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Abstract Text (Times New Roman, 10 pt, Tab 0.8 cm)

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Keywords: Keyword, Keyword, Keyword (Times New Roman, 10 pt; 7-10 keywords/phrases)

About Styles

The following writing and referencing rules are to be taken into consideration. The articles need to be not published elsewhere previously. If the article has been presented at any seminar or conference, the name of the conference, the institution where it has been presented and the date of the presentation needs to be mentioned. The Journal is written in English. Thus, the articles need to be written in this language.

The title of the article must be written in capital letters, using font size 10 and bold. One line space must be left after the title. The name and surname of the author(s), their title, and the institution they work for and its web site must be written.

The number of the pages of the article must not exceed 17, including abstract and reference list. The whole work must be written in Times New Roman, font size 10, with 1.3 line spacing. Subheading must be in bold, and the first letter of each word must be capital letters.

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Declaration of generative AI in scientific writing (Times New Roman, 10 pt, Tab 0.8 cm)

- Generative AI tools may be used only to improve the readability and language of a manuscript.
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Firstname lastname 1: Conceptualization, Methodology, Software. **Firstname lastname 2**: Data curation, Writing- Original draft preparation. **Firstname lastname 3**: Visualization, Investigation. **Firstname lastname 4**: Supervision. **Firstname lastname 5**: Software, Validation. **Firstname lastname 6**: Writing- Reviewing and Editing.

Note: See the CRediT taxonomy for role definitions**.** Authorship is reserved for substantial contributors only**.**

Term	Definition
Conceptualization	Ideas; formulation or evolution of overarching research goals and aims
Methodology	Development or design of methodology; creation of models
Software	Programming, software development; designing computer programs; implementation of the computer code and supporting algorithms; testing of existing code components
Validation	Verification, whether as a part of the activity or separate, of the overall replication/ reproducibility of results/experiments and other research outputs
Formal analysis	Application of statistical, mathematical, computational, or other formal techniques to analyze or synthesize study data
Investigation	Conducting a research and investigation process, specifically performing the experiments, or data/evidence collection
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Visualization	Preparation, creation and/or presentation of the published work, specifically visualization/ data presentation
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Project administration	Management and coordination responsibility for the research activity planning and execution
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References (Times New Roman, 10 pt, Tab 0.8 cm)

References should follow the standards summarized in the APA 6th edition with **"ASI style"**

How to create a Reference List

Single author:

Amer, A. (2006). Reflections on Bloom's revised taxonumy. *Electronic Journal of Research in Educational Psychology, 4*(8), 213-230.

Bloom, B. S. (1956). *Taxonomy of educational objectives, the classification of educational goals, handbook I: Cognitive Domain*. New York, NY: David McKay Company.

Callan, R. J. (1998). Circadian rhythm and the business person. *International Journal of Value Based Management, 11*, 9-17.

Smith, P. L. (1999). *Motivation for exercise*. In Proceedings of the Conference on Health and Fitness (pp. 258-298). Christchurch, New Zealand: University of Canterbury.

2 authors:

Biggs, J. B., & Collis, K. (1982). *Evaluating the quality of learning: the SOLO taxonomy*. New York: Academic Pres.

Eggen, P., & Kauchak, D. (2001). *Educational psychology: Windows on classrooms*. New Jersey: Merrill.

Minogue, J., & Jones, G. (2009). Measuring the impact of haptic feedback using the SOLO taxonomy. *International Journal of Science Education, 31*(10), 1359-1378.

O'Neill, G., & Murphy, F. (2010). Guide to taxonomies of learning. *UCD Teaching and Learning/Resources*. Retrieved from http://www.ucd.ie/t4cms/ucdtla0034.pdf

3 or more authors:

Ivanitskaya, L., Clark, D., Montgomery, G., & Primeau, R. (2002). Interdisciplinary learning: Process and outcomes. *Innovative Higher Education, 27*(2), 95-111.

McKenzie, H., Boughton, M., Hayes, L., & Forsyth, S. (2008). *Explaining the complexities and value of nursing practice and knowledge*. In Morley, I., & Crouch, M. (Eds.). Knowledge as value: Illumination through critical prisms (pp. 209-224). Amsterdam, Netherlands: Rodopi.

The style of citation is as follows:

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Cheung, J. M. Y., Bartlett, D. J., Armour, C. L., Laba, T. L., & Saini, B. (2018). To drug or not to drug: A qualitative study of patients' decision-making processes for managing insomnia. *Behavioral Sleep Medicine, 16*(1), 1-26.

Book:

De Vaus, D. A. (2014). *Surveys in social research* (1st ed.). Sydney, Australia: Allen & Unwin.

Book chapter:

McKenzie, H., Boughton, M., Hayes, L., & Forsyth, S. (2008). *Explaining the complexities and value of nursing practice and knowledge* (pp. 209-224). In Morley, I., & Crouch, M. (Eds.). Knowledge as value: Illumination through critical prisms. Amsterdam, Netherlands: Rodopi.

Proceedings:

Smith, P. L. (1999). *Motivation for exercise* (pp. 258-298). In Proceedings of the Conference on Health and Fitness. Christchurch, New Zealand: University of Canterbury.

Internet website:

HealthTimes. (2015). *The future of aged care nursing in Australia*. Retrieved from https://healthtimes.com.au/hub/aged-care/2/news/nc1/the-future-of-aged-care-nursing-in-australia/495

Thesis:

Schneider, A. T. (1997). *A study of an innovative approach to teacher education in Pakistan* (Doctoral dissertations). Australia: University of Melbourne.

Pingley, T. (2017). *The impact of witnessing domestic violence on children: A systematic review* (Master's thesis). USA: St. Catherine University.

Secondary Sources:

Cited in text: Arnett (2000, as cited in Claiborne & Drewery, 2010).

References: Claiborne, L., & Drewery, W. (2010). Human development: Family, place, culture. North Ryde: NSW, McGraw-Hill.

Table 1 The number of students attending culture courses.

	Total no of students	Those enrolled	Attendance percentage
Primary school	4.958	543	10.9 %
Secondary school	7.668	2.501	32.6 %

The items on the reference list must be arranged according to APA 6th edition Referencing. (Publication Manual of the American Psychological Association).

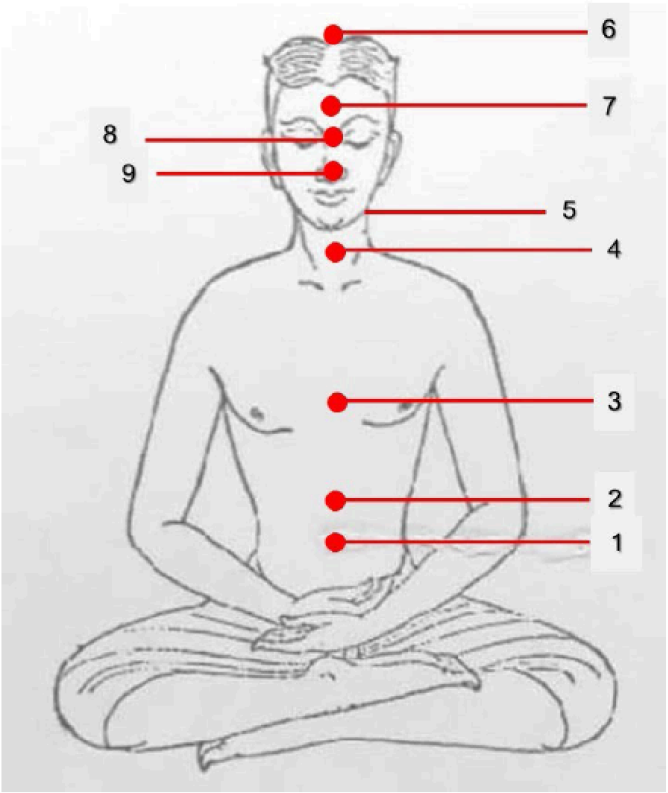


Figure 1 The nine points of Navaharaguna to flow the Prāna for balancing the four elements.
Source: ……

In-Text citations

Use the name of the author(s) followed by the year of publication when citing references within the text and page number. For example:

1 author (Callan, 1998)

2 authors (Eggen & Kauchak, 2001)

3 or more than 2 authors (Ivanitskaya et al., 2002)