

T-Chart Good Idea or Bad Idea

Why do you spend your time on social media? What do you get from it?

Possible answers may include: entertainment, to fight boredom, more interesting than personal life, work or school, peers are doing it, to keep current, escape from real life problems, way to destress, way to socialize, to gain popularity with likes/followers, etc.

When it comes to food, life and health, is social media a good idea or bad idea?

- First, create a t-chart of your own and individually fill it out with at least two reasons for each side. (use one color marker or pencil)
- Second, place students into small groups of 2-3 and share views. Add any views shared that are not currently on your t-chart using a different color marker or pencil.
- Finally, share as a whole class, again, adding views not on your t-chart with a third color marker or pencil as I create a master list on the board.