

March 10, 2024

Meaning Making in Liminal Times Series 5

IN TIMES OF GREAT CHANGE, WHAT CAN THE WISDOM OF OUR BODIES OFFER US?

Service prepared by Arrran Morton

Led by Worship Committee members

Audio Visual Technician: Zain Naqvi

Board Member Welcome	Mary Statham
Musical Invocation "Reflection" (David Ritter)	Phyllis Cannell
Opening Words & Chalice Lighting "Your Body Is Welcome Here" (Rev. Sean Neil-Barron)	Marilyn Raymond
Hymn #1009 "Meditation on Breathing"	
Sharing of Joys and Sorrows	Jane Vallentyne
Hymn #1011 "Return Again"	
Sermon Video	
Activity "Body Scan"	Arran Morton
Song "Loosen" (Aly Halpert)	
Reflection "In times of great change, what can the wisdom of our bodies offer us?"	Arran
Offering in Support of This Congregation	Marilyn
Musical Offering "Bagatelle" (R. Schumann)	Phyllis
Song "Lead with Love" (Melanie DeMore)	
Closing Words "Feel That?" (Gwen Matthews)	Linda Guebert
Chalice Extinguishing "Breathing Together" (Arran Morton)	Jane
Circle of Peace "Carry the Flame" (Patricia Pavey)	

Kelowna Unitarians



Sharing Diverse Explorations of Faith