

Hate & Ignorance

Instructions:

- ① Use the Discussion button to start the discussion.
 - ② You can always mix questions up during the discussion & suggest improvements.
- If you cannot make a session, message the team leader. Missing 3 sessions without notice will lose you your spot on the team. If you were co-leading, message the other leader, as well.
- Self-care will always be most important!**

Introduction

Hello everyone and welcome to our LGBTQ+/MOGII support session! These sessions are opportunities to learn from and share with one another. Let's remember to show kindness and support to others in the group at all times. Everyone is welcome to share and participate as they would like, but we respectfully ask you to limit your conversations in this room for the time being so the discussion can take place. If you need more support during this time, please connect 1-1 with a listener. This session will last 1 hour.

Hate & Ignorance

Goal: Discuss hate, ignorance, how they are different, and how to cope with them.

1. Icebreaker!
2. How would you define ignorance?
3. Is ignorance always a bad thing? Why/why not?
4. Do you think ignorance is permanent?
5. Has there been a time in which you were ignorant about something and learned from it?
6. How do you usually react to people who are ignorant?
7. How would you define hate?
8. Do you think hate can be permanent?
9. How do you usually react to people who are hateful?
10. In what ways are hate and ignorance different?
11. How do you cope with and recover from experiencing either of these?

Conclusion: Thank you to everyone who joined us for this support session. It was a pleasure having you all here, and hearing your experiences and thoughts. If anybody has any feedback for this discussion, please fill out this form: <https://forms.gle/ECXMLF7radmkQtPN8>

If you are interested to find out about more opportunities to share and learn about LGBTQ+ please check out the Home of the LGBTQ+ subcommunity here: www.7cups.com/home/LGBTQ/. If you would like to see which discussions are happening each day and at what time you can do so by checking out the community calendar: <https://www.7cups.com/home/communityCalendar.php>