

SL1: What a 2-year-old can teach you about Learning

PV: A toddler's tip to learn anything fast.

SL2: The surprising learning trick I learned from a toddler

PV: A brain hack for mastering new skills.

{First name}, given an option to choose your own teacher...

...the last person you'd go for is a 2-year-old, right?

But the truth is, everyone has something to offer.

If someone doesn't teach you what to do, you'll at least learn what not to do. Both are lessons.

Even a kid can give you an amazing lesson you'll forever live to remember.

By the end of this email, you'll learn how to learn from anyone... and...MAYBE... anything.

A year ago, my niece, who was just learning to talk, taught me how to learn by REPETITION.

If you think I've lost my mind, hold on and keep reading. She may end up teaching you, too.

The moment this girl started learning how to talk, she started doing "something" that surprised everyone.

Whenever you told her something, she would keep repeating it until it stuck in her memory.

For example, if you tell her, “*Jenny, go get the remote for me.*”

She would leave while repeating your words “*Jenny, go get the remote for me...*”

She would repeat that phrase over twenty times before returning with the item.

She was doing this while we were making fun of it.

But just around six months after this little girl pronounced her first word on the earth, something baffling happened!

“Jenny could literally say almost anything within her knowledge – **clearly.**”

So, what we thought was just fun was actually her way of teaching her brain to learn. And she was just over 2 years old. Prodigy.

This sparked my curiosity, and I began researching the link between repetition and learning,

It was then I discovered that “repetition” helps to strengthen neural connections in the brain.

Like, when you practice or repeat a skill, your brain creates stronger “synaptic connections,” which makes it easier to retain and recall that information in the future.

But how did my little sister learn this lifetime lesson that is even backed by science?

You see, {First name},

That’s why I said earlier that everyone has something to teach. And...

...why you must not take anyone for granted. Because we humans are bundles of “lessons.”

{Signature}

P.S. If you want to learn more about Learning by Repetition and the 5 **monster** hacks you can use to trick your brain into learning anything in 21 days, [Click here now to watch this FREE video that got 1.3M views in just six days.](#)

P.P.S. If you learned anything positive from Jenny's wisdom, reply to this email with "Say Hi to Jenny."