



REVIEW ARTICLE
SUBJECT TO PEER REVIEW

Description: Review Articles may be systematic (with or without meta-analysis) or narrative, and must address a specific question or issue relevant to public health. Pieces must synthesize existing peer-reviewed literature on a defined topic, summarizing current evidence, identifying gaps, and offering interpretive or methodological insights rather than presenting new primary data. Common forms include narrative reviews, systematic reviews, scoping reviews, and meta-analyses, each with distinct rigor and search protocols. Preferred length is 1,000-3,000 words.

Send questions to editorial@bcph.org.

Document Format: Submissions must be submitted in Word doc format, using Times New Roman, 12 pt font, with page numbers. **Do not submit as a PDF or use line numbers.** Please visit BCPHR's [Author Hub](#) for further instructions and details on formatting, language, figures, tables, images and other media, photographs, and style. **Manuscripts that do not follow this template *will be desk rejected*.**

Checklist: Please use this template to format your submission, ensuring that it includes all elements:

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- ◇ **Title**
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- ◇ **Keywords**
- ◇ **Structured Abstract** (Preferred format: Introduction, Methods, Results, Discussion, Conclusion)



- ◇ **Introduction**
- ◇ **Methods**
- ◇ **Results**
- ◇ **Discussion**
- ◇ **Conclusion**
- ◇ **References**
- ◇ **Acknowledgments**
- ◇ **Disclosure Statement** (e.g., Conflicts of interest, ethical approval, informed consent, funding)
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Cover Letter

Update the BCPHR template, available in [Submission Preparation Guidelines](#), with the following information:

- The submission type (i.e. original research article, review article, etc.).
- Article word count (main text only, excluding References, Figures, Tables, etc.).
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- All named authors that have contributed to the submission, and grant BCPHR permission to review and (if selected) publish their work.
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- Attestation that the manuscript is not currently under consideration by another publication and/or has not previously been published elsewhere.
- A brief description of the background and relevance of the manuscript to public health.
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Review Article

Designate the edition(s) for which this piece should be considered. If you are not sure, select “Edition - Other”.

Title: Insert title here.

Author List and Institutional Affiliations: Insert the following full **author list** here. For each author, provide:

- Author First Name, Middle Name (if applicable), Last Name
- Author Institutional Affiliation
- Author [ORCID ID](https://orcid.org/). *We highly recommend that authors have ORCID numbers. Individuals can sign up for their ORCID for free at [ORCID.org](https://orcid.org/).*

Example:

Dr. Bill Bips,¹ Mary Wallace²

1 Harvard University, Department of Health, ORCID ID

2 University of California, Los Angeles, Department of Sociology, ORCID ID

Corresponding Author Information: Indicate name, affiliation, and contact information for the corresponding author.

Keywords: Include keywords for your article separated by commas (i.e. public health, chronic disease, obesity, etc.) There should be at least two and no more than six keywords. Please do not use hashtags (#).

Positionality: In an effort to foster greater transparency and self-awareness in research, BCPHR requires all authors to include positionality statements in their submissions. These statements



will provide insights into the authors' backgrounds, perspectives, and potential biases, enabling readers to better understand the context and motivations behind the research.

Abstract (structured) - word limit: 300 words, excluding headings:

- Background
- Methods
- Results
- Discussion
- Conclusion

Introduction: Paste your introduction here. If applicable, you may wish to include subheadings. If included, please ensure headers and sub-headers do not end with colons or periods.

Methods: Paste your materials and methods section here. If applicable, you may wish to include subheadings.

Results: Paste your results here. If applicable, you may wish to include subheadings.

Discussion: Paste your discussion here. If applicable, you may wish to include subheadings.

Conclusion: Paste your concluding paragraph here.

References: All references must be prepared and submitted according to the [American Medical Association \(AMA\) Style Guide](#).

AMA uses **endnotes with superscript Arabic numerals outside periods and commas**.

Example:

I like this paper.¹

In the endnotes, the reference will appear as follows:

1. Compston A. Papers I liked. *The Lancet*. 2008;372(9648):1502-1517.

Acknowledgments: Paste your acknowledgments here (including any funding that the work may have been financially supported by), if applicable.

Disclosure Statement: Paste any disclosures of competing interests/conflicts of interest here. If the authors do not have anything to disclose, please paste the following statement, "The author(s) have no relevant financial disclosures or conflicts of interest".

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Figures & Tables

- *Maximum three (3) tables accepted*
- *Maximum three (3) figures accepted*

Figure 1. Insert figure in intended location in the document. Type figure legend and paste figure above the legend. Legends should not be part of the design, but kept as editable text in the document.

Additional notes about Figures:

- Figures should have a minimum width of 1080 pixels, submitted in JPEG, JPG, or PNG file format.
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- Figures ideally should be submitted with a transparent background.
- Figures should be titled consecutively according to the order they appear in the text.
- Titles are to appear above the figure, in bold, Times New Roman, 12-point font.
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- Tables are to be numbered consecutively according to the order of citation in the text.
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Supplementary Files:

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About the Author(s): Please include a third-person biography for each author (100 words max), as follows:

Example:

Dr. Katina Rodriguez, MD

Dr. Katina Rodriguez is a professor in the Psychology Department at Loma Linda University. Their research areas include xxx and xxx. They received their formal training at California State University, Pomona.