## Emerson Behavior Team's

S.O.A.R.S. Update

November 2018

On November 14th and 28th, Emerson students experienced social emotional learning activities through our Second Step program. On both days, students at every grade level met in their homerooms for 25 minutes to receive direct instruction, participate in simulations, and have meaningful discussions about their topics.

Sixth grade students focused on values and how values affect interpersonal relations. With Lesson 8, students identified their values and considered how those values can be a resource they can use to help make good decisions. Students applied their values towards friendship with Lesson 10. They reviewed their values and worked on activities exploring how they can use their values to form friendships.

Seventh grade students also had lessons that focused on values, and how those values can help them engage in positive social interactions both online and with their peers. With Lesson 9, students participated in scenarios about conflict that arises from negative forms of online communication, and they brainstormed how they can use their values to establish positive social networks online. Students identified strategies to strengthen friendships with Lesson 11. These strategies include being supportive, being trustworthy, having respect, being a good listener, being honest, and being kind.

Eighth grade students also focused on building positive peer relationships. With Lesson 9, students revisited the characteristics of a good friend and brainstormed how to use their values to find common interests on which strong friendships can be built. With Lesson 10, students discussed how friendships can change during adolescence, and worked on scenarios in which they considered using coping strategies to deal with changes in friendships, such as avoiding self-blame, opening up to new experiences, treating former friends with respect, and working to meet new friends.

Throughout the year, students receive S.O.A.R.S. tickets when observed by teachers demonstrating positive social-emotional skills. Congratulations to the following students who received S.O.A.R.S. tickets during November!

(\* = student received multiple S.O.A.R.S. tickets this month)

6th Grade		7th Grade	8th Grade
Ella B.* Maverick B. Natalie B. Vicky B.* Dragos C. Joey C. Kayla C. Zofia C.* Elizabeth D. * Evy E. Lucy E.* Addison G. Tyler G.* Ben H. Ella J. Jacob K. Nathan K. Meadow L.	Adrian M.* Sebastian M.* Katelyn N.* Cesar O. Brandon R.* Stefan R. Ava S. Angelina S. Ben S. Matthew S. Nina S. Toni S. Veronica T.* Kate W. Vinny Z.* Isa Z.*	Isabela A. Gabby B. Izabela B. William B. Edwardo C. Natalia C. Emma D. Avram F. John F. Kyle H. Jaden H. Ajdi K. Courtney M.* Janine M. Vesela M. Kurt N. A.J. P. Leah P. Nola P. Vicky P. Mikey S. Paul S. Ryan S. Peter T. Bella V. Sasha W. Gaby Z. Yousef Z.*	Abby A. John A. Morgan B. Noah C. Lex F.* Natalia J.* Grace K. Hannah L. Claire M. Marc M. Jenna P. Tina P. Braden Q. Hannah S.* Michael T.* Bella Z.*