



7 Sacred Teachings Program My Module 1 Wisdom Rubric How Wise am I Becoming?


Name: _____ **Term:** _____ **Date:** _____

During Module 1, you are learning one of the 4 ways to live by each of the Seven Sacred Teachings. Learning these skills and gaining this knowledge makes you a wiser person


This Rubric aims at helping you and your teacher to see how well you are doing learning the skills and knowledge taught through each Teaching - how wise you are becoming!

With this Rubric:


- **Please think about how well you are doing right now**
- **Read the statements describing the different levels of learning.**
- **Decide which statement best describes your learning right now**
- **Scoring:**
 - **Score yourself 1 if you feel that the Description 1 fits you**
 - **Score Yourself 2 if you feel that the Description 2 fits you**
 - **Score yourself 3 if you feel that the Description 3 fits you**
 - **Score Yourself 4 if you feel that the Description 4 fits you**
- **Add up your Seven Teachings scores and put your total score on your progress chart with the Term at the bottom.**
- **Reflection:**
 - **Reflect on your Term scores.**
 - **Think about ways you can do better.**
 - **Share these ideas with your teacher**

 Respect Means	1	2	3	4	My Score
Being a Good Citizen/Anishinaabe in our School and Community	I never follow our school rules and expectations in the classroom, hallways, gym, school yard, and on the bus)	I sometimes follow our school rules and expectations in the classroom, hallways, gym, school yard, and on the bus)	I often follow our school rules and expectations in the classroom, hallways, gym, school yard, and on the bus)	I almost always follow our school rules and expectations in the classroom, hallways, gym, school yard, and on the bus)	


Is there anything I can do to improve my Respect score?

 Courage Means	1	2	3	4	My Score
Standing up for Ourselves and for Others to Bullying	I never follow our School-wide Anti Bullying Expectations	I sometimes follow our School-wide Anti Bullying Expectations	I often follow our School-wide Anti Bullying Expectations	I almost always follow our School-wide Anti Bullying Expectations	


Is there anything I can do to improve my Courage score?

 Seeking Truth Means	1	2	3	4	My Score
Using Traditional Talking Circles to Share and to Solve Conflicts	I never participate or contribute in Talking Circles	I sometimes participate or contribute in Talking Circles	I often participate or contribute in Talking Circles	I almost always participate or contribute in Talking Circles	


Is there anything I can do to improve my Seeking Truth score?

 Honesty Means	1	2	3	4	My Score
Telling the Truth	I never tell the truth. I lie a lot	I sometimes tell the truth. I lie sometimes	I often tell the truth. I hardly ever lie.	I almost always tell the truth. I never lie	

Is there anything I can do to improve my Honesty score?

 Love Means	1	2	3	4	My Score
Caring for our Emotional Selves	I never do Mindfulness activities on my own	I do one Mindfulness activity every week on my own	I do a Mindfulness activity three times a week on my own	I do a Mindfulness activity every day on my own	

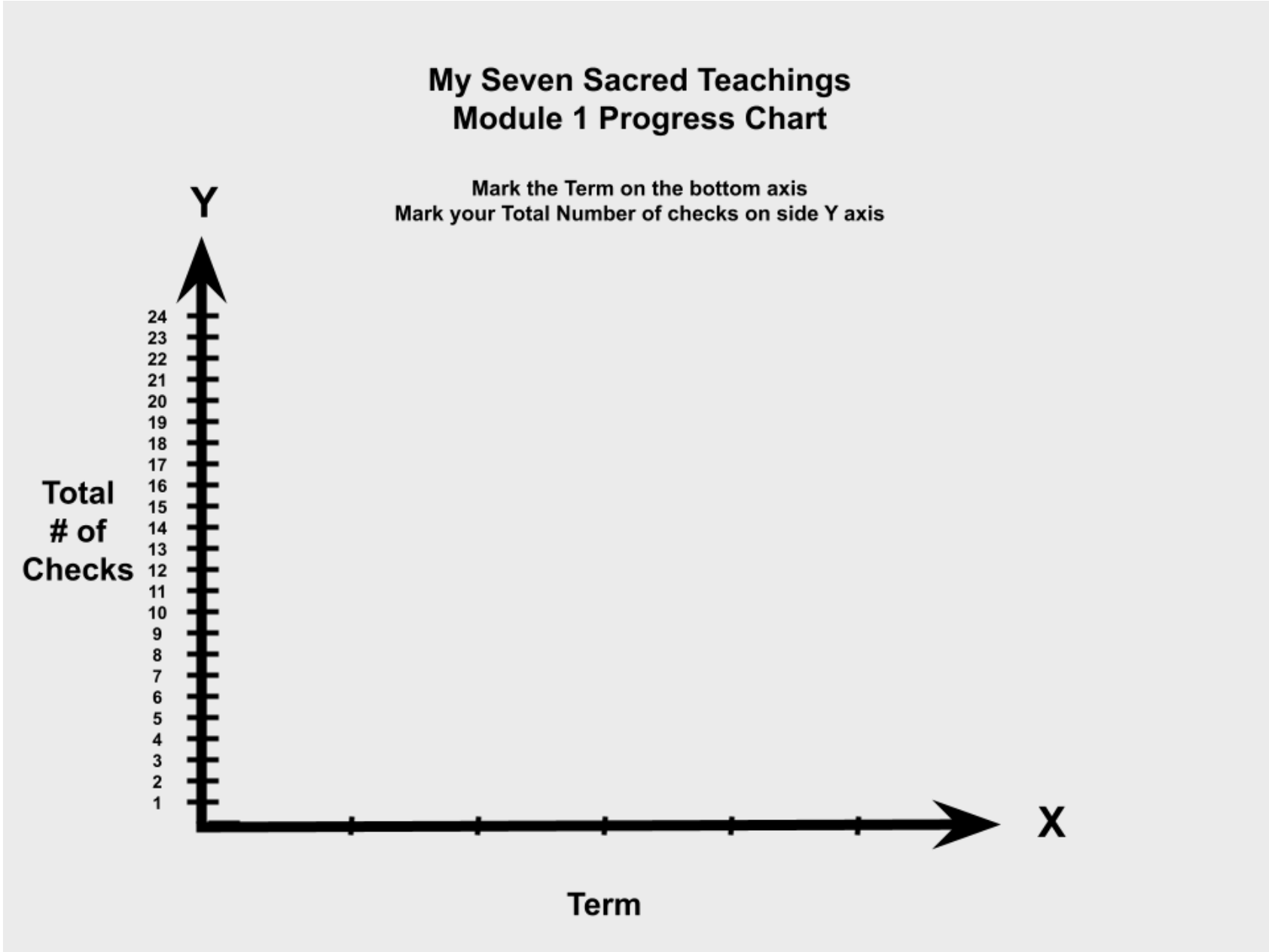
Is there anything I can do to improve my Love score?

 Humility Means	1	2	3	4	My Score
Being Grateful	I never do Gratitude activities on my own	I do one Gratitude activity every week on my own	I do a Gratitude activity three times a week on my own	I do a Gratitude activity every day on my own	

Is there anything I can do to improve my Humility score?

Every time you do this rating scale please mark the Term and total score on the progress chart.

Term: 1: My Total Score ____ Term 2: My Total Score ____ Term: 3: My Total Score ____ Term 4: My Total Score: ____



**Looking at my Scores on the Graph
How am I doing?**

Term 1 Reflection: Think and write about how you think you are doing with learning and practicing the Sacred Teachings

Term 2 Reflection: Think and write about how you think you are doing with learning and practicing the Sacred Teachings

Term 3 Reflection: Think and write about how you think you are doing with learning and practicing the Sacred Teachings

Term 4 Reflection: Think and write about how you think you are doing with learning and practicing the Sacred Teachings