Minutes for the Greater NY Al-Anon Family Intergroup Representative Meeting July 29, 2025 - 6:30 pm

Board members present: Farrah T. (Chair), Camille A. (Vice Chair), Cynthia R. (Treasurer), Betsy B. (Secretary)

Intergroup Reps Present:

- 1. Amanda D., Waterside Virtual, T&Th at 8:15, Sat&Sun at 9:00 am 2. Carol M., Work the Program, Not the Problem, Saturday, 1:00 pm 3. Vickie, Step Into the Heights, Hybrid, Thursday 7-8:30 4. David Satz, Trust and Spirituality AAC, Sunday 10:00 (meditation) (speaker meeting) on Zoom
- 5. Geri S. Three Legacies, Monday, 12:15 pm
- 6. Delaney S., Saturday Serenity, Park Slope, Saturday, 10:30 am 7. Graciela, Ready Step Go, Tuesday 11:30-12:30
- 8. Tom M., Work the Program, Not the Problem, Saturdays, 2 p
- 9. Debbie B. Stepped Up in the City, Wednesday 7 pm hybrid 10. Patty, Harlem Hope and Harmony, Monday, 7 pm
- 11. Jeffrey F, Westside LGBTQ+, Sunday, 6 pm, zoom only
- 12. Fred G., Kiss, Saturday, 7:30 pm
- 13. Lindsay V., Today's Reminder, Daily 9:05 am

Also Present: Elizabeth (Technical Support)
Stacy (Technical Support)

Michael P., Visiting - Live and Let Live, Rye Thursday 7:45 pm

Jessie G.

Notetaker: Betsy B

I. Opening: Begin meeting with the Serenity Prayer
Board Reading of: "We Are But Trusted Servants"

Review Meeting Format
Reading of Conference-Approved Literature (CAL)

Al-Anon Alateen Service Manual (Outreach Publications - AIS/Area);

II. Introductions

Board of Trustee Members Intergroup Representatives

Quorum Confirmed

Opening Comments

III. Minutes Approved April 29 2025 IR Minutes

IV. Reports on Ongoing Activities

A. Treasurer's Report - Cynthia

Profit & Loss
Balance Sheet

- Cynthia, as Treasurer, presented the financial report noting that the report included both first and second quarters showing a slight increase in the second quarter;
- An IR asked a question regarding the \$10 donation made to Intergroup by the IRs attending the quarterly meeting which donation, in turn, was reimbursed to the IR by his/her group.
 Fred noted that in the past - and before COVID - the IR quarterly meeting was held in a facility where rent was paid and the \$10 donation from each IR generally covered the costs with respect to the meeting space. A decision whether or not to continue this donation was tabled pending further discussion/consideration;
- Another question was how Zoom expenses are paid which Cynthia stated came out of intergroup's operating funds and was paid annually at a non-profit discounted rate.

B. Office Operations - Camille

• Camille extended an invitation to Intergroup Representatives to

- drop into the Intergroup office. The space has been reconfigured and is now quite welcoming;
- The transition from Microsoft to Google Workspace has now been completed;
- Devon reported that there is a steady group of volunteers who are trained on the phones and provide assistance with scanning filing, packaging orders, and assisting with inventory;
- Devon has also prepared a chart of "Fun Facts" including number of visits, phone calls, etc.

C. Volunteer Report - Fred

- Fred reported that he has scheduled a phone training session for Saturday, August 1st at 2:00 pm;
- He requested that IRs and board members take back to their groups that volunteers are still needed to answer phones and that perhaps an email blast would be helpful in raising awareness for the need. Devon might be able to send a request with intergroup's weekly emails.

V. New Business

A. Contributions to District 21

- The board discussed contributing to District 21's public outreach with Cynthia explaining their activities including zoom meetings with healthcare professionals and partnerships with police departments;
- An in-depth discussion resulted in a Motion to donate \$500 to District 21's public outreach activities with the option for them to re-contact Intergroup if additional funding is needed was raised. The Motion was seconded and the vote was in favor of the Motion as stated with one abstension.
- Fred stated that the Area has started a special project fund and funds would be available to any district.

B. Reserve Fund for Operating Expenses

 The board and Intergroup Representatives discussed how much of a reserve fund should be allocated to cover unexpected expenses or shortfalls. Cynthia presented an operating budget of approximately \$5,500 per month going forward and suggested either one year or two years of operating expenses as a reserve amount. After a broad and complete discussion, it was moved to allocate one year's operating expenses in a reserve fund. The motion was seconded and the vote was unanimous in favor of the motion.

- C. Donation of \$10 Customarily donated at Qtrly IR Meetings ●
 Before the onset of COVID, IR Meetings took place in-person at
 spaces within New York City and rent and miscellaneous expenses
 were paid by the ten-dollar donations collected at the quarterly
 meetings. Each IR would then be reimbursed by their individual
 home groups. However, since COVID, the meetings have been on
 Zoom and the Zoom expenses are paid out of Intergroup operating
 expenses.
 - One of the IRs had been questioned at her group's business meeting why these donations have continued.
 - Discussion then followed about whether or not this should be continued with the decision to table the issue for until the next quarterly meeting.

VI. Closing - Serenity Prayer and the Al-Anon Declaration