



GRADES 1 to 12
DAILY LESSON LOG

School:			Grade Level:	III
Teacher:	Credit to the author of this file		Learning Area:	MAPEH
Teaching Dates and Time:	DECEMBER 12-16, 2022 (WEEK 6)		Quarter:	2 ND QUARTER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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I.OBJECTIVES					
A.Content Standards	Location ,Directions and Pathways Concept of Health and Wellness				
B.Performance Standards	Performs movements accurately involving locations ,levels,pathways and planes.	Demonstrate understanding of the nature of and the prevention of diseases.			
C.Learning Competencies/Objectives	Engage in fun and enjoyable physical activities - Moves in different directions in response to sound and music.	Identify the risk factors of diseases.	Explain measure to prevent common diseases proper hygiene.		
Write the LC Code for each	PE3PF – lia –h - 2	H3DD –Iibcd -2 -3-4	H3DD- Ilefg -6		
II.CONTENT	Perform the Dance Tiklos	Factors on the Go	Preventive Measure for Common Childhood Disease –proper hygiene.	Summative Test	
III.LEARNING RESOURCES					
A.References					
1.Teacher's Guides/Pages	267	397	399		
2.Learner's Materials Pages					
3.Textbook Pages					
4.Additional Materials from Learning Resources (LR) portal					
B.Other Learning Resources					
IV.PROCEDURES					
A.Reviewing previous lesson or presenting the new lesson	1. Checking of attendance 2. Warm –Up Activities	What are common childhood diseases?	Sing a song “ Cleanup Your Body” in the tune of “ Clap your Hands.		
B.Establishing a purpose for the lesson	Pupils get a partner. Stand side by side with a partner.	Turn “ Picture Says “ on LM. Describe the picture.	What is the song all about? How do we keep our teeth and face clean?		
C.Presenting examples/instances of the new lesson	Teacher will lead pupils in dancing Tiklos.	Let them identify the picture shows a healthy habit or a habit that could make people sick.	Game : Bring Me (comb, hair clip, headband,toothbrush)		
D.Discussing new concepts and practicing new skills #1	Did you enjoy dancing the Tiklos? What are the steps in dancing Tiklos?	What are the contributing risk factors have a big impact on our	How do we use these things?		

		health, which could either make us healthy or sick and weak?			
E.Discussing new concepts and practicing new skills #2					
F.Developing mastery (Leads to formative assessment)			Answer Activity 1 : Cleaning is Fun in LM.		
G.Finding practical/applications of concepts and skills in daily living	Group the pupils into four. 1- Station 1 –Figure 1 2- Station 2 –Figure 2 3- Station 3 –Figure 3 4- Station 4 –Figure 4	Answer Activity .Friends or Foe on LM.	Do Activity 2: Check for Health on LM. Let item identify the statement is hygienic or not.		
H. Making generalizations and abstractions about the lesson	What is Tiklos? How it is dance?	What makes us sick?	Why is it important to practice proper hygiene? What are the effects of being unhygienic?		
I.Evaluating Learning	Performing the Dance Tiklos –with rates of : 5 stars –excellent 4 stars – very good 3 stars – good 2 stars- fair 1 star -poor	Let the pupils answer Let's Check on LM. make them identify in their community the different conditions that make them healthy or sick.	Answer Let's Check on LM.Let them evaluate their health behaviors.		
J.Additional activities for application or remediation	Practice to become familiar with the different Tiklos steps at home.	Cut pictures of a sick person. Tell how they occur that diseases.	Do Let's Do this at home. Colage for Hygiene on LM.		
V.REMARKS					
VI.REFLECTION					
A.No. of learners who earned 80% of the formative assessment					
B.No. of learners who require additional activities to remediation					
C.Did the remedial lessons work?No. of learners who have caught up with the lesson					
D.No. of learners who continue to require remediation					
E.Which of my teaching strategies worked well?Why did these work?					
F.What difficulties did I encounter which my principal or supervisor can help me solve?					
G.What innovation or localized material did I use/discover which I wish to share with other teachers?					

