

Event Schedule

Field Events:

- 9:00 AM Hammer Throw- North Campus (Women followed by Men)
9:00 AM Javelin (Men followed by Women)
- 9:00 AM Men's & Women's Long Jump
- 9:00 AM Women's Pole Vault (followed by Men's Pole Vault)
- 12:00 PM High Jump (Women followed by Men)
- 12:00 PM Discus (Men followed by Women)
- 12:00 PM Shot Put (Women followed by Men)
- 12:00 PM Men's and Women's Triple Jump (will monitor long jump completion)

Running Events *(all running events will be women first, followed by men, on a rolling schedule.)*

- 9:00 AM 5,000 meters
- 12:00 PM 4 x 100 relay
- 1500 meters
- 100hh/110hh
- 400 meters
- 100 meters
- 800 meters
- 400 hurdles
- 200 meters
- 4 x 400 meters