

Kink & Cuddles: Ep 5 - Cheating and Ethical Non-Monogamy - References and Show Notes

~ if we have gotten something wrong please do email us to make us aware so we can then edit/add in a correction. We are still learning and the feedback is really necessary for us to learn and grow ~

Shownotes

- Intro (*Harrison*)
- Monogamy/Monogamish/Open/Poly definitions and discussion (*Harrison*)
- Negotiation in Relationships (*Becca*)
- Communication (*Ally*)
- Cheating - What is it (*Becca*)
- End (*Ally*)

Resources

Buzzfeed "Is this Cheating?" quiz:

<https://www.buzzfeed.com/kellymartinez/do-you-consider-this-cheating>

Esther Perel TedTalk:

<https://www.youtube.com/watch?v=P2AUat93a8Q>

Monogamous vs Open Relationships with Shan Boody } Hannah

Witton:

<https://www.youtube.com/watch?v=WUfFD68pHKQ>

Love Languages test:

<https://www.5lovelanguages.com/>

The Ethical Slut Book:

https://www.goodreads.com/book/show/54944.The_Ethical_Slut

Contact details:

TikTok:

Harrison: @Captain_Black_1380

Ally:

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More Than Two Book:

https://www.goodreads.com/book/show/21955937-more-than-two?from_search=true&from_srp=true&qid=J2C7mTOsy1&rank=2

More Than Two Website:

<https://www.morethantwo.com/>

References

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- Witton, Hannah. "Monogamous vs Open Relationships with Shan Boody | Hannah Witton." *YouTube*, 8 Aug. 2017, www.youtube.com/watch?v=WUfFD68pHKQ. Accessed 18 Feb. 2021.
- Easton, D. and Hardy, J.W. (2017). *The ethical slut : a practical guide to polyamory, open relationships and other adventures*. California: Ten Speed Press.
- More Than Two. (2014). *Polyamory Resources and Guidelines - More Than Two*. [online] Available at: <https://www.morethantwo.com/>.
- Veaux, F., Rickert, E., Hardy, J.W. and Gill, T. (2014). *More than two : a practical guide to ethical polyamory*. Portland, Or.: Thorntree Press.

