter may now attempt to advance to 1st base on a dropped ball

by the catcher on a 3rd strike call.

Hitting- Hitters should be aware of the ball strike count. Batters should assume a swinging third strike call will be dropped and start their momentum towards 1st until it is a confirmed catch. Have them BUNT in practice with so many successful bunts before taking regular hitting practice. Teach them to hit with power using legs and core. Players at this age may struggle to use large muscle groups to lead a swing. Work on drills that show players proper body positioning and sequence of a swing. PVC drills or similar drills can be used to work on isolated swing sequence movements for upper and lower body and then have them put all of the movements together in their swing. Repetition will create muscle memory over time.

Base Running- Rounded base running, tagging up on fly balls, infield fly rule knowledge, avoiding base runner interference, rounding the base and looking to advance are all things that will create successful runners. Get them comfortable reading the ball out of the pitcher's hand or reading the catcher's shin guards to get an advanced jump when stealing bases.

CATCHERS- Catchers must be aware of the base runners positions. Have them watch for long leads after the pitch. Instill in your catchers a sense of hustle. An engaged catcher will hold runners on their base. Teach proper catching form and mechanics. The importance of controlling wild pitches increases with the ability of runners to steal home. Teach them to direct wild pitches down and centered towards home plate by using their chest and a head down blocking position. Have them challenge runners on 1st and 3rd with long leads after the pitch and recover passed balls quickly. Ball securement while tagging runners is a different feel with a catchers mitt. Practice ball securement with live runners. Catchers need to be engaged in the game. Have them run back long leads, field bunts and frame pitches. They are not backstops.

PITCHERS- Develop 5-8 pitchers per team. Pitchers should continue to work on accuracy. They need to cover home on passed balls and dropped 3rd strikes (when appropriate) and also cover 1st base on hits towards the first baseman. Pitchers should try to increase their velocity with good pitching mechanics, not just their arm strength. Make sure we are limiting pitch counts in games. Be aware of how many they throw in practice. For league baseball we will follow SRAA pitch count guidelines.

12U Baseball and Softball

Overview

DEFENSE- Increase distance in throws with whole body movement, bunt defense and working around and through the ball.

Throwing- Crow hop or shuffle and release throwing. (Don't create negative habits if the introduction of foot movements are the cause.) Work on quick release throws from the glove.

Fielding- Learn what positions field bunted balls to the right and to the left sides and why. Infield and outfield players should stack on steals. Outfielders need to come in and back up the infielder who is backing up the throw on steals. Practice turning double plays and pickle drills. Teach them heel to toe stepping as the ball enters the glove and continue to have them work around the baseball.

OFFENSE- Use legs and hips in batters swing. Create an understanding of pitcher balk rules and

leading off. (Utilized in 12 Gold division-teach for silver division but not utilized in games.)

Hitting- Work on your coaching signals, complex swing execution (connected lower and upper body swings hitting with consistency and to increase bat speed). Organize drills to execute this. Repetition builds muscle memory. Teach them how to recognize multiple pitches. Teach situational hitting, contact hitting, bunting to advance a base runner or squeeze play bunting and hit and run plays. Players should understand what a productive out is and how to hit behind base runners when down in the count.

Base Running- Players watch for the coach's signals, react quickly to batted balls, be aggressive base runners and learn head first sliding techniques to get back to a base while leading off. (Will be utilized in GOLD games and taught at the silver level).

CATCHERS- Continue improving on skills introduced in 11U. Anticipate steals and react with a quick 2 step foot movement and quick throw to decrease the time the ball is in their possession during steals. Continue to work on everything taught in 11U.

PITCHERS- Understand balk rules and lead offs from a pitching approach. Teach proper pitching sequence for live baseball, balk understanding, pick off moves (utilized at GOLD level).

SILVER is taught and pitcher's motions are executed in a game but no live baseball. Get all SILVER level pitchers ready for 13U live ball.) For league baseball we will follow SRAA pitch count guidelines.

13U Baseball and Softball

Overview

DEFENSE- Have your players focus on adjusting to the new field dimensions. Introduce tandem (double) cutoffs. Teach team knowledge of live baseball rules (balks, leading off, emphasis on always live) Throwing-Long toss throws with momentum to create growth in long distance throwing and creating arm strength.

Fielding-Drop step motion for outfielders, infield communication (the ball is live!!), covering bases with runners on and holding base runners on.

OFFENSE- Hitters should be taught to adjust to off speed pitches (seeing the pitcher's hand during release), keeping weight back, adjusting to off speed pitches and not reaching for the hit. Teach them how to take a proper lead from a base, to watch the pitcher's movements while leading off and to be aware of the defensive players holding the runner on the base.

Hitting- Continue working on situational hitting and bunting.

Base Running- The biggest change is leading off. Players need to watch the pitcher and have awareness of infielder positions. It is the runner's job to watch the pitcher and the base coach's job to watch the infielders holding the runner. Teach them how to break for a traditional steal, delayed steals and 1st and 3rd situational baserunning.

CATCHERS- Learn to see base runner cues by watching for base glances, digging in their foot to push off, their body leaning towards the next base, player acknowledgment of coach's signals with a head nod or similar acts. Catchers need to watch for long leads or runners challenging the pitcher's abilities to hold them on base. Catchers learn to issue pitcher signals (glove positioning and signal hand placement to prevent stolen signals). They also will relay plays to the team.

PITCHERS- Work on pitcher's sequence to prevent balks. Challenge base runners and get comfortable with their pick off moves. Have them remain focused on fastball and change up pitches. Do not push the heavy use of breaking balls. Pitchers learn to take signals from the catcher. For league baseball we will follow SRAA pitch count guidelines.

14U Baseball and Softball

Overview

DEFENSE- Infielders should consistently recognize double play opportunities and make attempts. Infielders hold and challenge base runners when appropriate, work with the pitcher and catcher for 1st and 3rd situational plays, defend bunts, and do so with players covering proper positions.

Throwing- Form is perfected to reduce arm injuries in high school. Throwing is accurate with speed or finesse.

Fielding-ground balls are charged, body momentum towards your throwing direction, picking ball from glove is smooth and fast. Fielders should be comfortable remaining athletic on the field and not stuck in a down set position. Infielders will need to stay athletic and challenge runners with leads. Outfielders are getting under fly balls with drop step technique used. Crow hops or foot shuffle throws are fluid and throws to the infield are on target. Cutoff communication is loud and effective.

OFFENSE-Hitters learn to drive the baseball with directional hitting techniques.

Hitting-Situational hitting and signals (take a pitch, bunt, swing away). Base Running- Heads up baserunning - runners are aware of situations and the coach's signals.

CATCHERS- Become the general of the team. They communicate effectively with fielders when calling out plays, challenge base runners consistently and are efficient at stopping wild pitches.

PITCHERS- Should accurately throw fast balls and change up pitches and perfect their pitching form and pick off moves. Start to develop simple breaking ball pitches using grip and release techniques. Don't encourage wrist snap techniques at this age. Avoid arm injuries with maturing bodies and limit breaking ball pitches in practice and games. Inaccuracy can be a sign of an overworked pitching arm!!!! For league baseball we will follow SRAA pitch count guidelines.

END OF SEASON—PLAYERS ARE READY FOR HIGH SCHOOL BASEBALL

COACHING EMPHASIS

PRACTICES AND GAMES-

Practices should be hard. Develop practices that include situational baseball through skill building drills and use game situations to improve player's knowledge. Have players active and engaged with limited down time between reps. Time is short, don't waste it with low repetition practices. Set up stations and small focused group drills. Let them compete and make adjustments in games. Let them be kids and learn how to win games as a team. Teach them to be heads up, aggressive and flexible. Let them learn on the fly. There are many teachable moments in games. **LET THEM PLAY MULTIPLE POSITIONS.** Playing the game at a high level takes commitment to skill building and understanding all aspects and rolls of the 9 field positions.

INFIELD BASICS TO REMEMBER- After the catch, bring the ball to your chest and break hands there. Work around the ball with your body and through the ball with your glove, then funnel the hands to the center before the throw with body momentum in the direction of the play. Throw accurately with a quick release. A slow release after fielding the ball is rarely made up by throwing harder. Throw with your feet. Get them moving to the target and keep moving there after the throw.

OUTFIELD BASICS TO REMEMBER- Sprint to the spot, don't drift!! Get behind the ball and start your feet moving in the direction of the play while securing the catch. Make sure players know where they are going with the ball for a quick release. Players need to be loud and communicate well.. Outfielders are in charge of balls in the air. As they age, field appropriate ground balls with their throwing hand and transfer it to their chest before throwing.

HITTING BASICS TO REMEMBER- Hard contact rules all! Let them be athletic. Guide stance and movements with younger players to avoid bad habits forming. Contact is made out in front. If working with a tee be aware of the location of the tee in relation to the batter's stance (kids move around). Consistent, hard contact is a result of confidence. Coaches instill confidence in their players. Walks are disciplined at bats, but don't go looking for them. Emphasize swinging at strikes (no called strikes). Have them go down swinging if they strike out.

BASE RUNNING BASICS TO REMEMBER- Always run hard. They can jog on singles when they are getting paid as an MLB player. Do this better than all of the other teams. Effort, energy, and attitude are irreplaceable. Make the defense rush and make errors. Runners are always in a lead off stance position on base, never like they are starting a track sprint. Runners need to acknowledge communication from coaches. Once they reach live ball play, challenge them to be smart but aggressive with leadoffs and steals. Have them watching for pitch control and getting good jumps on steals.

** Revised: December 2025*

PARENTS' CODE OF ETHICS

1. I will encourage good sportsmanship by demonstrating positive support for all players, coaches, and officials at every game and at every practice.
2. I will place the emotional and physical well-being of my child, and of the other children playing with my child, ahead of my personal desire to win. I will remember that the game is for the players, not for the parents, and I will do my best to make being part of the G-E-T Youth Sports Club fun for my child.
3. I will offer encouragement instead of criticism, and praise effort over performance or outcome. I will be sure my child knows that I love them whether they win or lose, and that I saw how hard he or she tried. I will help my child improve his or her skills at home.
4. I will treat other players, coaches, fans, and officials with respect, regardless of race, sex, creed, family structure, or abilities in school or in sports ~ and I will encourage my child to do the same.
5. I will help my child enjoy participating in G-E-T Youth Sports Club by assisting with the G-E-T Youth Sports Club program when asked to do so, and by being a respectful fan. I will assist the G-E-T Youth Sports Club program as a volunteer whenever possible such as providing transportation to games, meets, or practices, working in the concession stand, cleaning and maintaining G-E-T Youth Sports Club playing grounds, or contributing to G-E-T Youth Sports Club fundraising activities and events with my time.
6. I will help my child to remember to be present and arrive early for practices, meets, and games. I will notify the coach when attendance isn't possible.
7. If I have a problem or a question about how my child is being coached, played, or assigned to positions or events, I will talk first to the Director of that sport, personally and in private, and will not discuss that conversation with other parents, fans, players, or G-E-T Youth Sports Club staff.
8. I understand that if I or my child, for any reason, does not abide by this Parents' Code of Ethics, I and/or my child may be suspended from or removed from any G-E-T Youth Sports Club game, meet, practice, or G-E-T Youth Sports Club playing grounds. This action will be at the discretion of the G-E-T Youth Sports Club President, G-E-T Youth Sports Club Vice President, and the Director of that sport.

Parent/Guardian Signature

Date

G-E-T Youth Sports Club Director Responsibilities

Parents are told to share their concerns about the coach with the director first. It is the hope of G-E-T Youth Sports Club that this relationship will enable the coaches to focus solely on coaching the players and being prepared for all practices and games.

The responsibilities of G-E-T Youth Sports Club Directors are listed below:

- Keeps coaches, parents, and players informed of games, practices, tournaments/meets, etc. This includes cancellations of games/meets and practices.
- Schedule families to work the concession stand (as it applies).
- Regular communication with team coaches.
- Collect and disperse the team's picture order forms, team uniforms (as ordered), apparel order forms, etc.
- Be familiar with league/tournament/meet rules and expectations.
- Organize home tournaments and meets (concessions, brackets/race times, umpires/timers, scoreboard, etc)
- Be the first line of communication for any issues parents have and then communicate with your corresponding G-E-T Youth Sports Club Representative if not resolved at the time level.

G-E-T Youth Sports Club Coach Responsibilities

The responsibilities of G-E-T Youth Sports Club coaches are listed below:

- Attend all games and practices
- With team director, inventory and label equipment (if applies) at the beginning and end of the season.
- Ball Levels: Keep equipment bag supplied with the following in addition to normal ball equipment:
 - First aid supplies
 - Game balls
 - Scorebook
 - List of emergency contact numbers for all participants
- Report any damaged equipment or equipment needs to the director.
- Keep an attendance record of all practices, games, and meetings for participants.
- Know the rules of the sport.

- Manage and transport equipment to and from games/meets/practices.
- Report any concerns regarding parents or players to the Director.
- Report any concerns regarding the Director to the G-E-T Youth Sports Club Representative.
- Follow the expectations outlined in the Philosophy of Participation.
- No food items are allowed in equipment bags (attracts mice, especially over winter months when in storage).
- Adhere to field schedules (will be provided by directors).
- Arrive to practice at least 15 minutes prior to the scheduled start time to have the field/facility and equipment ready before participants arrive. Arrive at least 35 minutes prior to the start of games/meets.
- Help maintain our fields/facilities, prompt players to clean up all equipment and garbage (seed bags, plastic bottles, from dugout...take pride in our facilities, and do our part when visiting other facilities. Ball Coaches or a designated person from each team is responsible for post-practice and post-game field maintenance (dragging, raking, and filling/tamping of holes on the field). More details on this can be found in our [TYSC_GASR Field Work Expectations Document](#).
- Focus on coaching during the games. Have parents or participants be responsible for stats in the record book.
- Ask parents for help when needed (manage dugout chaos, coach a base).
- Assist home umpires (if needed) when there are unruly fans and/or opposing coaches.

Paid Employees, Volunteer Directors, & Coaches Information

FOR PAID EMPLOYEES:

Terms of Employment

- Applicants must be eligible for employment in the United States of America and are hired contingent upon the outcome of background checks and submission of the G-E-T Youth Sports Club application.
- New coaches are required to attend a Directors/New Coaches meeting prior to the start of the season.
- G-E-T Youth Sports Club requires a 2-week notice to terminate employment.

Application and Paperwork

- Prior to the first day of work, all paperwork listed below needs to be completed in order for coaches to begin working with participants.

- Completed applications must be on file for all G-E-T Youth Sports Club employees
- W-4 form
- Minors must complete a Work Permit form. **G-E-T Youth Sports Club will follow up with High School Personnel.**
- All paychecks will be mailed out.
- **Mileage is not reimbursed AND does NOT count toward time worked.**

FOR ALL DIRECTORS & COACHES:

Background Checks

- G-E-T Youth Sports Club may deny employment to any applicant based on background check information and application information which causes concern when working with youth.

Dress Code/Code of Conduct

G-E-T Youth Sports Club coaches are role models and mentors to the children they coach as well as those watching them. Coaches are required to present themselves accordingly.

- Ball coaches must wear a shirt that covers the midriff, shorts/pants (no cutoffs), and athletic shoes (no flip flops) during practices and games.
- Ball Coaches will be given a team shirt and hat (if wanted) to wear during all games/tournaments.
- Conduct yourself as a role model through good sportsmanship, personal conduct, safety, and dress.
- Maintain a positive attitude and encourage participants to do their best.

Canceling Practices or Games/Events

- Coaches and director(s) will work cooperatively when deciding if events need to be canceled. Develop a communication plan. Use our [“Canceled Games/Events Procedure”](#) to handle non-practice-related events.
- Every effort shall be made to provide ample notice to parents, participants, umpires, and visiting teams regarding schedule changes. Please factor in travel time for visiting teams.

Inclement Weather

In the event of inclement weather, the safety of players, coaches, and fans is the primary concern. These situations often require the coach’s and director’s discretion; however, the following are general club protocols:

- **Thunderstorms:** Practices and games/meets are suspended when lightning near is observed. You may also want to suspend play if the sky above is getting bad. Play can resume following 20 minutes with no lightning activity.
- **Drizzle:** Practice and games/meets proceed as scheduled. The ump makes the call on downpours if you want to put the game on hold or cancel the game.
- **Heat Advisory:** With player safety in mind, practices and games/meets may continue as long as the following precautions are taken:
 - Frequent drink breaks
 - Ice water available

- Rags for neck-cold compresses
- Consider the field/facility location (field/facility in full sun may result in cancellation of games/meets/practices during a heat advisory).
- **Heat Warning:** All game/meets and practices are cancelled to ensure safety for everyone.
- **Weather Watches:** Practices and games/meets may proceed providing there is no imminent danger. Coaches and Directors need to closely monitor the weather in this scenario.
- **Weather Warnings:** Practices and games/meets are canceled. Everyone should evacuate the area immediately.
- **Storms Shelters:** In the event of sudden inclement weather in which people cannot be safely evacuated, seek shelter in the following locations:
 - Middle School/Club Fields/Facilities – restrooms/concession stand
 - Trempealeau Elementary Field – Shirley Wright Library or River Stop Gas Station
 - Swimming Pool - restrooms
 - Track - restrooms

Accident, Injury, and Medical Reports

- Assess the situation to determine if emergency personnel should be called for assistance.
- Render first aid until help arrives (**Coaches are provided one kit and there is one available at G-E-T Youth Sports Club concession stand**).
- Provide emergency personnel with information regarding any potential medical conditions identified in the emergency information sheet, from Registration paperwork.
- Contact the parent and Director as soon as possible (emergency personnel and the safety of the player come first).
- If necessary, accompany the injured person to a medical facility provided another responsible adult is available to stay with the remaining participants.
- Complete an incident report form found in the file in the concession stand or request one.
- In the event of an injury to the coach, the protocol will be followed as stated above.
- Any Paid Employee injury sustained while working for G-E-T Youth Sports Club will need to be filed as a worker's compensation if medical attention is needed. Ask your representative for this. Volunteer Coaches and Directors should expect to have medical-related expense on your person insurance.

Disorderly Fans and Spectators

Parents, fans, and other spectators are expected to display the same level of sportsmanship we expect from our coaches and participants. Notify a Director of any verbal or physical abuse or threat of abuse.

Transportation and Use of Private Vehicles

Coaches are responsible for their own transportation to and from practices and games/meets. Transportation should be reliable and capable of transporting equipment. Coaches using private motor vehicles as transportation for G-E-T Youth Sports Club activities must have a valid driver's license and insurance. Coaches may not transport participants without parental permission. **Travel time is not paid time.**

Substance Abuse

G-E-T Youth Sports Club prohibits the use, consumption, sale, purchase, transfer, or possession of alcohol or illegal drugs, or being under the influence of any alcohol or illegal drugs by all coaches or volunteers while conducting G-E-T Youth Sports Club business. The use of tobacco, in any form, is prohibited by coaches or volunteers while conducting club business.

Resignations

A two-week written notice is required prior to resigning a position.

Dismissals

A coach may be dismissed based upon the employment needs of G-E-T Youth Sports Club, including but not limited to, coach reductions, budgetary limitations and performance issues. A Director, in consult with the G-E-T Youth Sports Club President(s), may take appropriate disciplinary actions including suspension or dismissal when a coach has been delinquent in the performance of duties and responsibilities.

Door Codes

Coaches & Directors will be issued door codes for facilities that apply to your role.

Sportsmanship

The coach is responsible for enforcing rules and discipline during practices and games/meets. Players are expected to follow the coach's directions and instructions. Appropriate and reasonable penalties may be imposed by the coach for failure to follow clear and specific instructions to do what is within the player's ability to do. Any direct physical penalty must be reasonable and intended to improve the player's physical conditioning or playing skills.

- Profanity, verbal abuse, or public ridicule of players, coaches, umpires, fans, or G-E-T Youth Sports Club members is strictly prohibited
- Throwing a bat, batting helmet, or other piece of equipment, or otherwise displaying a bad temper after an unsatisfactory play is considered poor sportsmanship and will result in the player being benched.
- Club penalties may be imposed upon a player for repeated disciplinary problems for the commission of any serious anti-social or illegal activity, such as fighting, stealing, destructive horseplay, smoking, or drug/alcohol use. Penalties range from a one-game suspension to dismissal from the G-E-T Youth Sports Club program. Charges are based upon evidence directly observed by a coach, director, board member, parent, or a proven court. Hearsay evidence may not be considered.
- The Director is responsible for bringing the charge and a recommended penalty to a committee of three or more directors selected by the G-E-T Youth Sports Club President(s). The committee hears the charge and evidence and determines a penalty considering what is good for the person and good for the team. The G-E-T Youth Sports Club President(s) is notified, and the player's parents/guardians have a right to explanation and appeal. The G-E-T Youth Sports Club President(s) decision to appeal is final.

- Parents who have questions or complaints about discipline from the coach are to direct the questions/concerns to the Director first and if not resolved to the Representative.

G-E-T Youth Sports Club Directors & Board Members

Name	Position	Phone	Email
** Dan Lilla	President	608-534-0023	president@getyouthsportsclub.org
** Kendra Severson	Vice-President	608-790-1649	vicepresident@getyouthsportsclub.org
** Quentin Moller	Baseball Representative	608-799-6245	baseball@getyouthsportsclub.org
** Carly Sebion	Softball Representative	715-299-0383	softball@getyouthsportsclub.org
** Amanda Thoma	Secretary	608-397-6134	secretary@getyouthsportsclub.org
** Jennifer Lilla	TYSC Treasurer	507-450-9227	treasurertysc@getyouthsportsclub.org
** Pat Smock	GASR Treasurer	608-712-9435	treasurergasr@getyouthsportsclub.org
** Chad Narva	Swim Representative	715-797-6376	swim@getyouthsportsclub.org
** Gina Busch	Track Representative	608-406-0125	track@getyouthsportsclub.org
** Morgan Stegemeyer	Fundraiser Coordinator	608-484-1805	fundraising@getyouthsportsclub.org
** Shelby Alverson	Volunteer Coordinator	605-760-0564	volunteer@getyouthsportsclub.org
OPEN	Tremp T-ball Director		
OPEN	Gale T-ball Director		
Seth Stegemeyer	Rookie Baseball Director	608-799-9415	seth.stegem@gmail.com
Jessica Weiler	8u Baseball Director	608-769-3610	weiler.jessica36@gmail.com
OPEN	Rookie/8U Softball Director		
OPEN	Rookie/8U Softball Director		
Kendra Severson	9U Baseball Director	608-790-1649	seversonfamily921@gmail.com
Courtney Ratkus	9U Baseball Director	608-317-2070	braaten.courtney@yahoo.com
Toni Duch	9U Baseball Director	608-865-0071	tduch25@gmail.com
Kara Yanacheck	10U Baseball Director	608-498-7556	Yanacheck@outlook.com
Charlene Nelson	10U Softball Director	608-518-1540	Charleneboardm@yahoo.com
Beth Spitzmacher	10U Softball Director	608-865-1591	thespitzmachers@gmail.com
Brittany Deml	10U Softball Director	608-780-3536	bedeml0518@gmail.com
OPEN	10U Softball Director		
Jessica Huseboe	11U Baseball Director	715-577-2500	jessica.huseboe@gmail.com
OPEN	11U Baseball Director		
Christina Schank	12U Baseball Director	608-518-1201	christinaschank08@gmail.com
OPEN	12U Baseball Director		
Jessica Baardseth	12U Softball Director	608-790-3200	jebaardseth@gmail.com

OPEN	12U Softball Director		
Crystal Ouellette	13U Baseball Director	608-323-0725	couellette80@gmail.com
Holly Sosalla	14U Baseball Director	608-797-0495	hollys86@yahoo.com
Rhea Hogden	14U Softball Director	608-865-0555	rheahogden@hotmail.com
Peter Thell	HS Legion Baseball Manager	412-522-2689	peter.m.thell@gmail.com
Amanda Thoma	HS Legion Softball Manager	608-397-6134	amthoma797@gmail.com
Laura Roessler	Swim Team Director	608-385-6710	delaneyroessler@gmail.com
Robin Tuxen	Track & Field Age 6-8 Director	507-459-2163	robinmwera@gmail.com
Robin Tuxen	Track & Field Age 9-14 Director	507-459-2163	robinmwera@gmail.com
Rob Sebion	Galesville Field Manager	608-317-8025	galefields@getyouthsportsclub.org
Rick Thiesse	Trempealeau Field Manager	608-317-4325	tremppfields@getyouthsportsclub.org
Rick Thiesse	Ump Coordinator	608-317-4325	umpires@getyouthsportsclub.org
Meghan Docken	Trempealeau Concessions Manager	608-484-0883	meghylyn@gmail.com
Jessie Baadseth	Galesville Concessions Manager	608-790-3200	Jebaardseth@gmail.com

** Denotes Board Members