

November

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Color Key Middle School Events Girl Only Events Boy Events				1	2
3	4 First Day of M.S. Practice M.S. Practice 2:45-4:15	5 M.S. Practice 2:45-4:15	6 M.S. Practice 2:45-4:15	7 M.S. Practice 2:45-4:15	8	9
10	11 M.S. Practice 2:45-4:15	12 M.S. Practice 2:45-4:15 M.S. Pictures	13 M.S. Practice 2:45-4:15	14 M.S. @FL 3:45	15	16
17	18 First Day of H.S. Practice M.S. Practice 2:45-4:15 G - Practice 2:45-4:20 H.S. Practice 4:15-6:00	19 M.S. @ Mahtomedi 3:45 G - Practice 2:45-4:20 H.S. Practice 4:00-6:00	20 M.S. Practice 2:45-4:15 G - Practice 2:45-4:20 H.S. Practice 4:15-6:00	21 M.S. @ Hastings 3:45 G - Practice 2:45-4:20 H.S. Practice 4:00-6:00	22 Weight Certs 2:45 All Practice 3:30-5:45	23
24	25 M.S. Practice 2:45-4:15 H.S. Lift 2:45 G - Practice 2:45-4:20 H.S. Practice 4:15-6:00	26 M.S. @ Stillwater 3:45 H.S. Boys / Girls Pictures All Practice in between Parent Meeting 6:15	27 Girls Practice 12:00-2:00 HS Practice 3:30-5:45	28 Thanksgiving No Practice	29 No Practice	30 Girls Practice 12:00-2:00 All Practice 3:00 - 5:00

December

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 M.S. Practice 2:45-4:15 H.S. Lift 2:45 G - Practice 2:45-4:20 H.S. Practice 4:15-6:00	3 H.S. Morning Workout 6-7am M.S. @ Hudson 3:45 All Practice 3:30-6:00	4 M.S. Practice 2:45-4:15 G - Practice 2:45-4:20 H.S. Practice 4:15-6:00	5 M.S. Practice 2:45-4:15 H.S. @ FL – East Ridge and Stillwater	6 All Practice 3:30-5:45	7 H.S. @ STMA Girls @ Buffalo Lake
8	9 M.S. Practice 2:45-4:15 H.S. Lift 2:45 G - Practice 2:45-4:20 H.S. Practice 4:15-6:00	10 M.S. @ Centennial 3:45 All Practice 3:30-6:00	11 M.S. Practice 2:45-4:15 G - Practice 2:45-4:20 H.S. Practice 4:15-6:00	12 M.S. Practice 2:45-4:15 H.S. @ Woodbury	13 M.S. Practice 2:45-3:45 All Practice 3:45-5:45	14 H. S. @ Delano Girls @ Hopkins M.S. @ Park TBD
15	16 M.S. Practice 2:45-4:15 H.S. Lift 2:45 G - Practice 2:45-4:20 H.S. Practice 4:15-6:00	17 H.S. Morning Workout 6-7am M.S. @ Forest Lake 3:45 All Practice 3:30-6:00	18 M.S. Practice 2:45-4:15 G - Practice 2:45-4:20 H.S. Practice 4:15-6:00	19 M.S. Practice 2:45-4:15 G - Practice 2:45-4:20 H.S. Practice 4:15-6:00	20 Varsity @ Mayo Civic Center JV Practice 2:45-4:30 Girls @ Monticello	21 Varsity @ Mayo Civic Center JV @ Anoka
22	23 All Practice 3:30-5:30	24 Christmas Eve No Practice	25 Christmas No Practice	26 Girl's Practice 11:00	27 Girls @ Champlin Park H.S. Practice 3:30-5:30	28
29	30 All Practice 10:00-11:00 Team Get Together afterwards for some fun	31 All Practice 10:00-11:30				

January

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			¹ All Practice 10:00-11:30	² M.S. Practice 2:45-4:15 G - Practice 2:45-4:20 H.S. Practice 4:15-6:00	³ All Practice 3:30-5:45	⁴ @ Foley Girls @ St. James
⁵	⁶ M.S. Practice 2:45-4:15 H.S. Lift 2:45 All Practice 4:15-6:00	⁷ H.S. Morning Workout 6-7am M.S. @ Stillwater 3:45 All Practice 3:15-5:30	⁸ M.S. Practice 2:45-4:15 All Practice 4:15-6:00	⁹ @ Waconia – Orono, Waconia, and St. Francis M.S. @ White Bear 4:30	¹⁰ M.S. Practice 2:45-3:45 All Practice 3:45-5:45	¹¹ FL Youth Tournament M.S. @ Hastings Livingston tournament 9:00
¹²	¹³ H.S. Lift 2:45 H.S. Practice 3:30-5:30	¹⁴ Girls @ Mora H.S. Practice 3:30-5:30	¹⁵ H.S. Practice 3:30-5:30	¹⁶ @WBL – WBL and Mounds View	¹⁷ @ Cambridge – Brainerd, St. Cloud Tech, Andover, Prior Lake	¹⁸ @East Ridge Ruckus
¹⁹	²⁰ H.S. Practice 3:30-5:30	²¹ H.S. Morning Workout 6-7am H.S. Practice 3:15-5:30	²² H.S. Practice 3:15-5:30	²³ @ FL - CDH	²⁴ H.S. Practice 3:15-5:30	²⁵ @ Rochester Century Girls @ STMA
²⁶	²⁷ H.S. Lift 2:45 H.S. Practice 3:15-5:30	²⁸ H.S. Practice 3:15-5:30	²⁹ @SLP – Irondale & Roseville	³⁰ H.S. Practice 3:15-5:30	³¹ @ Anoka – Anoka & St. Francis	

February

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 @ Blaine H.S. Girls @ Eau Claire, WI
2	3 H.S. Lift 2:45 H.S. Practice 3:30-5:30	4 H.S. Morning Workout 6-7am H.S. Practice 3:30-5:30	5 H.S. Practice 3:30-5:30	6 @FL - Park	7 H.S. Practice 3:30-5:30 Girls Section Tournament	8 JV Conference Girls Section Tournament
9	10 H.S. Practice 3:30-5:30	11 H.S. Practice 3:30-5:30	12 H.S. Practice 3:30-5:30	13 H.S. Practice 3:30-5:30	14 Team Sections	15
16	17 H.S. Practice 3:30-5:30	18 H.S. Practice 3:30-5:30	19 H.S. Practice 3:30-5:30	20 H.S. Practice 3:30-5:30	21 H.S. Practice 3:30-5:30	22 Individual Sections
23	24 H.S. Practice 3:30-5:30	25 H.S. Practice 3:30-5:30	26 H.S. Practice 3:30-5:30	27 State	28 State	March 1 State

Banquet is March 30, 2025