



Alburnett Archery Club

NASP archery is designed for students in grades 4th-12th.

Archery Season runs November through March

President

Yon Abel

Head Coach:

Bethany Sarazin

Vice President

Jake Dearborn

Assistant Coaches:

Yon Abel

Steven Bell

Jake Dearborn

Curtis Dietz

Aaron Ford

Jake Frey

Greg Larimer

Marco Nannelli

Bethany Sarazin

Scott Sarazin

Mike Sparks

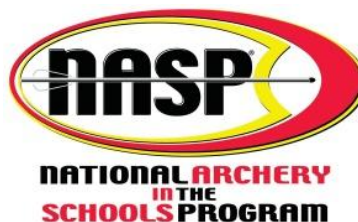
Nate Zirbel

Treasurer

Laura Banes

Secretary

Candice Dietz



Practices

Archers practice two nights a week (either Monday/Wednesday or Tuesday/Thursday).

Practices are held at **180 N Troy Rd, Robins, IA 52328**.

Please arrive early to practice to stretch and be ready to shoot at your scheduled practice time.

During practice times, coaches will assist archers with proper archery techniques to help them be successful.

In order to practice, archers **MUST**:

- Wear closed toed shoes
- Have loose hair tied back
- Not wear any jewelry (especially earrings and necklaces) or clothing with loose sleeves, strings, tassels or anything that can get caught in the string of the bow while shooting

Parents are welcome to stay and observe practice. Please refrain from providing instruction to any archer (including your own). Allow the coaches to do their jobs. If you are distracting or interfering with practice, you will be asked to leave the facility.

Equipment

The **Original Genesis bow** and **Easton 1820 arrow** are the only equipment approved by NASP for use in competition. The Club has bows and arrows available for use but archers are welcome to have their own equipment* so long as it is compliant with NASP regulations.

Gloves, finger tabs, and arm guards are also permitted but will not be provided by the Club.

*The cost for any Club replacement parts (i.e. string, cable, arrow rests, nocks, fletchings, etc.) used to repair **personal equipment** will be charged to the archer for reimbursement to the Club. We recommend having a package of N nocks and arrow rests on hand in personal bow cases.

Range Operations

All actions are communicated with whistle commands:

Two Blasts - Get Bow

One Blast - Shoot

Three Blasts - Go Get Arrows

Five or more Blasts - STOP WHAT YOU ARE DOING IMMEDIATELY!

Range Rules

1. Know and obey all range commands and instructions.
2. Always be courteous and respectful to others around you including other teams.
3. Always keep your arrows in your quivers until told to shoot with the “one whistle” command.
4. Arrows should always be pointed downrange at a target.
5. If you drop an arrow while shooting, leave it on the ground and raise your hand for a replacement.
6. Carry arrows with one hand around the points and the other hand around the shafts just below the fletching.
7. Stand behind the waiting line when you are finished or not shooting.
8. Only one archer may retrieve their arrows from the target at a time.
9. Be sure no one is behind you when removing your arrows from the target. Carefully place each arrow on the ground once it is removed. Do not drop the arrows.
10. Always WALK on the archery range. Walk back to the waiting line and return your arrows to your quivers after retrieving them.

Code of Conduct

Archers will conduct themselves in a manner fitting to their age level and maturity with respect and consideration for the rights of others while participating in any archery activity (practice, competition, staging, etc.)

To promote a positive learning environment, archers are expected to follow the below minimum behavior guidelines:

1. **SAFETY IS ALWAYS FIRST PRIORITY!**
2. Listen to and be respectful of coaches.
3. Come prepared.
4. Handle equipment carefully and do not disturb others' equipment.
5. Use equipment as it is intended to be used.
6. During practice time, you are required to be on the range and ready to practice.
7. No electronics, phones, or earbuds/headphones on the range.
8. No talking on the shooting line.
9. Sit quietly behind the waiting line when you are not shooting.
10. No running.
11. No horseplay, rough-housing or profane language.
12. Always be courteous and respectful to others around you including other teams.

Archers who fail to abide by this policy may be disciplined for conduct which disrupts or interferes with the archery program; conduct which disrupts the orderly and efficient operation of archery activities; conduct which disrupts the rights of other archers to participate in practices or competitions; conduct that is violent or destructive; or conduct which interrupts the maintenance of a disciplined atmosphere.

Any archer who appears to a coach(es) to be under the influence of alcohol, drugs, or a controlled substance will immediately be removed from practice/competition activities and may be subject to further disciplinary action.

Disciplinary Procedure for Code of Conduct Violations:

- 1st Offense: Warning from a coach (may be bypassed for severe offenses)
- 2nd Offense: Removal from practice and notice to parent/guardian
- 3rd Offense: Two week suspension from all archery activities
- 4th Offense: Dismissal from the team

Eligibility

The Alburnett Archery team participates in the same eligibility requirements as other school sports. We look to the parents to keep our kids on track and impress upon them that school is the most important activity in their young lives.

Team Details and Scoring

- A Bullseye team consists of 12-24 students with at least 4 males and 4 females on the team. A 3D team consists of 6-24 students with at least 2 males and 2 females on the team.
- Team members are selected prior to the start of the tournament based on previous scores and attendance and effort at practice.
- Of the archers selected for the team, the top 6 (3D) or 12 (Bullseye) scores will be used to determine the team score.
- Archers not selected for the team will shoot as an individual and are eligible to earn individual awards.

Invitationals/Tournaments

Alburnett Archery participates in several invitationals at other area schools. Tournaments begin in January and run through the end of February. The schedule will be announced by mid-November and you will have the opportunity to select the tournaments that you are available for and interested in shooting. When selecting your desired tournaments, please keep in mind State Qualifying requirements (see *State Competition & Qualifying* for more information).

If you sign up for a tournament and circumstances change that you are unable to attend, you must notify a coach, in writing, at least 24 hours before the tournament begins. Failure to provide proper notice may result in a request you reimburse the Club for lost tournament registration fees.

Below are the procedures for tournaments:

- You must arrive at least one hour before your scheduled flight time to warm up and be ready. Flights may run ahead of schedule and you need to be prepared to shoot early.
- Two archers are assigned at each target (often the archers will be from different schools and can be any age).
- A flight consists of a practice round/end from 10 meters with 5 arrows, then three scoring rounds/ends with 5 arrows each. The same process takes place at 15 meters. (Each flight takes about 45-60 minutes)
- After every round/end of 5 arrows, each archer will CALL and BUBBLE in the scores of the other archer's arrows using the bubble scorecard. It is important to always check your own scorecard **before** pulling your arrows to ensure it was marked properly.
- Scorecards must be handed to a range official without crossing the 10m line or your score may be disqualified.
- Awards are given at the end of the invitational for top individual archers and top teams. If you are not there to receive your award, a coach will accept it and bring it to the next practice.

State Competition & Qualifying

The State Tournament is held the last weekend of March in Des Moines at the State Fairgrounds. Only qualifying teams and individuals may participate.

Below are rules for qualification:

- Teams and Individuals must attain State qualifying scores to be eligible. Qualifying scores are calculated using the top 2 scores from the season:

Bullseye Team	High School	6,400
	Middle School	6,150
	Elementary School	5,500
Bullseye Individual	High School	532
	Middle School	516
	Elementary School	470
3D Team	High School	3,200
	Middle School	3,050
	Elementary School	2,700
3D Individual	High School	526
	Middle School	500
	Elementary School	460

- An archer must participate in at least 3 invitational tournaments in order to qualify for a team (3 Bullseye tournaments to qualify for the Bullseye team and/or 3 3D tournaments to qualify for the 3D team).
- Team coaches may add non-qualifying archers to create a full team based upon season average score, determination, practice participation and positive attitude.

Nationals Competition & Qualifying

The Nationals Tournament is held in Sandy, UT (Western) at the end of April or Louisville, KY (Eastern) in mid-May, for qualifying teams and individuals.

Alburnett Archery will take teams to the Nationals tournament if they finish in the top 3 teams at the State tournament.

Archers that finish individually in the top 10 at the State tournament are eligible to attend Nationals.

Open Championship Competition

The Open Championship Tournament is held in June for qualifying teams and individuals.

Alburnett Archery will take teams to the Open Championship tournament if they finish in the top 3 teams at the Nationals tournament.

Archers that finish individually in the top 10 at the Nationals tournament are eligible to attend the Open Championship.

Donations, Fundraising & Sponsorships

All proceeds from donations, fundraising, and sponsorships go directly to the Club to help offset the costs of equipment, practice space, and competitions.

Alburnett Archery Club is a registered 501(c)(3) non-profit organization. All donations are tax deductible. Please let us know if you need any information to provide for employer-matching donations.

Our biggest fundraiser for the year is our home tournament. It takes many hands to run a successful tournament. **All Archery families are required to volunteer time or goods.** A sign-up will be sent closer to the date of the tournament. If you don't voluntarily sign-up, you may be assigned any open role.

Sponsorships are a great way for local businesses to show their support for the Alburnett Archery Club. Please contact a club officer or coach if you or someone you know is interested in sponsoring.

FAQ:

ABOUT PRACTICES-

Does my child need to buy equipment?

No, our club has many bows and arrows that archers can use. It is best to purchase an archery glove as their fingers may get sore.

Is there a fee for using club equipment?

No, we supply and service our own equipment. Archers using club equipment must sign the Bow Loan Agreement and will be responsible for the proper storage and transportation of the bow to all practices and tournaments throughout the season.

What is the registration fee and what does it include?

The registration fee is \$135, which includes all tournament fees and a team shirt. Returning archers who do not need a new shirt will have a reduced registration fee of \$115.

What should my child wear?

Closed toe shoes, long hair pulled back, tighter fitting shirt. Loose strings on shirts or jewelry is a hazard.

When are practices?

Archers will practice for one hour, two days a week. We will send out a sign-up to allow you to choose between Monday/Wednesday or Tuesday/Thursday at either 5:30 PM or 6:45 PM.

Where are practices held?

180 N Troy Rd in Robins

When does the season begin/end?

Practices begin in November. Invitational tournaments are every Saturday beginning in January through the end of February. If the team(s) qualify, the State tournament is the first weekend in March with Nationals at the end of April or early May.

What are expectations for archers and parents at practices?

Archers are to remain focused when on the range, no horseplay, conversations to be quiet, no electronics are to be used or visible when on the range.

Parents who are not actively volunteering as assistants need to remain in the waiting area at the range. This is to prevent distractions for archers allowing for better focus. Distractions are a safety issue.

FAQ:

ABOUT TOURNAMENTS-

How many tournaments do we attend?

We typically have a tournament scheduled every weekend in the months of January and February. While an archer may participate in as many or as few tournaments as they like, we require at least 3 to be eligible for State or further tournaments if they qualify.

When do tournaments begin?

The first full weekend in January

How long do tournaments last?

“Staging” starts at least 15 minutes prior to shoot time. Once they go out to the range and begin, it is around 45 minutes long. Once complete and equipment is put away, they are free to leave. They are welcome to stay and watch other teammates through other flights or wait for scores but it is not necessary.

When do we need to arrive for tournaments?

Please arrive at least 60 minutes prior to flight time. This allows your child to get comfortable with the environment, find where they need to go, have their equipment checked if needed, use the restroom or even get a snack ahead of time.

How much are tournaments?

An archer’s tournament fees are included in their registration cost. Host schools will charge entry fees that vary by school.

When are tournament/flight times announced?

Each school can set a different schedule as to when flight times can be selected so we may know of some times sooner than others. As soon as they are available, they will be emailed out. You can also check the tournament website for flight times:

<https://nasptournaments.org/TournamentExplorer.aspx>

How do we get to tournaments?

All archers will need to secure their own ride to tournaments.

What if my child does NOT want to participate in a tournament?

It is not mandatory that your child participates in tournaments. However, this is great practice for them and team bonding. It is also included in the registration fee.

Where do we find scores after a tournament?

<https://nasptournaments.org/TournamentExplorer.aspx>