

Bowie Independent School District

Wellness Activities & Resources List - Updated November 2024 by SHAC Committee

Target Area	Activities	Person(s) Responsible	Resources	Timeline
Counseling	Counseling Services On Each Campus Character Education Programs TCHATT - Counseling Services - Partnering with UNT	Counselor(s)	Counseling Materials Character Counts, CHAMPS, PBIS	Daily
Child Nutrition	Wellness Policy Implementation Including Nutrition Education & Guidelines	Child Nutrition Staff & Health Teachers	Curriculum &SHAC	Ongoing
	Marketing & Promotion of Healthy Foods	Support Services Director	Vendors	Ongoing
	Back Pack Buddies	Lighthouse Church	Donations - Fully Funded	Weekly
	BOJO Storehouse Jackrabbit Pantry	BJH and BHS Counselor	Donations - Fully Funded	Weekly
Integrated School / Community Programs	Public Relations/ Information Efforts	School Nurse & SHAC	Local Media, Flyers, District Webpage, Community Agencies, District Newsletter	Monthly
	Community Education Efforts	Student Resource Officer	Law Enforcement Agencies	As Available
Health Instruction	Health Instruction At All Campuses	Curriculum Staff, Principals, Teachers	Curriculum Materials- ESTEEM and Quaver	Daily
	Safe and Drug-Free School Initiatives - Red Ribbon Week and Health Lessons	Campus Administrators, Counselors, Health Teachers	Information Materials	As Available
Health Services	Health Screenings	School Nurse	State Manual & Equipment	Annually
	Emergency Services (CPR & AED)	School Nurse	AED Equipment	As Needed
	Health Monitoring (Immunizations, Asthma, Diabetes)	School Nurse	Health Services Software	Annually, As Needed
	Sanitation of classrooms, common areas, and buses	Support Services	Clorox 360 Machines	As Needed and Fridays
	Air purification and germ and virus elimination	Support Services	Ionizers on each HVAC Unit	Annually

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Physical Education	Physical Education Instruction At All Campuses	Physical Education Teachers	Curriculum Materials	Daily
	Extracurricular & Co-Curricular Activities	P.E. Teachers & Coaches	Curriculum Materials	Daily
	Fitnessgram (Grades 3-12)	Physical Education Teachers	Curriculum Materials	Daily
	American Heart Challenge and Adventure Dash Run and Health Education (Grades PreK-5)	Physical Education Teachers	Curriculum Materials	2 Weeks a year
Prevention & Intervention	Establish a Safe School Environment and deter Severe Student Misconduct Through Enforcement Of The Law & School Policy	School Resource Officer, Principals & Asst. Principals	Student Code of Conduct & Student Handbook, Board Policy	Daily
	Written Crisis Management Procedures For All Staff, Standard Response Protocol Procedures, Drills, Video Cameras on campuses and busses	School Resource Officer, Administration, Principals, Support Services Director	Crisis Management Plan, Emergency Operation Plan, Navigate App	Annually, Update As Needed
	K-9 Unit, On-Campus Searches	Secondary Principals	Drug Dog Agency	Random
	Threat Assessment Teams on Each Campus	Trained members on the behavioral threat assessment process and documentation	Texas School Safety Center	When needed
	See Something/Say Something - BOJO Tipline	Administrators	Google Forms and discipline process	When needed
	Threat Assessment Teams on Each Campus	Trained members on the behavioral threat assessment process and documentation through the Texas School Safety Center	Texas School Safety Center	When needed
	Criminal Record Check Of Staff & Parent Volunteers	Administration	National Criminal Tracking Center, Dept. of Public Safety	Annually
	Bus Drivers Mandatory Drug Testing	Support Services Director	Contracted Testing	Random, Quarterly
	Mandatory Drug Testing of Students In Extracurricular Activities - Random Selection	Secondary Principals & Athletic Director	Contracted Testing	Random, Bi-Monthly

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Education	Health Lessons K-10th	Health Teachers, Administrators	Curriculum -Quaver and ESTEEM	K-5 Weekly 6-10 Monthly
	Bully Education - Website, Start with Hello Week and Red Ribbon Week	Assistant Superintendent, Administrators, Counselors	Bully Prevention, Flowchart, Website - Bully Education Page, and Communication	Ongoing
	Character Education, Grades K-12	Administrators & Counselors	PBIS, CHAMPS, Character Counts	Ongoing
	Staff training - harassment, human trafficking, signs of trauma, appropriate relationships	All Staff	Online Trainings	Yearly - prior to school starting
	Red Ribbon Week Activities & Assemblies - Drug Awareness - Meet HB 3908 Requirements in Secondary and October was Fental Awareness Month	Administrators & Counselors, ESTEEM trained staff, SRO's	Grade-appropriate activities, website - Dangers of Fentanyl and Opioids, ESTEEM lessons, Communication in District Newsletter	Fall
	Abstinence-Based Prevention (Grades 6-12)	School Nurse	ESTEEM	One Lesson
	American Heart Association Education and Program	BES and BIS PE Teacher and AHA Representative	Program Resources	Spring