

Weekly Bulletin | August 21, 2023

SHELBYVILLE HIGH SCHOOL

Shelbyville High School produces a **weekly bulletin** every Monday. This update includes important information, school building happenings, and a schedule of weekly events. The bulletin is communicated through a variety of methods. Parents whose information is on file at the school receive the bulletin via text message. Teachers and students are provided with the information through their school issued email account. The weekly bulletin is also posted within the live feed section of the school district webpage.

QUOTE OF THE WEEK

Focus on the journey not the destination. Joy is found not in finishing an activity but in doing it.

Did you know that Shelbyville High School has a supply of kayaks, paddleboards, and mountain bikes? We are excited to get our students active and engaged in outdoor activities this year.

IF YOUR CHILD IS GOING TO BE ABSENT, PLEASE CALL THE HIGH SCHOOL OFFICE (217-774-3926). WE WANT TO ENSURE THAT EVERY STUDENT IS SAFE AND ACCOUNTED FOR. THANK YOU!

TRAILBLAZER CHALLENGE

During the 2023-2024 school year, Shelbyville High School students and staff will attempt to log 10,000 combined miles of outdoor activity along the Lake Shelbyville trail network.

Walking, hiking, biking, running, paddle boarding, kayaking, and canoeing are all activities encouraged within this challenge.

The TRAILBLAZER CHALLENGE is free, designed for all fitness levels, and is adaptive to your own schedule. You can participate on your own, with your dog, with family, with friends and with co-workers.

TIME IN NATURE CAN
IMPROVE OUR MENTAL
HEALTH AND SHARPEN
OUR COGNITION

10,000 MILES

Monday, August 21, 2023

- ☐ Senior Class Meeting during HOMEROOM | Auditorium
- ☐ Golf @ Tuscola Invite

Tuesday, August 22, 2023

- ☐ Student Council Meeting | LUNCH | Auditorium
- ☐ Co-Op Orientation Meeting during HOMEROOM | Mrs. Black's Classroom
- ☐ Sophomore Class Meeting during HOMEROOM | Cafeteria
- ☐ Golf @ Pana (Oak Terrace)
- ☐ Girls Tennis @ Vandalia

Wednesday, August 23, 2023

- ☐ FFA Committee Meeting | HOMEROOM | Mrs. Black's Classroom
- ☐ Game Night Informational Meeting | LUNCH | Mr. Border's Classroom
- ☐ Junior Class Meeting | HOMEROOM | Cafeteria

Thursday, August 24, 2023

- ☐ Freshman Class Meeting | HOMEROOM | Cafeteria
- ☐ Varsity Volleyball @ Taylorville
- ☐ BOYS Golf @ Meridian (Moweaqua) | GIRLS Golf @ Eagle Creek
- ☐ Girls Tennis @ HOME vs. Maroa Forsyth
- ☐ Any junior or senior who is planning to apply for National Honor Society, please attend a meeting during homeroom on Thursday, August 24th in Mrs. Drone's room.

Friday, August 25, 2023

- ☐ FFA Horse Judging Competition
- ☐ Varsity Football @ Newton

Saturday, August 26, 2023

- ☐ Cross Country @ Clinton
- ☐ Girls Tennis @ Effingham St. Anthony

Nurtured by Nature | American Psychological Association

<https://www.apa.org/monitor/2020/04/nurtured-nature>

	Shelbyville Unit # 4 Athletics For the week of August 21-26 GO RAMS!		
Activity	Place	Time	Dismissal/Bus Time
Monday, August 21			
JH Baseball @ Clinton (B innings after)	Clinton HS	4:30	2:00
JH Softball vs. Clinton (B innings after)	Home (Forest Park)	4:30	
Varsity Boys and Girls Golf @ Tuscola (Ironhorse) *POSTPONED to 9/5*			
Tuesday, August 22			
Varsity Boys and Girls Golf @ Pana (Oak Terrace)	Oak Terrace Country Club	4:00	2:05/2:15
Girls Tennis @ Vandalia	Vandalia High School	4:00	2:05/2:15
JH Softball vs. Effingham (B innings after)	Home (Forest Park)	4:15	
Wednesday, August 23			
JH Boys and Girls Cross Country vs. St. Johns, Trinity Lutheran, O.V., Taylorville	Home (Dacey Trail)	4:30 PM	
JH Baseball @ Pana	Pana HS	4:00 PM	2:15/2:25
Thursday, August 24			
JH Softball @ Sullivan (B innings after)	Sullivan Park	4:30 PM	2:35/2:45
JH Baseball vs. Sullivan (B innings after)	Forest Park	4:30	
Varsity Boys Golf @ Moweaqua (vs. Meridian, Arcola, Sullivan)	Moweaqua Golf Course		
FS/JV/Varsity Volleyball @ Taylorville	Taylorville HS	5:00	3:30
Varsity Girls Tennis vs. Maroa-Forsyth	Home	4:30	
Friday August 25			
Varsity Football @ Newton	Newton HS	7:00	4:10
Saturday, Aug. 26			
JH Boys & Girls Cross Country @ Cumberland Middle School	Cumberland Middle School	9:00 AM	6:35 AM
Varsity Girls Tennis @ Effingham St. Anthony (Community Parks)	Community Park; Effingham	8:00 AM	6:45 AM
JH Baseball vs. Okaw Valley	Home (Forest Park)	10:00 AM	
Varsity Boys and Girls Cross Country @ Clinton	Clinton HS	7:00 PM	4:00 PM
217-774-3926 ; Ext 2265			

Changes to the weekly event calendar should be expected this week as a result of the severe heat. We will try our best to update the coaches, students, parents, and spectators in a timely manner.