

# Hastings Public Schools

## Health, Physical Education, & Athletics

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Andrew Wendol

Director of Health, Physical Education and Athletics

1/29/24

## **2024 SPRING INTERSCHOLASTIC ATHLETICS SEASON** **Important Dates and Coaches Contacts**

### **Important Dates:**

- **Advanced Placement Process Testing (APP) for Spring Sports:** Tuesday, March 5th 2024
- **FamilyID for Varsity and JV Sports:** Sunday, February 11th at 12pm
  - Click here to register: [FamilyID](#)
- **FamilyID for Modified Sports:** Friday, March 1st at 12pm
  - Click here to register: [FamilyID](#)
- **Modified Sports "Meet the Coaches" Interest Meeting:** Tuesday, March 19th at 3:15pm in Green Gym
- **JV & Varsity Spring Sports Start Date:** Monday, March 11th
- **Modified Spring Sports Start Date:** Monday, April 1st (after Spring Recess)

### **JV & Varsity Spring Sports Offered: (Coaches Contacts can also be found on the SchoolAthletic Website)**

#### **Varsity Baseball**

Coach Cecere - [cecered@hohschools.org](mailto:cecered@hohschools.org)

Coach O'Sullivan - [osullivanB@hohschools.org](mailto:osullivanB@hohschools.org)

SportsYou Code: 9U6BCVMD

Pre-Season Meeting: TBA

#### **JV Baseball**

Coach Marelllo - [marellob@hohschools.org](mailto:marellob@hohschools.org)

SportsYou Code: M43K-4DMR

Pre-Season Meeting: TBA

#### **Varsity Softball**

Coach Degnan - [hohsoftball.degnan@gmail.com](mailto:hohsoftball.degnan@gmail.com)

Coach Adipietro - [adipietrom@hohschools.org](mailto:adipietrom@hohschools.org)

JV & Varsity Tryout SportsYou Code: CGVP-9RSW

Pre-Season Workouts: Fridays in Cochran Gym from 6:30am-7:45am starting February 2nd running until March 8th.

Pre-Season Meeting: TBA

#### **JV Softball**

Coach Williams - [williamsm@hohschools.org](mailto:williamsm@hohschools.org)

JV & Varsity Tryout SportsYou Code: CGVP9RSW

Pre-Season Workouts: Fridays in Cochran Gym from 6:30am-7:45am until March 8th.

Pre-Season Meeting: TBA

### **Varsity Track & Field (Boys & Girls)**

Coach Theodule - [theodulep@hohschools.org](mailto:theodulep@hohschools.org)

Coach Guilfoyle - [m.guilfoyle73@gmail.com](mailto:m.guilfoyle73@gmail.com)

SportsYou Code: MCGU-4YUH

Pre-Season Meeting: TBA

### **Varsity Boys Lacrosse**

Coach Valentin - [mattvalentin29@gmail.com](mailto:mattvalentin29@gmail.com)

SportsYou Code:

Pre-Season Workouts: TBA

Pre-Season Meeting: Friday, March 1 at 3:15pm in W163

### **JV Boys Lacrosse**

Coach Munoz - [munozlam@hotmail.com](mailto:munozlam@hotmail.com)

SportsYou Code:

Pre-Season Workouts: TBA

Pre-Season Meeting: Friday, March 1 at 3:15pm in W163

### **Varsity Girls Lacrosse**

Coach Mullen - [mullens@hohschools.org](mailto:mullens@hohschools.org)

Coach Sandhop - [sandhopf@hohschools.org](mailto:sandhopf@hohschools.org)

SportsYou Code: 545R-A6SY

Pre-Season Workouts: 2/12, 2/13, 2/15, 2/26, 2/27, 2/28, 3/4, 3/5, 3/6

Pre-Season Meeting: TBA

### **JV Girls Lacrosse**

Coach Kavy - [rikavy@yahoo.com](mailto:rikavy@yahoo.com)

SportsYou Code: 72A5FPAY

Pre-Season Workouts: 2/12, 2/13, 2/15, 2/26, 2/27, 2/28, 3/4, 3/5, 3/6

Pre-Season Meeting: TBA

### **Varsity Boys Tennis**

Coach Riecher - [stef.riecher@gmail.com](mailto:stef.riecher@gmail.com)

SportsYou Code: 9TPELEW9

Pre-Season Meeting: February 27 at 3:30 p.m. in Room H2

### **JV Boys Tennis**

Coach Heitler - [heitlerc@hohschools.org](mailto:heitlerc@hohschools.org)

SportsYou Code: 9TPELEW9

Pre-Season Meeting: February 27 at 3:30 p.m. in Room H2

### **Varsity Golf (Boys & Girls)**

Coach Berger - [coachbergs@gmail.com](mailto:coachbergs@gmail.com)

Coach Testa - [christopher.testa@gmail.com](mailto:christopher.testa@gmail.com)

SportsYou Code: BBKD-8KZM

Pre-Season Meeting: Thursday, February 29 at 5pm via zoom - Link is available on SportsYou.

### **Varsity Girls Flag Football - Hudson River Trailblazers (Merged team with Clark/Greenburgh NC Academy)**

Coach: Anthony Miller - [amiller@gncufsd.org](mailto:amiller@gncufsd.org)

Coach Henry Epps - [hepps@gncufsd.org](mailto:hepps@gncufsd.org)

SportsYou Code: D53CPV9L

Pre-Season Meeting: TBA

### **Athletic Placement Process (APP) Testings -**

- Date - Tuesday, March 5, 2024
- Where: Green Gymnasium
- Time: 3:15pm
- Tester: Mrs. Otivich

### **Who is eligible for the Athletic Placement Process?**

**The APP is not to be used to fill positions on teams, provide additional experience, provide an opportunity for middle school students when no modified program is offered, or to reward a student.**

The APP is “aimed at the few, select students who can benefit from such placement because of their level of readiness”. The process is open to students in the 7th & 8th grades in FMS and are eligible to participate in the APP process to compete at the HS level.

**7th Grade** - may be elevated to JV

**8th Grade** - may be elevated to JV or Varsity

### **How do I start the process?**

The APP process begins with a recommendation from a staff member including PE teacher or Coach:

**Step 1** - Students must be recommended by a staff member. Middle School Parents/Guardians may not request that their student-athlete participate at a level higher than their grade-based offering.

**Step 2** - APP packet must be obtained from the Health Office

**Step 3** - Parent Permission slip returned to Health Office

**Step 4** - Physical complete with adequate maturity scores

**Step 5** - APP Fitness Testing

**Step 6** - Participate in tryouts for their sport

[Click Here](#) Learn More about the Advanced Placement Process

If interested in participating in Winter Sports Season, please reach out to your respective coach for more details:

### **Modified Spring Sports**

Modified sports are open to all 7th & 8th grade students.

**“Meet the Coaches Interest Meeting” - Tuesday, March 19th at 3:15pm in Green Gym. Official Start Date is now April 1, 2024. (Monday after Spring Recess)**

All coaching assignments and preseason meetings have not been set yet.

Please make sure you register on FamilyID when it opens March 1st. If you are not sure which sport your child wants to play, it is OK, just pick one and we can always change sports if needed.

Please understand that if a program has too many students interested in playing, the roster/s may have to be cut down to be more manageable for safety and quality of play. Please have a conversation with your child to prepare for the upcoming tryout process. Please have them start training now! If your child does not make the team, they can participate in another sport if they need more participants.

### **Spring Modified Programs we will be offering:**

#### **Modified Baseball**

Coach Callagy - [callagyj@hohschools.org](mailto:callagyj@hohschools.org)

**SportsYou Code:** YJHH-S34U

#### **Modified Softball**

Coach Gorman - [gormanraina@gmail.com](mailto:gormanraina@gmail.com)

**SportsYou Code:** GZH4-JG2L

**Modified Track & Field**

Coach Calle - [callek@hohschools.org](mailto:callek@hohschools.org)

**SportsYou Code:** 875R-3VX3

**Modified Boys Lacrosse**

Coach TBA

**SportsYou Code:** GJEQ-ZMHT

**Modified Girls Lacrosse**

Coach O'Sullivan - [osullivank@hohschools.org](mailto:osullivank@hohschools.org)

**SportsYou Code:** PCUW-98BR

Pre-Season Meeting: TBA

**Modified Boys Tennis**

Coach Halfond - [Halfondm@hohschools.org](mailto:Halfondm@hohschools.org)

**SportsYou Code:** 5SAS-AYLX

Game schedules, Coaches Contacts, and other important athletic information can be found on the Hastings School District Website under Athletics: [Hastings Athletics](#)

For questions please feel free to contact the Hastings Athletic Office:

Call Athletic Office: 914-478-6241

Email:

Athletic Director Drew Wendol at [wendola@hohschools.org](mailto:wendola@hohschools.org)

Athletic Assistant Chelsea Meyers at [meyersc@hohschools.org](mailto:meyersc@hohschools.org)

- We will attempt to answer your questions as quickly as possible but please be patient.

LET'S GO YELLOWJACKETS!

