Quick Start: Create Your AI Clone in 10 Minutes

Set a timer. Don't aim for perfect. Just get your first clone live.

Minute 0–2 — Create your account
+ Sign up for HeyGen and open the dashboard. You don't need to explore anything yet.

Minute 2–4 — Set up your recording

- Sit facing a window or soft light
- Camera at eye level
- Wear a solid color (no patterns)
- Quiet room, phone on silent

You're not filming a YouTube video. You're training a model.

Minute 4–7 — Record the training video
+ Record a **2–5 minute** consent/training video:

- Look straight into the camera
- Speak clearly and naturally
- Keep gestures minimal
- Relax your face (your baseline expression matters)

Read the consent script HeyGen provides. That's enough.

Minute 7–9 — Upload and process
+ Upload the video, start processing, and walk away.
+ This part runs in the background.

Minute 9–10 — Prepare your first test script
+ Write a **20–30 second script** you'd normally say on camera.
+ Short. Conversational. No hype.

When processing finishes, generate your first test video.

That’s it. You now have a working digital twin.