

7-Habits (COVEY) Student Worksheet

Student Full Name: _____ TFDL Class Period: 1, 2, 3, 4, 6

Instructions: Students should review <https://www.franklincovey.com/the-7-habits/> and understand what each of the 7-Habits of Highly Effective People are. Please describe in 1-2 sentences what each habit is in your own words (below), and what you can do to make sure you are following each. Give an example from your own experience how you could follow the rules in your daily life.

What is Habit #1? What does it mean in your own words:

Example of Habit #1:

What is Habit #2? What does it mean in your own words:

Example of Habit #2:

What is Habit #3? What does it mean in your own words::

Example of Habit #3:

What is Habit #4? What does it mean in your own words::

Example of Habit #4:

What is Habit #5? What does it mean in your own words::

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Example of Habit #5:

What is Habit #6? What does it mean in your own words::

Example of Habit #6:

What is Habit #7? What does it mean in your own words::

Example of Habit #7:

Advanced Thinking: Google Habit #8 and Describe what you find about it. Think about it in light of what you know about the other 7-Habits, and describe below what the meaning of Habit #8 is to you. Describe how you can strive to follow Habit #8 and what it might look like in your life. Write 3-4 sentences to outline your thoughts about these Habits.