THE *MASTER* *WAR MODE* DAY PLAN + REPORT

▶ *The Mastery Checklist Explained to achiev...*

✅/❌	D/10	I/10	/20	Master Checklist:	Task Time:
✅/❌	10	10	20	Work ✅	
✅/❌	10	10	20	CS362 Lab 6 ✅	
✅/❌	10	10	20	Film last loom video >> Research prospect target market. ✅	
✅/❌	10	10	20	Start CS480 HW5 ✅	
✅/❌	10	10	20	CS361 Lab 10 ✅	
✅/❌	10	10	20	write short look outline for PO3 ✅	
✅/❌	10	10	20	Choose FV for prospect and begin ✅	
✅/❌	10	10	20	Watch CS377 vids ✅	
✅/❌	10	10	20	Review Loom older videos ✅	
✅/❌	10	10	20	Email dad tax forms ✅	
✅/❌	10	10	20	Medidate ✅	
✅/❌	10	10	20	150 pushups ✅ (ended at 210)	
✅/❌	10	10	20	Review Abdullah's business idea/brand ✅	
✅/❌	8	10	20	Submit CS440 Meeting minutes ✅	
✅/❌	10	10	20	Work on Upwork Acc ✅	
✅/❌	10	10	20	MPUC #221 ✅	
✅/❌	10	10	20	Improve Business IQ ✅	
✅/❌	10	10	20	Improve Copywriting IQ ✅	
✅/❌	10	10	20	Listen to the $100 million offer ✅	

Start The Day With Tasks Valued 20 Then Move Down	Total Hours Planned In The Day: /24

📋	📅DAY NUMBER + DATE + TIME⌚
Day Number:	**21 / 84**
Date:	**(4/2/2023)**
Start Time:	**945 am**

🙌	🙏3 Things That I Am Grateful To Have In My Life🙏
1.	**My health.**
2.	**My family.**
3.	**Access to first world resources and the ability to grow myself everyday.**

🔮	🔮My Top 3 Priority Tasks That MUST Be Completed🔮
1.	
2.	
3.	

⏳ Hour-By-Hour Tracking: ⏳
[Plan+Measure=Improve]

💲 **Task:**	💲 **Task = Set The Task That I Intend To Complete This Hour?**
🔔 **Sub-Task:**	🔔 **Sub-Task = What Is My Plan Of Action To Complete This Task For This Hour?**
✏️**Reflection:**	✏️ **Reflection = Did I Complete This Task For This Hour? If Not, Then Why?**

🏹MY MORNING WAR PLAN🏹

🧠What Do I Plan To Accomplish This Morning?🧠

🎯What Is The Main Goal For This Morning?🎯

🔑How Will I Start My Morning With Power?🔑

DELETE BOXES THAT ARE BEFORE YOU WAKE UP!

9 am: Task 💲	Woke up Medidate
Sub-Task's 🔔	
Reflection ✏️	Woke up at 945 Medidated from 1000-1015 Work starts 1030

10 am: Task 💲	Medidate Work
Sub-Task's 🔔	
Reflection ✏️	

11 am: Task 💲	Work
Sub-Task's 🔔	
Reflection ✏️	

12 am: Task 💲	Work
Sub-Task's 🔔	
Reflection ✏️	

🎯END-OF-THE-MORNING REPORT🎯

🧠What Did I Learn This Morning?🧠

❌What Problems Did I Face This Morning?❌

🔑How Will I Solve These Problems For This Afternoon?🔑

🏹MY AFTERNOON WAR PLAN🏹

🧠What Do I Plan To Accomplish This Afternoon?🧠

🎯What Is The Main Goal For This Afternoon?🎯

🔑How Will I Start My Afternoon With Power?🔑

1 pm: Task 💲	Work
Intention 🔔	
Reflection 🖊	

2 pm: Task 💲	Work
Intention 🔔	
Reflection 🖊	

3 pm: Task 💲	Home MPUC #221 Improve Business & Copywriting IQ Pushups
Intention 🔔	Listen to financial Wizardry Study Step 3 in boot camp Knock out all push-ups while listening
Reflection 🖊	home from work at 305pm Watched vids 12-15 from financial wizardry Watched 1 video from the boot camp Did 80 pushups (80/150)

4 pm: Task 💲	CS440 Meeting Minutes Improve Copywriting IQ Watch CS377 vids
Intention 🔔	Break down copy Listen to book
Reflection ✏️	Finished the meeting minutes and submitted. Watched 45 min Andrew's latest copy review

5 pm: Task 💲	Listen to 100 million dollar offer Write outline for last loom video
Intention 🔔	
Reflection ✏️	

6 pm: Task 💲	
Intention 🔔	
Reflection ✏️	Fell asleep for one hour.

7 pm: Task 💲	IFTAR
Intention 🔔	
Reflection ✏️	

8 pm: Task 💲	Review 2 last videos+ Film last loom video (MODIFIED TO) Research prospects again and better identify their target market.
Intention 🔔	
Reflection ✏️	Started at 8:12 , did 40 pushups before in a row Reviewed at 820pm I reviewed my outline and realized more research is needed into my prospects so I followed one of their funnels and landed on major gold

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9 pm: Task 💲	Choose FV for prospect and revise outreach based on new research Start CS480 HW5
Intention 🔔	
Reflection ✏️	Started writing FV and revised outreach. Started CS480 late, did 40 pushups

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10 pm: Task 💲	CS362 lab 6 + Team Call
Intention 🔔	
Reflection ✏️	Finished 2/4 Q's from CS480 HW5, will continue later Started lab 6 10:40pm

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11 pm: Task 💲	Lab 10 CS361
Intention 🔔	
Reflection ✏️	Started lab 10 late at 11:17 pm, up to step 3 for CS362 Lab 6, did not call. Will meet up tm to complete.

12 pm: Task 💲	Listen to the $100 million offer Work on Upwork Acc Plan next day
Intention 🔔	
Reflection 🖊	Completed lab 10 CS361 and started listening to audiobook Planning next day. Then work on Upwork for 20 mins. Published portfolio as project on Upwork. Added github link as well. Did 50 push-ups

1 am: Task 💲	Review Abdullah's business idea/brand Prep for Sleep Sleep
Sub-Task's 🔔	
Reflection 🖊	

🌇End-Of-The-Day Report:🌇

🧠What Did I Learn Today?🧠

How to research into prospects deeper

❌What Problems Did I Face In The Day?❌

Mid day naps.

🔑How Will I Solve These Problems Tomorrow?🔑

Push through.

🆕What Do I Plan To Do Differently Tomorrow?🆕

Push thru

♻️What Do I Plan To Do The Same Tomorrow?♻️

Work Harder

📱 Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? 📧
Send to chat

📝What Tasks Were Left Undone?📝
None