| GRADES 1 to 12 DAILY LESSON LOG | School: | | Grade Level: | III |
|---|---|---|---|---|
| | Teacher: | Credit to the author of this file | Learning Area: | MAPEH |
| | Teaching Dates and Time: | DECEMBER 12-16, 2022 (WEEK 6) | Quarter: | 2ND QUARTER |

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|---|
| **I.OBJECTIVES** | | | | | |
| **A.Content Standards** | Location ,Directions and Pathways | | Concept of Health and Wellness | | |
| **B.Performance Standards** | Performs movements accurately involving locations ,levels,pathways and planes. | Demonstrate understanding of the nature of and the prevention of diseases. | | | |
| **C.Learning Competencies/Objectives** | Engage in fun and enjoyable physical activities<br>- Moves in different directions in response to sound and music. | Identify the risk factors of diseases. | Explain measure to prevent common diseases proper hygiene. | | |
| **Write the LC Code for each** | PE3PF – Iia –h - 2 | H3DD –IIbcd -2 -3-4 | H3DD- IIefg -6 | | |
| **II.CONTENT** | Perform the Dance Tiklos | Factors on the Go | Preventive Measure for Common Childhood Disease –proper hygiene. | Summative Test | |
| **III.LEARNING RESOURCES** | | | | | |
| **A.References** | | | | | |
| **1.Teacher's Guides/Pages** | 267 | 397 | 399 | | |
| **2.Learner's Materials Pages** | | | | | |
| **3.Textbook Pages** | | | | | |
| **4.Additional Materials from Learning Resources (LR) portal** | | | | | |
| **B.Other Learning Resources** | | | | | |
| **IV.PROCEDURES** | | | | | |
| **A.Reviewing previous lesson or presenting the new lesson** | 1. Checking of attendance<br>2. Warm –Up Activities | What are common childhood diseases? | Sing a song " Cleanup Your Body" in the tune of " Clap your Hands. | | |
| **B.Establishing a purpose for the lesson** | Pupils get a partner.<br>Stand side by side with a partner. | Turn " Picture Says " on LM.<br>Describe the picture. | What is the song all about?<br>How do we keep our teeth and face clean? | | |
| **C.Presenting examples/instances of the new lesson** | Teacher will lead pupils in dancing Tiklos. | Let them identify the picture shows a healthy habit or a habit that could make people sick. | Game : Bring Me ( comb, hair clip, headband,toothbrush) | | |
| **D.Discussing new concepts and practicing new skills #1** | Did you enjoy dancing the Tiklos?<br>What are the steps in dancing Tiklos? | What are the contributing risk factors have a big impact on our | How do we use these things? | | |

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| | | health, which could either make us healthy or sick and weak? | | | |
| **E.Discussing new concepts and practicing new skills #2** | | | | | |
| **F.Developing mastery (Leads to formative assessment)** | | | Answer Activity 1 : Cleaning is Fun in LM. | | |
| **G.Finding practical/applications of concepts and skills in daily living** | Group the pupils into four.<br>1- Station 1 –Figure 1<br>2- Station 2 –Figure 2<br>3- Station 3 –Figure 3<br>4- Station 4 –Figure 4 | Answer Activity .Friends or Foe on LM. | Do Activity 2: Check for Health on LM. Let htem identify the statement is hygienic or not. | | |
| **H. Making generalizations and abstractions about the lesson** | What is Tiklos? How it is dance? | What makes us sick? | Why is it important to practice proper hygiene?<br>What are the effects of being unhygienic? | | |
| **I.Evaluating Learning** | Performing the Dance Tiklos –with rates of :<br>5 stars –excellent<br>4 stars – very good<br>3 stars – good<br>2 stars- fair<br>1 star -poor | Let the pupils answer Let's Check on LM. make them identify in their community the different conditions that make them healthy or sick. | Answer Let's Check on LM.Let them evaluate their health behaviors. | | |
| **J.Additional activities for application or remediation** | Practice to become familiar with the different Tiklos steps at home. | Cut pictures of a sick person. Tell how they occur that diseases. | Do Let' s Do this at home. Colage for Hygiene on LM. | | |
| **V.REMARKS** | | | | | |
| **VI.REFLECTION** | | | | | |
| **A.No. of learners who earned 80% of the formative assessment** | | | | | |
| **B.No. of learners who require additional activities to remediation** | | | | | |
| **C.Did the remedial lessons work?No. of learners who have caught up with the lesson** | | | | | |
| **D.No. of ledarners who continue to require remediation** | | | | | |
| **E.Which of my taching strategies worked well?Ehy did these work?** | | | | | |
| **F.What difficulties did I encounter which my principal or supervisor can help me solve?** | | | | | |
| **G.What innovation or localized material did I use/discover which I wish to sharewith other teachers?** | | | | | |